



SHOUT is delighted to offer **FREE public swimming** for all SHOUT card holders* from **Monday 3 July – Sunday 20 August 2023** at the following venues and times:

Galleon Leisure Centre 01563 524014	
Monday's 3, 10, 17, 24 & 31 July 7 & 14 August	9.45am – 11.15am 11.30am – 1.15pm 1.30pm – 3pm
Tuesday's 4, 11, 18 & 25 July 1, 8 & 15 August	8.15am – 10.15am 10.30am – 12noon 12.30pm – 2pm 2.30pm – 4pm
Wednesday's 5, 12, 19 & 26 July 2, 9 & 16 August	9.45am – 11.15am 11.30am – 1.15pm 1.30pm – 3pm
Thursday's 6, 13, 20 & 26 July 3 & 10 August	8.15am – 10.15am 10.30am – 12noon 12.30pm – 2pm 2.30pm – 4pm
Friday's 7, 14, 21 & 28 July 4, 11 & 18 August	9.45am – 11.15am 11.30am – 1.15pm 1.30pm – 3pm

Visions Leisure Centre 01290 425495	
Monday's 3, 10, 17, 24 & 31 July 7 & 14 August	4pm – 5pm 5pm – 6pm
Tuesday's 4, 11, 18 & 25 July 1, 8 & 15 August	12noon – 1pm 1pm – 2pm 4pm – 5pm 5pm – 6pm
Wednesday's 5, 12, 19 & 26 July 2, 9 & 16 August	1pm – 2pm 4pm – 5pm 5pm – 6pm
Thursday's 6, 13, 20 & 26 July 3 & 10 August	12noon – 1pm 3pm – 4pm 4pm – 5pm 5pm – 6pm

Doon Valley Leisure Centre 01292 550665 Portal link https://ealtleisure.nslcrm.co.uk/	
Monday's 3, 10, 17, 24 & 31 July 7 & 14 August	6.30pm – 7.30pm
Tuesday's 4, 11, 18 & 25 July 1, 8 & 15 August	5.30pm – 6.30pm
Wednesday's 5, 12, 19 & 26 July 2, 9 & 16 August	12.30pm – 2.30pm
Thursday's 6, 13, 20 & 26 July 3 & 10 August	5pm – 7.30pm
Saturday's 8, 15, 22 & 29 July 5, 12 & 19 August	10am – 12noon

Loudoun Leisure Centre 01563 820078 Portal link https://ealtleisure.nslcrm.co.uk/	
Monday's 3, 10, 17, 24 & 31 July 7 & 14 August	7.30pm – 8.30pm
Wednesday's 5, 12, 19 & 26 July 2, 9 & 16 August	7.30pm – 8.30pm
Thursday's 6, 13, 20 & 26 July 3 & 10 August	5.30pm – 6.30pm
Saturday's 8, 15, 22 & 29 July 5, 12 & 19 August	1.30pm – 3.30pm
Sunday's 9, 16, 23 & 30 July 6, 13 & 20 August	10.30am – 11.30am

Auchinleck Leisure Centre 01290 426416 Portal link https://ealtleisure.nslcrm.co.uk/	
Tuesday's 4, 11, 18 & 25 July 1, 8 & 15 August	12.30pm – 3pm
Wednesday's 5, 12, 19 & 26 July 2, 9 & 16 August	1pm – 3pm
Friday's 7, 14, 21 & 28 July 4, 11 & 18 August	5pm – 6pm

* The offer will allow any SHOUT card holder free swimming and admission but any accompanying adult will be required to pay for admission or swimming (where applicable)

