

Go on a litter pick or beach clean

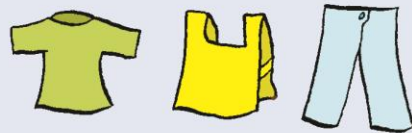
You will need:

- an adult helper
- a group of friends (optional but useful!)

- thick gardening gloves 

- strong bin bags 

- brightly coloured clothes (for visibility near roads)



- suitable footwear (sturdy boots for rocky beaches)



Ask an adult to take you on a litter pick or beach clean.

Ask an adult if you're not sure whether to pick something up.

Things to avoid

- broken glass
- sharp objects
- dog poo bags
- anything dirty or dangerous
- large or heavy rubbish
- bottles of liquid



Try not to overfill bags to avoid splitting.



You could try separating litter into different bags for recycling.

