Food in School Policy

Onthank Primary School and Additional Support for Learning Centre (ASLC)

Policy Statement

At Onthank Primary School and ASLC, we recognise the important role that healthy eating plays in supporting children's health, wellbeing, learning and achievement. We are committed to promoting positive eating habits and ensuring that food provided in school supports children's physical and emotional wellbeing.

Our approach reflects our CARES values:

Community
We work together to promote healthy choices and positive habits.

Ambition
We encourage children to make choices that support learning and wellbeing.

Respect
We respect dietary, medical, cultural and religious needs.

Equity
We ensure all children can access food and support throughout the school day.

Safety
We provide a safe environment for eating and manage food-related risks appropriately.

Aims

We aim to:

- Promote healthy eating and wellbeing.
- Encourage positive attitudes towards food.
- Support children's concentration, learning and participation.

- Ensure food provision is inclusive and meets individual needs.
- Maintain procedures that support the health and safety of all learners.

Expectations

We encourage children to:

- Eat a healthy and balanced lunch.
- Bring water to stay hydrated throughout the day.
- Show good manners during eating times.
- Respect the needs of others, including those with allergies or medical dietary requirements.
- Help to keep eating areas clean and tidy.

We ask parents and carers to:

- Support healthy eating choices.
- Inform the school of any allergies, intolerances or dietary requirements.
- Avoid sending energy drinks or items unsuitable for school.

Allergies and Medical Diets

The school will:

- Follow individual healthcare plans where required.
- Take reasonable steps to reduce risks associated with allergies.
- Ensure staff are aware of relevant medical and dietary information.
- Promote awareness of food safety and allergy management.

Food should not be shared between children unless agreed and supervised by staff.

Celebrations and Special Events

Food may occasionally be provided as part of curricular activities, celebrations or special events.

When planning activities involving food, staff will:

- Consider allergies and dietary requirements.
- Promote inclusion for all children.
- Follow food hygiene and health and safety guidance.

Monitoring and Review

This policy will be reviewed regularly to ensure it continues to meet the needs of our school community and reflects current guidance and practice.

Approved by: Head Teacher, Onthank Primary School & ASLC

Review Date: August 2027

Policy Lead: Head Teacher

Linked Policies: Health and Wellbeing, Additional Support Needs, Medical Conditions, Health and Safety, Child Protection and Attendance.