



## **International Family Day 15 May 2020**

## Family John Muir Award during COVID19

Donna and her family recently begun working towards their John Muir Family Award right here in East Ayrshire. Oscar attends Fenwick Early Childhood Centre and as a family wanted to build on what he had been learning at nursery.

Why you chose to use the John Muir Award? "I chose the John Muir Award because it was an award I recognised, was familiar with and I felt it would reinforce what my son had been learning at nursery school. I was over the moon to find out that there was a section specifically for families, we would be spending more time than ever before together, and this would give us a family focus."

What it has encouraged your family to do more of? "It has encouraged us to actually look at where we wander, take time to take in the areas around us and not just use them as a place to walk. We have stopped and spent far more time actually in nature observing."

Has it made a difference to the family during lockdown? "I think the difference has been the focus it has given us. Instead of simply saying let's go for a walk, we are all more enthused to go out and learn or do an activity outdoors. It has also given us a goal and something to work towards that positively benefits us all for the future."

Have you noticed any changes in the family? "Oscar is much more conscious of the nature around him. He is the one who stops us and asks us to look at something. He stopped in the middle of the field the other day and wanted to lie in the long grass and look at the clouds."



For more of what the family have been doing to achieve their John Muir Family Award search for Westlin walk Wanderers here Record E Book

Here is a case study on further Family John Muir Award activity in East Ayrshire <u>case study</u>

If you are interested in working towards a John Muir Award please e mail info@johnmuiraward.org

For activity ideas outdoors **Learning Outdoor Support Team** 

"We love this one as Oscar was skipping along without a care in the world." Oscars Mum and Dad

