

Yoga Wellbeing Workshops for Families Affected by Cancer



Yoga Wellbeing Workshops

6 Session Block, Alternate Wednesdays, 4pm-5:30pm

Ayrshire Cancer Support Ayr Centre, 7 Prestwick Road, Ayr

Dates Include:

- 1st October
- 12th November
- 15th October
- 26th November
- 29th October
- 10th December

Suitable for parents, carers, families, children aged 5+ and young people affected by cancer



**AYRSHIRE
CANCER
SUPPORT**
Children & Young People

To book your space, please email
Gill on birelg@ayrshirecs.org or call
us on 01563 538008