

### **S2/3 Options Evening**

Jennifer Robertson Careers Adviser Loudoun Academy



#### We are Scotland's career service



SDS careers advisers are professionally qualified experts



We are in every state secondary school supporting young people make the best career choices



We also deliver services from SDS centres and community venues, run a national freephone helpline, and we are the ones behind Scotland's career website, My World of Work



# How we support your young person in school

SDS are in schools to help young people understand the world of work.

We help them develop and use their career management skills as they move throughout school.

We do this through our online service, My World of Work, and in person through our careers advisers.

Young people may meet their school careers adviser...



# Introduction to career management skills





# **Option Choices**

How the 'Big Five' can help



What do they enjoy?



Think about how they like to learn





What do other people think?







# How can you support your young person?

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Talk through all of their options



Explore the information and tools on My World of Work together



Encourage them to talk about what they are good at and enjoy



Reassure them



We are here to help you both

Explore careers ∨

Skills and tools V

Getting a job ∨

Courses and funding V

Career support ∨

Information for ... ^

Primary school pupils

Secondary school pupils

Adults looking for a change

Parents and carers

Educators

Say hello to a wide world of career choices

Explore roles, develop your skills and get the right job for you.







#### Parents and carers

You're a big influencer in your child's life — use our advice and tools to empower them, whatever stage they're at.

#### Here are some ways you can support your child



#### Start with a career conversation

Discover how My World of Work can help you chat to your child about their career.

View article →



#### Look after your child's mental health

A helping hand with your child's wellbeing. Find free helplines and expert online quidance.

View article →



#### Additional support for you and your child

Find sources of help and advice for parents, carers and anyone who needs additional support.

View article →



#### How to help your child get work experience

Discover how you can support your child get a taste of the working world.

View article ->



#### A guide to Option Choices

Help your child get career inspiration. Show them where the subjects they do could take them.

View article ->



#### Support your child as they leave school

Read top tips on how you can help and use our handy resources.

View article ->



Q Search My World of Work



Explore careers ∨

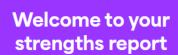
Skills and tools v

Getting a job v

Courses and funding V

Career support V

Information for ... v



Use the report to learn what you're good at and discover how your strengths could help you at work.

#### Strengths you use often

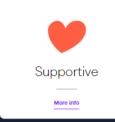
These are strengths you use regularly – they come naturally to you.

Choose each strength to find out what it means.

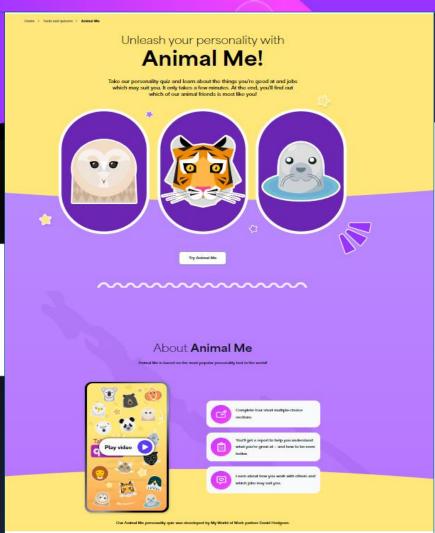


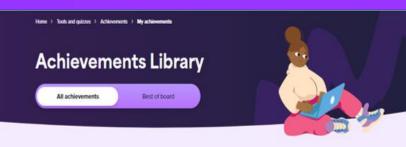




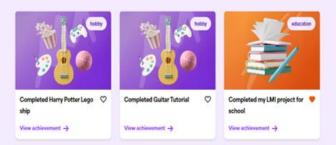








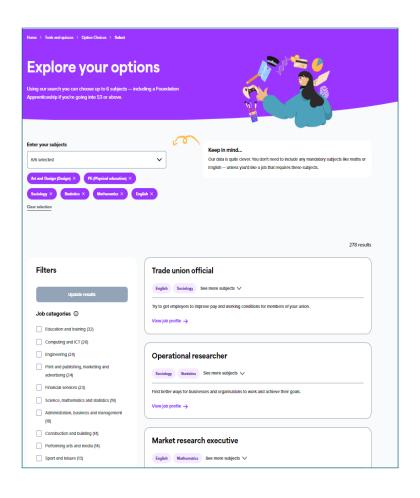
#### All achievements

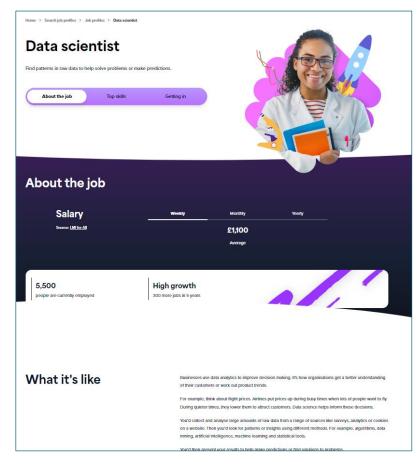


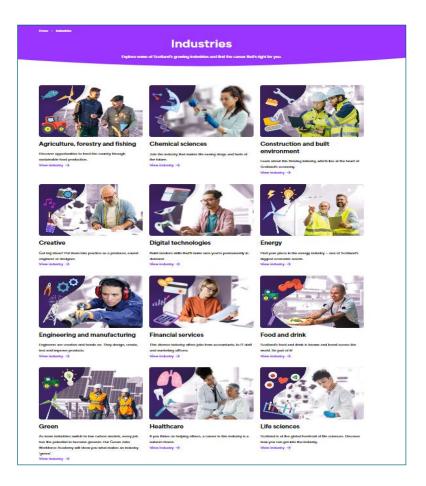




# **Exploring options on My World of Work**







#### Contact us



myworldofwork.co.uk

Follow My World of Work on social media:



in school and SDS centres and community venues



0800 917 8000 (Mon to Fri, 9am to 5pm)









# How to get in touch if any questions?

Jennifer Robertson

**Careers Adviser** 

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Mon-Fri 9am-5pm

I will be present at the S2 parents evening on Tuesday 28<sup>th</sup> January. Feel free to make an appointment if you have any questions.







# Thank you