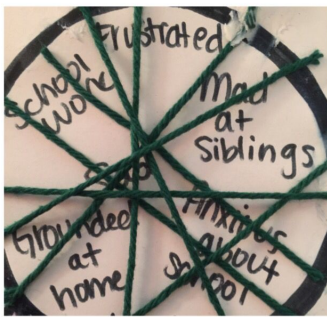
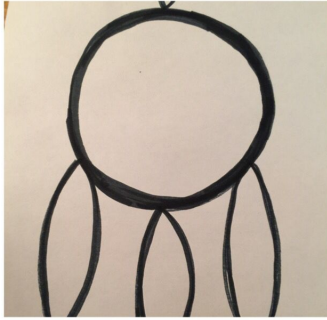


# Children's Mental Health Week



Name: Ashley  
5/10/16

1. What are your bad dreams about? Write about them in the big circle.
2. Trace dark lines along the inside of the dreamcatcher to trap the bad dreams.
3. Let good dreams be free to happen. Write your wanted good dreams outside of the dreamcatcher.
4. Decorate your dream catcher however you please.