# **C:\Users\oneilc\Desktop\graphics\sac logo.gifC:\Users\oneilc\Desktop\graphics\vibrant communities.png**C:\Users\oneilc\Desktop\graphics\east ayrshire logo.jpg**Littlemill Primary School**

# **Parent Empowerment Programme**

### **Littlemill PS – Meeting Place**

### **Monday 21st June**

### **11am -1pm**

* **11am Meet and Welcome (school) Lesley/Simon**
* **11am-11.30am Walk and Talk Session**  **Joanne**
* **11.30am-11.50pm Mindfulness Session John ??**
* **11.50pm-12.15pm Vickie – Happiness Box Clip Lesley/Joanne**
* **12.15pm-12.30pm CEO Task Nicola / Joanne**
* **12.30pm-1pm Walk back discussing session All**

**Resources**

* Bag collated for parents
* Nicola bringing small bottles of water and a biscuit
* Joanne bringing walk and talk cards
* Nicola bringing cards and pens for CEO task
* Joanne will download – happiness box clip onto laptopand send to chat

**Notes**

Joanne will contact Dianne on 18/6/21 to ensure all parents are still able to attend session.

* Lesley/ Simon will welcome and issue group with PE bags
* Joanne will issue cards for walk and talk however encourage Dianne to take lead of the walk
* Lesley will introduce Vickie box of happiness
* Nicola or Joanne will introduce CEO task and facilitate
* Nicola will take pictures and upload on social media
* If John can’t make mindfulness session – a guided session will be used – Joanne to contact Catrina

