



Social Security Scotland  
Tèarainteachd Shòisealta Alba

# Find help to balance your budget

If you're on tax credits or certain benefits, you could be entitled to five family payments including Pregnancy and Baby Payment.



**Apply from 24 weeks in your pregnancy.**

If you are pregnant or have a baby under 6 months old and you get tax credits or certain benefits, you could be eligible for a Best Start Grant Pregnancy and Baby Payment of £252.50.

Go to [mygov.scot/beststart](https://mygov.scot/beststart) or call 0800 182 2222.

**ParentClub.scot**