

Suicide Bereavement Support Service

Information
leaflet for agencies
wishing to refer
someone who has
been impacted
by the loss of
someone to
suicide



support
in mind
scotland
action for people affected by mental illness



Charity Number: SC013649

penumbra

Charity Number: SC010387

Thanks to funding from the Scottish Government, national mental health charities Penumbra and Support in Mind Scotland are working in partnership to deliver a Suicide Bereavement Support Service in Ayrshire and Arran, and the Highlands.

Who is the service for?

The service is for anyone impacted by the loss of someone to suicide. This includes families and friends as well as children and young people.

People bereaved since **August 2020** can access the service.

What support will be provided?

Specially trained staff will provide compassionate and personalised support based on the individual or family's needs. This may be with practical things such as support to make funeral arrangements, or talking to other agencies such as funeral directors, faith-based leaders, or Police Scotland.

Staff will also be there to simply listen and be a source of support as families come to terms with their loss.

Initial contact will be made within 24-hour of the referral being received, including at weekends. Ongoing support will be available for up to 2 years, and will be provided by a named Practitioner.

How can I refer someone?

Referrals can be made:

- For individuals living within the NHS Ayrshire and Arran area, whether the death occurred in the area or not.
- For individuals not living within the NHS Ayrshire and Arran area, but where the death occurred within the area.

Please complete the referral form and email to:

suicidebereavementsupport@nhs.scot

A member of staff from the local suicide bereavement support team will contact the individual/family within 24-hours of receiving your referral.

Please do not hesitate to get in touch if you require any further information about this service.