

4. Here are the individual times for each of the four runners for a top USA team in the 4 by 400 metre relay race in an event in Germany.

Morry - 44.61 secs, Johnstone - 43.28 secs, Watt - 42.94 secs, Reynold - 43.78 secs

Calculate the **total** time they took for the race.  
(Give your answer in minutes and seconds).

5. Here are the times for the four British runners :-

Steel - 44.59 secs, Tobine - 43.76 secs, Breingan - 43.1 secs, Ronson - 43.69 secs

Calculate the total time the British team took. Which team was faster ?

6. At the Olympic games in Beijing 2008, Shelley-Ann Fraser of Jamaica, ran the women's 100 metre race in 10.78 seconds followed by compatriots Sherone Simpson and Kerron Stewart, both on 10.97 seconds. Lauryn Williams (USA) finished fourth, with a time of 11.03 seconds.



By how much did Fraser beat Williams ?

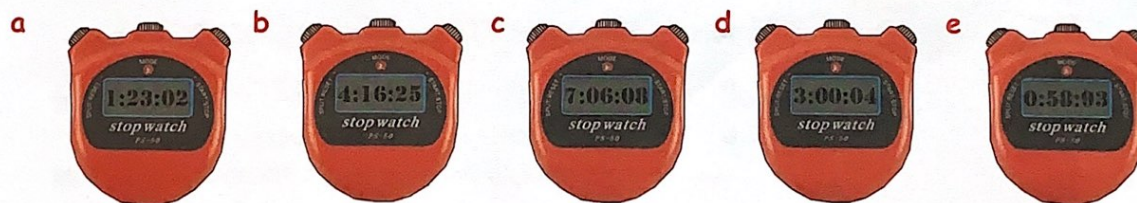
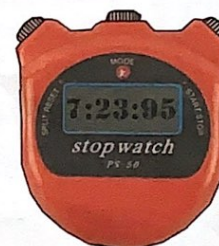
7. Tirunesh Dibaba broke her own women's 5000 metre world indoor record of 14 minutes 32.91 seconds at the Boston Indoor Games in 2007 by 5.49 seconds.

What was her new world record time ?

8. This stopwatch shows the time in minutes and seconds.

The time shown is **7 minutes 23.95 seconds**.

State the times which are shown on the following stopwatches :-



9. The tachograph\* on a minibus shows how long a driver has been driving. The times are in hours, minutes and seconds.

Write down these times :-



\* A tachograph is used to control how long lorry and bus drivers drive without a break.