



**AYRSHIRE  
CANCER  
SUPPORT**  
Children & Young People



## Ayrshire Cancer Support Children and Young People Service A Guide for Children Under 12



Your parent or guardian, school, doctor, Social Worker or someone else who supports you can ask us to help you.

This information tells them how to do that:

[Guide for families](#)

[Guide for professionals](#)

- ★ We will arrange an appointment for you to see someone who can help.
- ★ We will ask your parent or guardian to come along with you too.
- ★ The first time we see you will take around 1 hour.
- ★ We will talk about what is happening in your life to work out how we can help you.
- ★ Together we will come up with a plan.
- ★ Your plan can sometimes change, if we think something else might help more.
- ★ We will arrange what day and time to see you again.
- ★ We will let important people in your life know your plan.
- ★ After 6 weeks we will talk about how your plan has helped you and what to do next.
- ★ We will decide together when the time is right for you to stop seeing us.
- ★ Sometimes we will tell you about other people who might be able to help you.
- ★ We might tell other people who could help you about you and how they could help.

We can also be contacted at the Kilmarnock centre on 01563 538008