# Rascals Out of School Care

Our Vision, Values & Aims, 2024

# Important Information



# What is Rascals?

- Rascals Out of School Care is a charitable organisation dedicated to providing a nurturing environment for children. Our team consists of a manager, assistant manager, and skilled playwork practitioners. We operate a Breakfast Club from 7:30am to 9am, Afterschool Club from 3:00pm to 6:00pm, and Playscheme during holidays from 8am to 6pm.
- At Rascals, we believe in child-led, play-based experiences. Our children actively shape the experiences we offer, including a breakfast menu featuring cereal, toast, and fruit juice. For snacks, we provide a variety of options like mini hot dogs with veggies, wraps, fruit loaf, bagels with fruit, all chosen collaboratively with our young participants.
- Catering to ages 3 to academy levels, we ensure a seamless drop-off and collection service for nursery children. Our facilities include access to two rooms, the gym hall, and the very large outdoor grounds on the primary school premises, creating a dynamic and engaging space for exploration and learning. Rascals Out of School Care is committed to fostering a community where the joy of play and children's interests take centre stage.



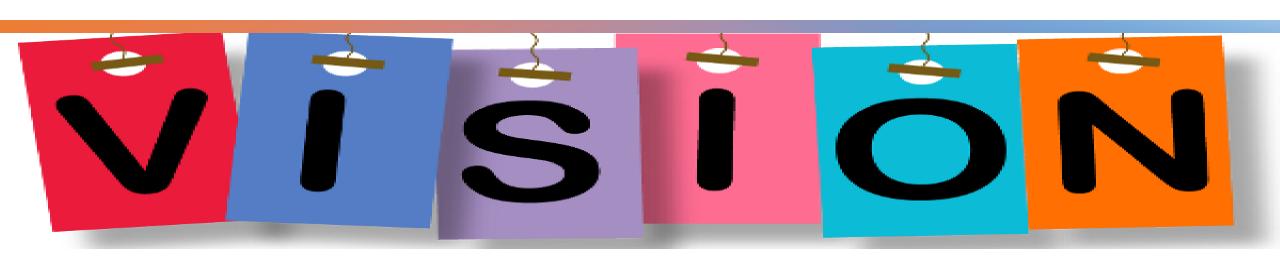
#### The Rascals Team

Manager: Ainsley Kyle Assistant Manager: Amanda McIlwain

Core Playwork Practitioner: Megan Murray Playwork Practitioner: Eilidh Cameron Playwork
Practitioner: Claire
McNelis

Playwork Practitioner: Courtney Clark Playwork Practitioner: Courtney Goodwin Playwork Practitioner: Lucy McVitie Playwork Practitioner: Amelie Jones Playwork
Practitioner: Kieran
Cairns

Playwork Practitioner: Hope Plenderleith Playwork Practitioner: Lyndsay Aird "Empowering young lives through joyful experiences, promoting individuality, fostering respect, and nurturing essential life skills for a bright and healthy future."



### Our Values & Aims

- 1. Provide a Fun, Engaging, Safe Environment: Foster an atmosphere of joy and excitement in every activity. Ensure safety through thorough risk assessments, involving children in the process, and maintaining clear policies and procedures aligned with government guidance and regulations.
- 2. Promote a Healthy Lifestyle: Create ample opportunities for active play, encouraging physical development and a healthy lifestyle. Support children's nutrition with balanced and wholesome breakfasts and snacks.
- 3. Acknowledge Individuality: Celebrate and acknowledge each child's individuality, beliefs, and interests within the service.
- 4. Encourage Mindfulness and Positive Behaviours: Offer opportunity for relaxation and mindfulness, allowing children to unwind in a peaceful environment. Listen to and support children's emotions and feelings with a positive and nurturing approach.
- 5. Foster Respect: Instill values of respect for others, the environment, and the community. Promote positive interactions, sustainability, and a sense of responsibility among the children.
- 6. Facilitate Social & Life Skills Learning: Provide experiences that enable children to acquire essential life skills, preparing them for various aspects of everyday life.



How does the Rascals vision, values and aims uphold children's rights?

According to the Quality Framework For Daycare of Children, Childminding and School-Aged Childcare, there are four principles of children's rights which are non-discrimination, best interests of the child, survival and development and respect for children's views. These rights are from the United Nations Convention of the Rights of the Child which Scotland reinforces through the Children & Young People (Scotland) Act 2014.

- Non-Discrimination Our acknowledgment of individuality in the aim of "Acknowledge Individuality" ensures that each child is recognised and celebrated for their unique qualities, Rascals promotes a culture that opposes discrimination based on characteristics.
- 2. Best Interests of the Child Our commitment to providing a safe environment, promoting a healthy lifestyle, and supporting emotional well-being in the values and aims collectively align with the principle of the best interests of the child. These efforts prioritise the overall well-being and development of each child within our care at Rascals.
- 3. Survival and Development -Our focus on safety in the aim of "Provide a Fun, Engaging, Safe Environment" directly addresses the principle of survival. Additionally, the emphasis on physical development through active play and nutritional support in "Promote a Healthy Lifestyle" contributes to the holistic development of the children at Rascals.
- 4. Respect for Children's Views Our values and aims, especially in "Encourage Mindfulness and Positive Behaviors" and "Foster Respect," demonstrate a commitment to listening to and supporting each child's emotions and feelings in Rascals. This encourages an environment where our children's perspectives are respected, aligning with the principle of respect for children's views.

How does our vision, values and aims impact our inspections with Care Inspectorate?



## And our vision, values and aims meet these quality indicators!

- Nurturing Care and Support (Quality Indicator 1.1): Our vision's emphasis on "nurturing essential life skills" and values such as "Encourage Mindfulness and Positive Behaviors" and "Acknowledge Individuality" demonstrate the Rascals commitment to providing a nurturing environment. This supports the indicator by prioritising the emotional well-being and individual needs of each child in Rascals.
  - Play and Learning (Quality Indicator 1.3): Our aim to "Provide a Fun, Engaging, Safe Environment" and the value of "Promote a Healthy Lifestyle," which includes encouraging active play, align with the indicator for play and learning. These values and aims collectively ensure that play is not only enjoyable at Rascals but also contributes to the developmental aspects of our children's experiences.
  - Children Experience High-Quality Facilities (Quality Indicator 2.2): Our commitment to providing a safe environment in "Provide a Fun, Engaging, Safe Environment" directly addresses the need for Rascals to deliver high-quality facilities. Thorough risk assessments, clear policies, and alignment with regulations further support the quality of our facilities, meeting the indicator's criteria.
- Quality Assurances and Improvement Are Led Well (Quality Indicator 3.1): Our values and aims reflect a commitment to quality assurance
  and improvement. The emphasis on safety, individualised care, involving our children in decision making and supporting emotional well-being
  ensures a holistic approach to quality. Our clear policies and procedures aligned with government guidance demonstrate effective leadership in
  Rascals which ensures and enhances quality.
- Staff Deployment (Quality Indicator 4.3): Our aim to "Provide a Fun, Engaging, Safe Environment" includes involving our children in the safety
  process, indicating a thoughtful approach to staff deployment. This aligns with the indicator, as it involves considerations of safety and
  engagement in deploying staff effectively. Rascals staff also thoroughly engage in active play to role model healthy habits and ensure a highquality engagement between the adults and children which further enhances our nurturing atmosphere.

As Rascals is play based, we refer to the guidance within the Playwork Principles daily to ensure we are providing our children with the highest standards of meaningful play. Our vision, values, and aims compliment the Playwork Principles by recognising and incorporating the importance of respecting play, supporting children's choices, ensuring wellbeing, valuing each child, promoting positive relationships, and encouraging a playful atmosphere.

- Respecting Children's Play: Our vision's emphasis on "empowering young lives through joyful experiences" aligns with the Playwork Principle of recognising and respecting the intrinsic value of children's play. The values of providing a fun, engaging environment and acknowledging individuality support the idea that play is central to children's well-being and development.
- Supporting Children's Choices and Freedom: Our value of "Acknowledge Individuality" and
  the aim to "Provide a Fun, Engaging, Safe Environment" resonate with the Playwork Principles
  that emphasis the importance of allowing children to make choices and have the freedom to
  play in their own way. This supports children's autonomy and decision-making.
- Ensuring the Well-being of Children: Our commitment to a safe environment, as outlined in the aim of "Provide a Fun, Engaging, Safe Environment," aligns with the Playwork Principle of ensuring the well-being of children during play. Safety measures are always embedded in Rascals whilst maintaining a focus on the joy and engagement inherent in play.
- Valuing and Acknowledging Each Child: Our value of "Acknowledge Individuality" is directly
  in line with the Playwork Principle that emphasises the uniqueness of each child. Celebrating
  and acknowledging individual beliefs and interests within Rascals creates an environment where
  each child's contributions to play are valued.
- **Promoting Positive Relationships**: Our values of fostering respect, positive interactions, and a sense of responsibility in "Foster Respect" align with the Playwork Principle that underscores the significance of positive relationships between children and playworkers. This contributes to a supportive and inclusive play environment in Rascals.
- Encouraging a Playful Atmosphere: Our vision's focus on "joyful experiences" and the aim to "Encourage Mindfulness and Positive Behaviours" align with the Playwork Principle that emphasises creating an atmosphere where play is encouraged, and children can unwind and enjoy themselves in a peaceful environment when attending Rascals.

The Space to Grow document by Care Inspectorate describes good quality outdoor space and sets out additional information to support the provision of indoor/outdoor settings with a focus on high quality outcomes for children. By integrating these values and aims into the design and use of outdoor spaces, we can align with the Care Inspectorate's "Space to Grow" document, ensuring that the provision of outdoor settings contributes to high-quality outcomes for children, supporting their growth, development, and well-being.

**Emphasis on Fun and Engagement:** Our vision's commitment to providing a "Fun, Engaging, Safe Environment" inherently encourages the creation of outdoor spaces that are enjoyable for our children at Rascals. This aligns with the idea of good quality outdoor space being conducive to engaging and enjoyable experiences.

**Promotion of a Healthy Lifestyle:** Our aim to "Promote a Healthy Lifestyle" and create opportunities for active play align with the emphasis on good quality outdoor space. Our outdoor experiences are designed by staff to support our children's physical activity, contributing to the overall well-being and health of the children.

Acknowledgment of Individuality: Our value of "Acknowledge Individuality" can be reflected in the outdoor spaces by Rascals continually considering diverse interests and preferences. Our staff provide outdoor environments that cater to different individual preferences, and this fosters a high-quality outdoor experience at Rascals.

Fostering Respect for the Environment: Our value of "Foster Respect" extends to the outdoor spaces by instilling values of respect for the natural environment. We create spaces that promote sustainability, connection with nature, and responsible interaction which aligns with fostering respect for the environment.

**Facilitation of Social and Life Skills Learning:** Our aim to "Facilitate Social & Life Skills Learning" is integrated into our outdoor spaces. Designing areas that encourage cooperative play, teamwork, and the development of essential life skills supports the idea of high-quality outcomes for children in our outdoor spaces.

**Encouragement of Mindfulness:** Our value of "Encourage Mindfulness and Positive Behaviors" aligns with creating outdoor spaces that allow for relaxation and mindfulness. We offer the opportunity and areas where children can unwind and connect with nature which then contributes to a positive and peaceful outdoor experience for our children at Rascals.





Join Us on Our Journey Thank you for being part of the Rascals community! Together, we can create a nurturing and joyful environment everyone at Rascals Out of School Care.