# **C:\Users\oneilc\Desktop\graphics\sac logo.gifC:\Users\oneilc\Desktop\graphics\vibrant communities.png**C:\Users\oneilc\Desktop\graphics\east ayrshire logo.jpg**Littlemill Primary School**

# **Parent Empowerment Programme**

### **Lochside House Hotel**

### **28th May 2021**

### **9.15am-2.45pm**

* **9.15am Pick Up for Parents Littlemill PS Simon**
* **9.45am -10am Arrive at Lochside – Tea/ Coffee**  **All**
* **10am -10.15am Welcome – Vision and Values /Hopes and Dreams Lesley/Simon**

* **10.15am-10.30am Empowerment Clip – Jane**
* **10.30-11.45 Retro Task Nicola**
* **11.45-12.30 Lunch**
* **12.30- 13.30 Walk and Talk Activity Joanne**
* **13.30 -2pm Discussion from Walk and Talk Joanne**

* **2pm -2.15pm Task – parents split into groups and discuss**

**their Hopes for the programme and what they want to achieve.**

**Notes**

**Clip will be Jane’s with discussion point coming from it – Check if we can connect to Lochside wifi**

[**https://youtu.be/Ufo6n0zcLkw**](https://youtu.be/Ufo6n0zcLkw)

**Retro Task -https://blogs.glowscotland.org.uk/ea/public/parentalempowerment/uploads/sites/17571/2021/02/11105233/Theme-board-onboarding-Relationships.docx**

* **Joanne will print off 3 sets of cards and leave at Lochside reception for Nicola**
* **Nicola will have retro cards placed around room**
* **Parents and staff will take time to look at all cards**
* **They will be asked to pick 3 cards and come back to group to discuss why they picked these cards**

**Walk and Talk Task**

[**https://blogs.glowscotland.org.uk/ea/public/parentalempowerment/uploads/sites/17571/2021/04/07140151/Question-Cards.pdf**](https://blogs.glowscotland.org.uk/ea/public/parentalempowerment/uploads/sites/17571/2021/04/07140151/Question-Cards.pdf)

[**https://youtu.be/m2zEx4\_3t\_M**](https://youtu.be/m2zEx4_3t_M) **- if playing – don’t play till after task**

**Joanne will print cards and bring – Joanne will facilitate task.**

**Moving outdoor – groups will split into 2’s and be issued a card**

**They then given 5 mins to go walking and talking and discussion questions – all meeting back at Loch**

**This is repeated 3/4 times**

**On last card – card 8 is given to all pairs – Joanne will explain the theory around card 8 and how at times in life we can all come up against a blank**

**Go indoor and parents can discuss their hopes for the programme and what they would like to achieve.**

**Follow up task – picture task to be sent to parents over next week.**

**Resources**

**Laptops – all bring them**

**Printable sheets – Joanne**

**Bags – Nicola**

**Pen/Pad/Pencil/Rubber/a small stress ball/their Invitation and maybe a handwritten letter**

**Whiteboard – markers and paper (check if Lochside has this)**

**Invitation printed /letter on postcard – see Christine (Joanne)**

**Letter**

* **Thanks for coming**
* **Hope they enjoyed the day**
* **We are delighted to have the pleasure in moving forward with them**
* **We will be in contact in next week and please know we are just at end of phone**

**Joanne will arrive at 11am after DPS Enhanced Transition**

