

Outdoors Spring Fun



How many yellow flowers can you see?

Look out for birds flying with nest materials in their beaks.

With one hand, stretch up to reach to branch of a tree and bring your hand down. With the other hand stretch to reach the same branch.

Try your first hand again. Does it feel different the second time?

Wet the sole of your shoe in a puddle.

Make a perfect watery footprint on a hard surface.

Frame a favourite view (close up or far away) with your fingers.

Find the food. How many different kinds of food (not for humans) can you see?

Name 5 things on your walk that tell you that it is spring time.

Find a tree or a large shrub and give it a (silly?) name. Make sure you say 'hello' each time you pass.

Spot the baby plants, pets, birds ...

Measure the distance around a tree trunk or a post using only your arms and hands.

Can you reach around to allow your fingers to meet on the other side?

Walk without stepping on the cracks.

Find something egg shaped that is not an egg.

Touch your toes. (You choose how much you bend your knees.) Try this for a few days in a row. Does it harder or more easy?

Stand still. How many pieces of litter can you see without turning around.

Look out for shop window displays. How many spring displays have you spotted?

Which is your favourite?

Walk stepping **only** on the cracks.

Find a stick no longer than the distance between the tip of you longest finger and the end of you elbow.

This is your wand.

Cast a spell to make the leaves grow.

Check to see if your spell worked the next time you are out for a walk.

Which way is the wind blowing? How do you know?

Find a line on the ground. This is a tightrope. Don't fall off!

With 2 sticks, beat out the rhythm of your favourite tune on a tree trunk or on the ground.

Here are some easy activities to try outdoors. You don't need any resources. Choose which activities you want to try, repeat the ones you like and ... have fun!