

# **Curriculum Outdoors**

Curricular Area: RME - Christianity Practice and Traditions



### **Experience and Outcomes**

I am increasing my knowledge and understanding of different forms of Christian worship and artefacts and can explain their importance for Christians. **RME 2-03a** 

# Learning Outcome

Pupils will be able to describe the benefits of walking meditation in their own terms and its importance in Christian tradition and others.

#### Resources

- open space
- labyrinth leaflet for teacher information
- image of labyrinth layout for pupil use
- lengths of rope
- chalk



# Activity Design and Make a Labyrinth

- 1. Introduce labyrinths and establish pupil prior knowledge (Anyone been to the labyrinth at Dumfries House?).
- Go on a quite walk around the perimeter of the school grounds. Ask
  pupils how it felt. Introduce the idea of walking as meditation and
  explain labyrinths are a way of allowing meditative walk in small
  space.
- 3. Using labyrinth layout cards and lengths of rope, pupils layout simplified labyrinth design on ground (tarmac if possible)- begin by marking out the central area and make 3 circuits to get to outer edge of labyrinth.
- 4. Pupils practise walking the labyrinth and make adjustments as required.
- 5. Once satisfied with design, photograph and trace out with chalk.
- 6. Pupils rotate around to experience other designs.

<u>Extension</u> - Pupils draw designs for more permanent labyrinth to be laid out in school grounds for others to use. This might be a pattern mown into the grass or marked on tarmac.

## Assessment

#### Peer assessment:

Pupils rotate around the various labyrinths and try them out. Feedback to the designers.

Was the path laid out clearly?

Were there any dead ends?

Was the path wide enough to walk along but narrow enough that you had to think carefully about where you placed your feet?

#### Teacher assessment:

Pupils describe why a labyrinth might be a place where someone returns to when they need time to think through a problem.