



## Ayrshire Cancer Support Children and Young People Service A Guide for Professionals

Professionals working with a child or young person aged of 5 – 25 can introduce them to the service. Please discuss this with them to confirm they wish to engage with the service before you complete the form.

The Named Person/Lead Professional or another professional supporting the child or young person can introduce them by completing this form [Introduction form for professionals](#).

A child/young person aged 12 - 25, with capacity, or a parent/guardian can also request support directly. Information about this is available here: [Guide for young people 12 - 25 years](#) / [Guide for families](#)

An appointment will be arranged for the child or young person to see a Therapeutic Support Practitioner within 2 weeks of the request for support; if we are unable to do that, we will make the person making the introduction aware of this and tell them and the family when we hope to be able to offer the child an appointment.

- The parent/guardian of a child under 12 will be invited to come along with them.
- The first appointment will last around 1 – 1.5 hours.
- A practitioner will talk to them about what is happening in their life to identify their needs and goals and record this as part of an assessment.
- They will tell them about the support available and together they will agree on a plan.
- A plan of support can look different for different people, and can change, depending on what is happening in their life at the time.
- If the child is under 12, we will ask their parent/guardian to read and sign a therapeutic support agreement and consent form [Under 12 parental consent form](#).
- We will arrange a date and time for the next appointment.
- We will let the person who made the introduction know the plan, and agree with the child/young person, and their parent/guardian if appropriate, on if/when we update that person.
- We will review the support plan with them after 6 weeks and decide what to do next.
- The Therapeutic Support/Wellbeing Practitioner will continue to review how helpful the support is, and when the time is right, they will decide together, when they are ready to move on.
- We may signpost or refer them to other services or resources that they agree would provide other support or opportunities to meet their needs.

**We can also be contacted at the Kilmarnock centre on 01563 538008**