

Good morning! – It's 23rd February

Leo's word of the day:

relax

Make or become less tense or anxious.

It is important to find time to **relax** from your work in order to feel calm and energised.

(Could you alter the suffix?)

How do you feel?



Which emoji best shows how you feel today? If you are comfortable doing so, write a sentence or two about why.



Country of the day



Belize

Capital city: Belmopan

Continent: North America

? What is the largest country in North America?



Today's challenges

Times can be hard, and it is important to take care of our mental health! Write down three ways that you like to de-stress or relax!



Neatly join the word of the day 5 times.

Do something kind for someone!

Can you spot any mistakes?

Write down the 4X Table.

Quick Maths

Use <, > or = to complete the equation.

$$44.2 \square 2.44$$

$$34 + 9 \square 50 - 6$$

$$22 \times 2 \square 11.5 \times 4$$