



SHANARRI

Wellbeing

Indicators



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Safe

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Healthy

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Achieving

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Nurtured

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Active

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Respected

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Responsible

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Included



Healthy

1. What does being healthy mean to you?
2. List 3 foods that you like to eat that are healthy.
3. Name 3 types of exercise that you enjoy.
4. List 5 things that you do that are healthy.

I would like you to do this in the form of a poster.
Make sure it is bright, clear and colourful.