

<u>Talk/write a journal!</u>	Sound Detectives:	<u>The Jolly Christmas Postman</u>
Talk about your experiences of isolation with your grownups. How do you feel? Are you bored, worried, excited, draw your feelings and try and write your feelings.	How many r, m and d words can you think of? Can you spot any ' r' , ' m ' or ' d ' objects in your house?	The Jolly Postman is busy delivering cards and letters, and all on his bicycle! Can you design a new, super speed method of transport for the postman?
Prayers	Thursday 10 th December	<u>Draw a poster</u>
Remember when we pray, we are talking to God, our best friend, say a prayer to God today. Thank him for all of the things you are grateful for, such as family and friends.		Make an artwork about your feelings and experiences in 2020. You could include a rainbow, clapping hands or some of the activities you have done with your family. Did you spend more time together?
Days of the Week	Jolly Phonics	Get Active!
What day is it today? Sing the days of the week song like Mother Hen, ask your grownup to sing with you. Then, make a poster all about Thursday! What are you doing today, what day was yesterday?	Here is the link to the Jolly Phonics song, can you sing it with your grownups! Don't forget all of the actions too! A-a-ants on my arm https://youtu.be/2Xy2e78qxNg	Today try Cosmic Yoga, below is the link to a Christmas special. Ask your grownup to check it out with you! https://youtu.be/pMeKIAEpWxw

Words and Numbers

