# **C:\Users\oneilc\Desktop\graphics\sac logo.gifC:\Users\oneilc\Desktop\graphics\vibrant communities.png**C:\Users\oneilc\Desktop\graphics\east ayrshire logo.jpg**Littlemill Primary School**

# **Parent Empowerment Programme**

### **Rankinston Community Centre**

### **Friday 8th October 2021**

### **11am-1pm**

* **11am Meet at Community Centre All**
* **11.05am-11.10am Welcome Clare**
* **11.10am-11.45am Fitness and Wellbeing session Clare**
* **11.45am-12 Tea and Coffee Joanne/Nicola**
* **12-12.15pm Group Discussion Joanne**

The value of taking time for yourself

* **12.15pm-12.45am Revisit Parental Empowerment BLOG Nicola/Joanne**

<https://blogs.glowscotland.org.uk/ea/parentalempowerment/>

* **12.45pm -12.55pm Feedback Collated Nicola/Joanne**
* **12.55pm-1pm Ensure all questionnaires are completed and submitted ALL**

[Parental Empowerment Survey (office.com)](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKdZ6ubrZD5xAlcBeBKdIerxUQ1kwRVA5V0QxWjFZVlVJNzBQS0dKVkVKWi4u)

