# Parental Empowerment Theme Board

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CEO Task

* Participants can work in pairs but should write down on their own individual piece of paper the suggestions they come up with
* Leader asks participants to come up with as many qualities/skills they think the CEO of a company needs to make their company successful (leader gives a couple of examples if need be) – 5/10 minutes of time for participants to do so.
* Prior to feedback and discussion, the leader asks each participant to put a tick next to whichever skills/qualities they believe they have.
* While participants are coming up with suggestions, the leader should have the flipchart paper ready with CEO written at the top.
* Once participants have written down some suggestions, leaders asks each pair/group to give some examples – leader writes examples up on the flipchart paper.
* Discussion should be had around why participants believe the CEO of a company requires the skills/qualities they have suggested.
* After that, this is the point where the leader scores out ~~CEO~~ and replaces it with the word **Parent**. Leader should then explain/give examples of why there is no reason they cannot be the CEO of their own family.

For follow up session

* The follow up CEO activity will be completed at the end of the session/programme – the exact same activity.
* Comparisons should be made at this point with the amount of ‘ticks’ next to the qualities/skills they have written down – the hope is they will have more ticks for the skills/qualities in the post programme activity than the pre programme activity.
* This will give an indication as to whether the parents believe in themselves more.

Talking Points

* How did you feel when you first came on the programme doing this activity – till now?
* Is this something you would use when interacting with a group of people to help them realise their potential?
* Are you satisfied with how far you have come in the programme?
* Do you think the activity has highlighted the skills/qualities within you?
* Would you or could you extend the activity any further with yourself, your family and your community?

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