

Duke of Edinburgh

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A Duke of Edinburgh programme is a real adventure from beginning to end. It doesn't matter who you are or where you are from: you just need to be aged between 14 and 24 and realise there's more to life than sitting on a sofa watching life passing you by.

You can do programmes at three levels which, when completed, lead to a Bronze, Silver or Gold Duke of Edinburgh Award. All levels of qualification require completion of four units: Volunteering, Physical, Skills and Expedition. The time required for each unit varies according to the level of qualification being completed.

The best bit is - you get to choose what you do. Your programme can be full of activities and projects that get you buzzing, and along the way, you'll pick up experiences, friends and talents that will stay with you for the rest of your life. Achieving an Award will give you skills, confidence and a view on life that everyone is looking for, from employers to colleges and universities.