

Lockerbie Manor

Monday 19th May - Friday 23rd May

Our Itinerary

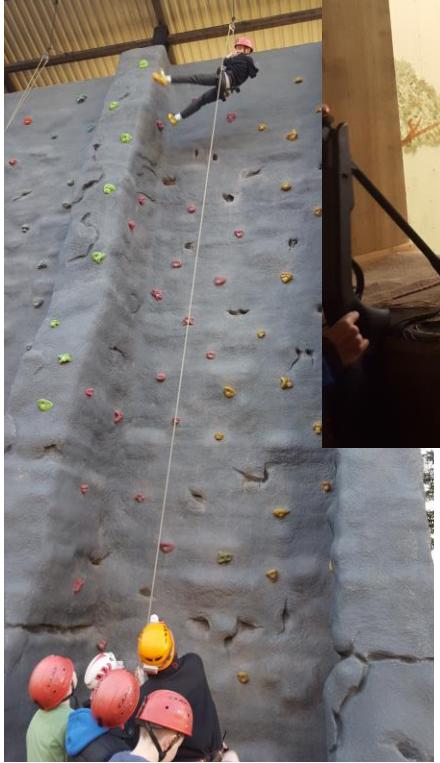
- ▶ Archery
- ▶ Stand Up Paddle Boarding
- ▶ Zip Wire
- ▶ Rifle Shooting
- ▶ Raft Build
- ▶ Abseiling
- ▶ Blind Trail
- ▶ Fencing
- ▶ Low ropes

Our Itinerary continued

- ▶ Survival skills
- ▶ Axe Throwing
- ▶ Obstacle Course
- ▶ Climbing
- ▶ Team games
- ▶ Canoe/kayaking
- ▶ Fencing
- ▶ Aeroball
- ▶ Disco
- ▶ Campfire

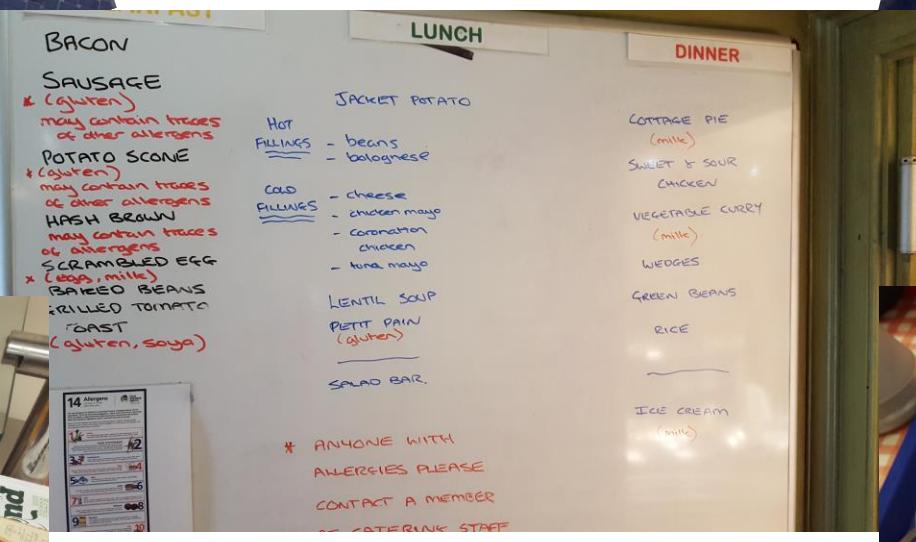
Timings/ Meals

- ▶ Bus leaves NRPS at 12.30pm. Arrival approx. 2.00pm on Monday 19th May
- ▶ Unpack, safety briefings, dinner + 2 activities
- ▶ 5 activities + meals on each full day.
- ▶ Breakfast, 2 activities, lunch + depart approx. 1.30pm Friday 23rd May
- ▶ Arrival at NRPS approx. 3pm



Food

- ▶ All medical and dietary information we have on your child will be communicated to Lockerbie Manor. A form is currently live for the above.
- ▶ Dinner on the Monday evening will be our first meal and Lunch on Friday will be our last.
- ▶ Pupils can feel free to bring their own snacks for in between.
- ▶ There is a tuck-shop where pupils can buy additional snacks. We recommend a maximum of £10 for this, and it is entirely optional. This will also have to be cash.



Pods...

- ▶ Pods sleep 4 people and pupils will write down who they'd like to share with 2 weeks prior to the trip.
- ▶ Hair dryers/ Straighteners are permitted.
- ▶ A sleeping bag, pillow and pillow case will be required to be brought by every child.
- ▶ Pupils will also be required to bring towels.



Virtual tours of the Pods and all areas of the Centre can be found at:

<https://www.manoradventure.com/virtual-tours.php?id=kidspod>

Phones and devices...

- ▶ It is Lockerbie Manor's recommendation that phones and devices are not brought to the centre.
- ▶ There will be no access to wifi and 4G/5G reportedly poor.
- ▶ There is also a lack of sockets for the purposes of charging.
- ▶ It is therefore our decision that phones/devices should NOT be brought on the trip.
- ▶ Children who need to contact home will be able to do this using staff devices.
- ▶ It'll be character building!!!!

What to pack...

- ▶ A list of everything that your child will need can be found in the **Files** section of your child's class Team.
- ▶ A Guide to what children should wear for each type of activity can also be found in **Files**.
- ▶ We will also create a whole year group Team for pictures and additional information, in the coming weeks.
- ▶ A paper copy will also be handed out this evening (or can be collected from class)

Keeping in touch...

- ▶ We will update daily on X and our whole cohort Team with photos and information about our trip.
- ▶ We will do this in accordance with our current permissions, however if you would like to change your child's permission, please let us know.
- ▶ Please feel free to interact by liking, commenting and reposting.
- ▶ Follow us on [@NetherRob_ps](https://twitter.com/NetherRob_ps)

Questions...