**APPENDIX 1**

**KEY QUESTIONS**

*In addition to the 5 Key GIRFEC questions you may want to use the questions below to assist assessment and support goal setting with the young person***:**

 **5 Key GIRFEC Questions:**

1. What is getting in the way of this child or young person’s wellbeing?
2. Do I have all the information I need to help this child or young person?
3. What can I do now to help this child or young person?
4. What can my agency do to help this child or young person?
5. What additional help, if any, may be needed from others?

**Questions/issues to assist assessment and support:**

* Nature and duration of **all** the issues and symptoms?
* How is the young person’s functioning impacted by the difficulties?
* What is the expected outcome ***for the young person*?**
* What strategies/supports have already been tried? How often, for how long?
* Agreement -– young person/carer /parent
* Social background
* Peer relations
* Bullying
* Behaviour –in home and at school
* Any learning issues?
* Any attendance issues?
* Is there anything worrying the young person?
* Eating habits
* Sleep routine
* Self Harm
* Suicidal Thoughts
* Concentration
* Mood
* Physical symptoms

PLEASE PROVIDE A SUMMARY OF THE ABOVE ALONG WITH THE EXPECTED OUTCOME IF REQUEST FOR ASSISTANCE TO SPECIALIST SERVICES IS REQUIRED