Wellbeing **Champion Network Readiness Checklist**

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|  | Tick |
| Our Senior Management Team (SMT) are willing to fully support and model the implementation of the Wellbeing Champion Network. |  |
| The Wellbeing Champion Network will be included of our school improvement plan. |  |
| Our SMT have presented information to all staff about the programme. If Yes, what date did this take place? Date:If not yet, when will this take place? Date: |  |
| I know about the general aims of the Wellbeing Champion Network. |  |
| I have had opportunities to observe how a wellbeing network is being used in schools. If not, how will those be provided? |  |
| I am confident I have the time, skills and resources to implement the Wellbeing Champions Network effectively. |  |
| I think the Wellbeing Champions Network suits the needs of our school. |  |
| I feel supported by my management and know the time and resources will be available to me to do this well. |  |
| We are able to allocate time for selected staff to receive training on the Wellbeing Champions Network within the school/ELC setting before we start the programme. |  |
| I agree that it is important and beneficial to inform parents/carers and involve them in the Wellbeing Champion Network, and we will seek innovative ways of doing this. |  |
| Opportunities for sharing/observing practice of a Wellbeing Champion Network has been provided. If No, please note how they will be built into the ongoing implementation. |  |
| We have an area within the school to display/pass on information about the Wellbeing Champion to staff /parents/carers and pupils, for example, a notice board, leaflet or regular email newsletter. |  |
| I know how important it is that the Wellbeing Champions Network is implemented as intended, and that if I make changes, I could influence the effects and benefits. |  |
| I know that coaching is an important part of embedding the Wellbeing Champion Network, and I am willing to engage in this. (Research shows that coaching can boost skills by 80%.) |  |
| I know that evaluation of impact is crucial, and I will complete all required evaluations. |  |
| We have identified support agencies who will help us to embed the Wellbeing Champion Network. |  |