

Timing Events

You can time how long something takes to do using a watch, (preferably with a second hand) or a stopwatch.



Be able to time events using a watch or stopwatch



Exercise 3

(You need a watch with a second hand or a stopwatch)

1. **Estimate** how long it would take you to complete each of the following :-
(Some might be in seconds and some in minutes and seconds)

- walk from one classroom wall to the opposite wall
- walk from one end of the corridor to the other
- walk all the way round the outside of the school
- jog all the way round the outside of the school
- add up all the numbers from 1 to 20 (*correctly*)
- write out the alphabet **backwards** (*correctly*)
- solve a puzzle or tangram given to you by your teacher
- get up from bed and get ready for school yourself
- make and eat your own breakfast
- walk (or be driven) home from school
- jog home from school (*remember to stop and check at roads*).



2. Now time using a watch or stopwatch some or all of the activities in question 1.

3. Stopwatches can have "read outs" that look like this.

- Find out the meaning of this read out (*especially the 7*).
- Investigate what sports or activities use this kind of read out.
- Why do you think they have to use these kinds of read outs?

