

The logo for Mary's Meals, featuring the text "mary's meals" in a white, lowercase, sans-serif font on a dark blue rectangular background.

mary's
meals

a simple solution
to world hunger

A large blue circle containing the text "Sponsor A School" in white, bold, sans-serif font.

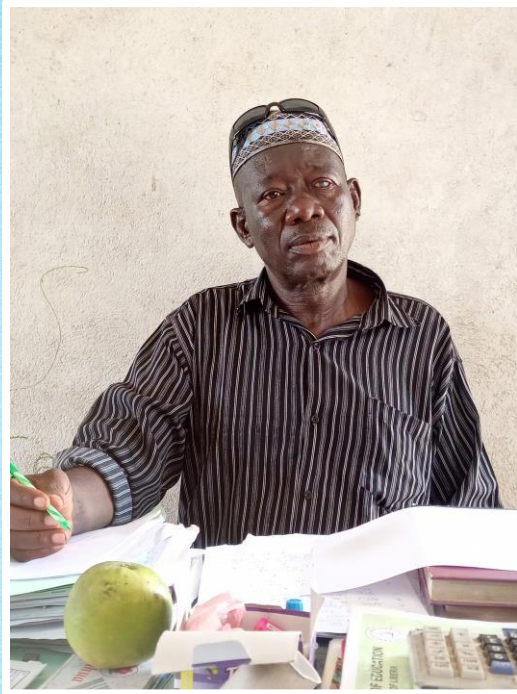
**Sponsor
A School**

Jebbeh Kiazolu Public School

Cape Mount

184 Pupils – 100 Boys and 84 Girls

Sponsored by Barony Campus



“The Mary’s Meals food makes the students happy to come to school, encourages them to stay in school, and motivates parents to send their children to school. Parents, teachers, community leaders and residents meet frequently to discuss the feeding programme, so it also brings the wider community together. When the children eat, their listening potential can go for a longer time.

My hope is that these students will take their lessons very seriously and learn well to be productive citizens. Thanks to the Donors, for the fundraising to help feed the children of Liberia”.

Robert, School Principal



“I have been cooking for these students for quite a long time now. All my fellow cooks are diligent mothers who are very supportive and hardworking. Before the children eat, they can be eager to eat, after they have eaten, they are happy to learn. The best part of my role is when I am cooking for these children knowing that they will have something to eat for the day. I hope that our children will grow up to be great men and women that will benefit the society”.

Ma Pai, Volunteer Cook



"I feel weak, when I've not eaten, but I am happy when I eat. The food gives me energy and makes me smart. The best thing about coming to school is to learn and my favourite subject is English; it teaches me to speak well. During the next 5 – 10 years I hope to complete both high school and university studies so I can be a medical doctor and treat sick people. In this life journey, I wish to be a Humanitarian, a good family man and one day have a house of my own".

Dixon, age 13, 6th Grade



"When I have not eaten, I feel my stomach pinch and my body shivers. Once I have eaten, I feel very comfortable and relieved and able to be more active. I enjoy Science and learning about the human body. In the future I hope to complete my college education because I know education is the key to success. I would like to be a nurse and care for the sick".

Gbassay, age 18, 9th Grade

Sponsor
A School



Jebbeh Kiazolu Public School

FACT FILE


LIBERIA



We have been providing Mary's Meals in Liberia since **2006**. However, our presence here goes as far back as 1992 when we provided aid, such as health clinics, during the first civil war. Mary's Meals is the sole provider of school feeding in Bong County. We also deliver our programme in Bomi, Grand Cape Mount, Gbarpolu and Montserrado counties. The schools we support are mainly in remote and often inaccessible areas.

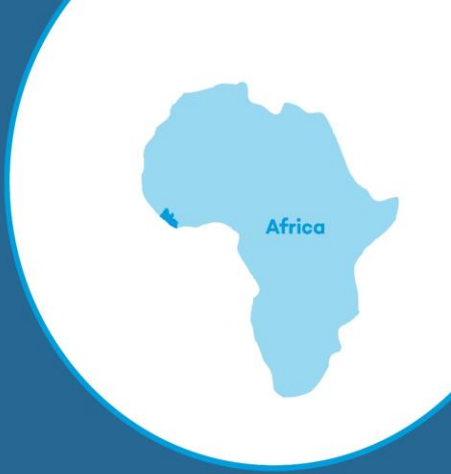
 We are currently feeding **144,208** children in **614** schools.

 Children in the schools are aged between **4** and **18**.

 A typical school meal is **rice and peas** (some schools have successful vegetable gardens where they grow additional food).

Continent	Capital	Population
Africa	Monrovia	5,057,677 (2020) ¹
HDI Rank	Life expectancy	Currency
175 of 189 ²	62.9 ³	Liberian Dollar
Main exports	Language(s)	
Rubber (accounts for 65% of all international exports), diamonds and gold (also traded but on a smaller scale) ⁴	Liberia has more than 30 native languages, however, Liberian English is the most common to connect people from different regions	

Sources: ¹ World Bank/LBR | ² Human Development Reports | ³ Life Expectancy in Liberia | ⁴ Trading Economics Liberia Exports



- Delivering food to schools deep in the jungle via off-road routes is particularly challenging during the rainy season (May-October) when monsoons are common.
- We strive to source as much of our food locally as possible. However it is sometimes necessary to order from further afield – as much as five months in advance – to ensure we can keep our promise to feed the hungry children we serve.
- The country remains overshadowed by the 2014/15 Ebola outbreak which forced schools to close, crippled economies and wiped out livelihoods.



44% of the population live below the International Poverty Line of **\$1.90 USD** per day.⁵



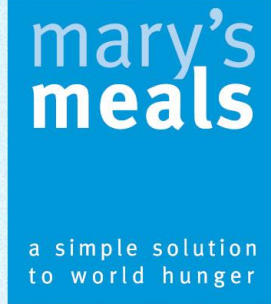
More than **50%** of all students do not complete a primary school education.⁶



1.5 million people in Liberia have insufficient food intake.⁷

Sources: ⁵ World Bank/LBR | ⁶ unicef/Liberia | ⁷ HungerMap LIVE

Thank you for your support!



marysmeals.org

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