

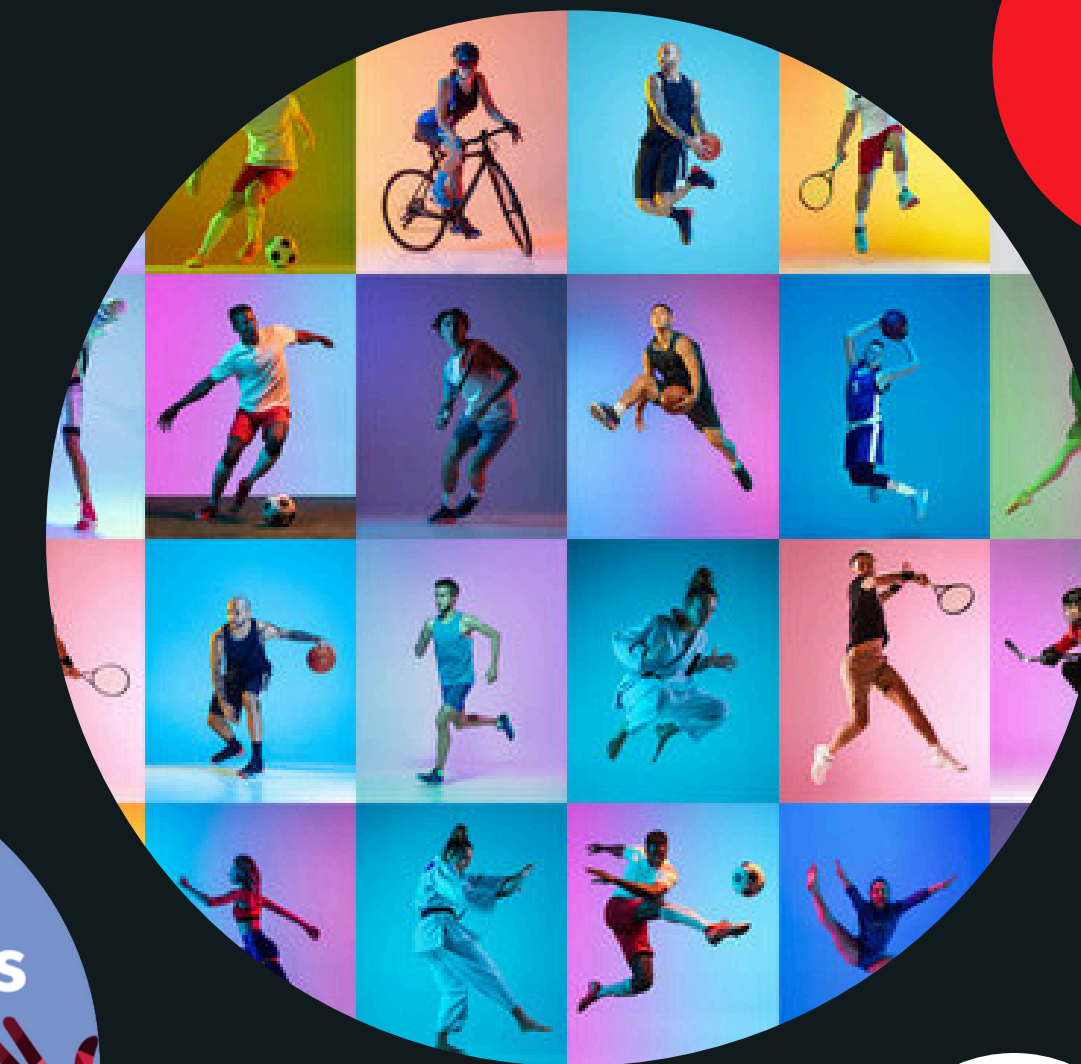
# ANY VOLUNTEERS?!

Sport and physical activity volunteering is an enjoyable and rewarding experience and has a very positive impact in school and in the community! Volunteers help make sport and physical activity happen and without people like you it would not work!

## Benefits

- **Personal Development**
- **Lead a sport / physical activity of your choice**
- **Build Key Skills**
- **Helps to gain employment**
- **Provide opportunities for young people to play or take part in activity**
- **Share your time and energy**

## Volunteer Opportunities



**Get in touch to sign up or answer questions**

Contact the Active Schools Coordinator  
[barry.holmes@east-ayrshire.gov.uk](mailto:barry.holmes@east-ayrshire.gov.uk)

