



New Cumnock Meal Plan

Loch ken Adventures Ltd, T/A Galloway Activity Centre, Loch Ken, Castle Douglas, Dumfries and Galloway DG7 3NQ
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	Wednesday	Thursday	Friday
Breakfast	N/A	Bacon/Sausage Rolls Fruit	Bacon/Sausage Rolls Fruit
Lunch	Tomato Soup Filled Roll Crisps Biscuits Fruit	Lentil Soup Filled Roll Crisps Biscuits Fruit	Tomato & Lentil Soup Filled Roll Crisps Fruit Biscuits
Dinner	Burgers, Chips, Salad & Coleslaw	Neopolitan, Handstretched Wood- fired Pizza & Chips	N/A
Dessert	Jelly & Ice Cream	Banoffee Pie	N/A

Dietary Requirements / Allergies that we have been informed about:

1x Nut allergy - Airborne

Please Note: Vegan / Vegetarians / Allergies & Intolerances / Religions will all be catered for