

My First Confession

Child: In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Bless me father for I have sinned. This is my first penance.

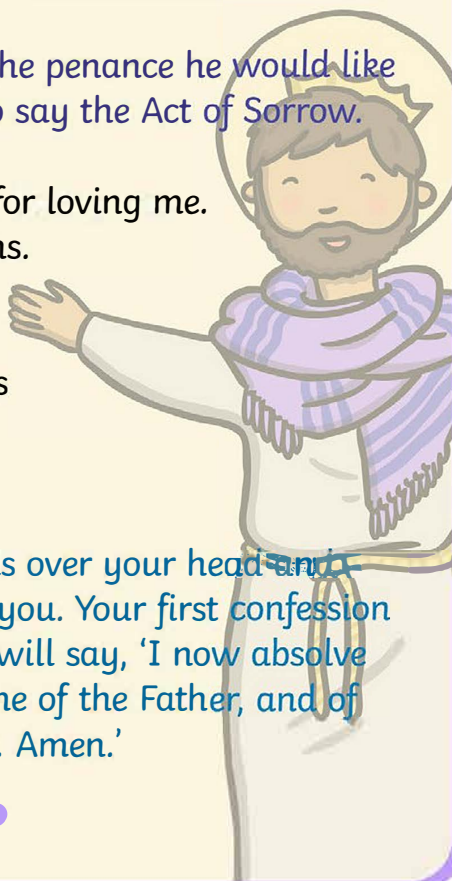
The priest will invite you to think of what sins you would like to confess.

Child: I did not show love when _____.

The priest tells you the act of the penance he would like you to do. He will invite you to say the Act of Sorrow.

Child: O my God, I thank You for loving me.
I am sorry for all my sins.
For not loving others
And for not loving You.
Help me to live like Jesus
And not sin again.
Amen.

The priest will extend his hands over your head and will tell you that God forgives you. Your first confession is then finished and the priest will say, 'I now absolve you from your sins. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.'



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