



## Ayrshire Cancer Support Children and Young People Service A Guide for Families

A child or young person aged between 5 – 25 years can be introduced to the service, with their consent, by a parent/guardian, school, G.P, Clinical Nurse Specialist (CNS), Social Worker or by another support service.

A parent or guardian can introduce their child by completing this form via this link or by scanning the QR code.

[Introduction form for families](#)



Young people aged 12 - 25, with capacity, can complete an introduction form themselves, if they wish.

[Introduction form and consent for young people 12 - 25 years](#)

An appointment will be arranged for the child to see a Therapeutic Support Practitioner within 2 weeks of the request for support; if we are unable to do that, we will let the person making the introduction know and tell them when we hope to offer the child an appointment.

- The parent/guardian of a child under 12 will be invited to come along with them.
- Young people aged 12 - 25 can choose if they wish to have a parent/guardian with them.
- The first appointment will last around 1 – 1.5 hours.
- A practitioner will talk to them about what is happening in their life.
- They will identify their needs and goals and record this as part of an assessment.
- They will tell them about the support available and together they will agree on a plan.
- A plan of support can look different for different people, and can change, depending on what is happening in their life at the time.
- We will arrange a date and time for the next appointment.
- We will let the person who introduced the child to Ayrshire Cancer Support know the plan and agree on if/when we update that person.
- At 6 weeks, we review the support plan with and decide together what we should do next.
- The practitioner will continue to review how helpful the support is for the child/young person, and when the time is right, they will decide together when they are ready to move on.
- We may signpost or refer them to other services or resources that they agree would provide other support or opportunities to meet their needs.

The parent/guardian of a child under 12 will be asked to read and sign a therapeutic support agreement and this consent form [Under 12 parental consent form](#)

**We can also be contact at the Kilmarnock centre on 01563 538008**