



EAC Education

Practitioner Wellbeing: Where to Access Support

NATIONAL

Professional Learning and Wellbeing Support:

- [CERG Strengthening Support for Staff](#)
- [CERG Professional Learning Wellbeing](#)
- [Place 2 Be: Place 2 Think sessions; Webinars](#)
- [Barnardos Scotland: Spaces for Wellbeing Workshops - Wakelet](#)
- [Coaching & Mentoring Matters](#)

Support and Advice from Unions

[NHS Ayrshire and Arran Better Health](#)

EAC

- [Healthy Working Lives](#)
- [Occupational Health](#)
- [Employee Counselling Service](#)
- [Organisational-Development](#)
- [OD: Learning Academy](#)
- [OD: Learnpro](#)
- [EAC Wellbeing Website](#)
- [EAC Wellbeing YouTube](#)

EAC EDUCATION

- [Wellbeing Champions Peer Support for Practitioners](#)
- [Staff HWB CLPL overview](#)
- [Schools' Counselling Service Staff Wellbeing](#)
- Mental Health for Managers in the Workplace: *See OD*
- DDP Supervision for Leaders :
psychologicalservices2 @east-ayrshire.gov.uk
- Wider Leadership Development and Support: *Scottish Attainment Challenge Team*