

















Dishes & Their Allergens



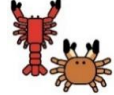











Catering Allergy Guide - Primary Menu

2024/25

DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 1 Monday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Lentil soup (V)	✓													
Chilli Beef Nachos	✓						* Nachos		* Nachos			* Nachos	* Nachos	
Cheese & tomato pizza & potato wedges		✓ wheat/gluten		* Pizza base			✓							
Super Tastes Tasty Tray with turkey		✓ wheat/gluten											✓	
Salad bar														
50/50 bread		✓ wheat/gluten											✓	
Yoghurt							✓							
Fruit														
Special Diets / Allergies (bespoke to individual child who MUST have gone through the <u>Special Diet Request Process</u>. We try to keep our recipes allergen friendly.														
* May contain traces of this allergen														















DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 1 Tuesday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tomato soup (V)	✓													
Katsu curry with rice		✓ wheat/gluten											✓	
Beans on toast		✓ wheat/gluten											✓	
Super Tattie's Tasty Tray with gammon sandwich		✓ wheat/gluten											✓	
Salad bar														
50/50 bread		✓ wheat/gluten											✓	
Chocolate cookie		✓ wheat/gluten		✓			*						*	
Yoghurt							✓							



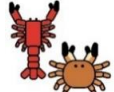











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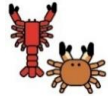











DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 1 Wednesday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Super Tattie soup (V)	✓													
Roast chicken, Yorkshire pudding, mashed potato & seasonal veg	✓	✓ wheat/gluten yorkshire		✓ yorkshire			✓ yorkshire							
Cheese toastie		✓ wheat/gluten					✓						✓	
Coleslaw				✓										
Super Tattie's Tasty Tray with tuna salad wrap		✓ wheat/gluten		✓	✓									
50/50 bread		✓ wheat/gluten											✓	
Selection of fruit														
Yoghurt							✓							
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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 1 Thursday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Lentil soup (V)	✓													
Fish, chips		✓ wheat/gluten			✓									
Vegan dippers, chips & salad bar		✓ wheat/gluten							✓					
Tasty Tray with egg mayo sandwich		✓ wheat/gluten		✓									✓	
50/50 bread		✓ wheat/gluten											✓	
Custard							✓							
Vanilla sponge		✓ wheat/gluten		✓										
Yoghurt							✓							
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








DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 1 Friday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Vegetable Broth	✓	✓ barley/gluten												
Sausage sizzler, diced potato & salad bar		✓ wheat/gluten												✓
Tomato pasta & salad bar	✓	✓ wheat/gluten							*				*	
Super Tattie's Tasty Tray with cheese roll (V)		✓ wheat/gluten		*			✓						*	
50/50 bread		✓ wheat/gluten											✓	
Yoghurt							✓							
Ice cream & fruit							✓							















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





DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 2 Monday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Super Tattie soup	✓													
Macaroni & peas		✓ wheat/gluten					✓		✓				*	
Crusty Bread		✓ wheat/barley										*		
Baked potato & coleslaw				✓										
Baked potato & cheese							✓							
Baked potato & tuna				✓	✓									
Super Tattie's Tasty Tray with turkey baguette		✓ wheat /barley										*		
50/50 bread		✓ wheat/gluten											✓	
Crackers & cheese		✓ wheat/gluten					✓							
Yoghurt							✓							
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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 2 Tuesday 2024-2025

														
DISHES	Celery	Cereals contain g Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Lentil soup (V)	✓													
Pork sausages in gravy	✓	✓ wheat/gluten												✓
Mashed Potato														
Beans														
Cheese panini & salad bar		✓ wheat/gluten					✓					*		
Super Tattie's Healthy Tray with tuna mayo roll		✓ wheat/gluten		✓	✓		*						*	
50/50 bread		✓ wheat/gluten											✓	
Yoghurt							✓							
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








DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 2 Wednesday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Vegetable Broth soup (V)	✓	✓ barley/gluten												
Chicken fajitas & salad bar		✓ wheat/gluten												
Vegan sausage roll & beans		✓ wheat/gluten												
Super Tattie's Tasty Tray with cheese sandwich		✓ wheat/gluten					✓						✓	
50/50 bread		✓ wheat/gluten											✓	
Yoghurt							✓							
Chocolate and Beetroot Cake		✓ wheat/gluten		✓										
Custard							✓							















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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 2 Thursday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tomato soup	✓													
Fish, chips		✓ wheat/gluten			✓									
Vegan nuggets, chips & salad bar		✓ wheat/gluten							✓					
Super Tattie's Tasty Tray with tomato pasta	✓	✓ wheat/gluten							*				*	
50/50 bread		✓ wheat/gluten											✓	
Scones and Jam & jam		✓ wheat/gluten		✓			✓							✓
Yoghurt							✓							
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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 2 Friday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Lentil soup (V)	✓													
Steak pie, mashed potato	✓	✓ wheat/gluten pastry												
Vegetable lasagne & salad bar		✓ wheat/gluten					✓		*				*	
Crusty Bread		✓ wheat/barley										*		
Super Tattie's Tasty Tray with gammon sandwich		✓ wheat/gluten											✓	
50/50 bread		✓ wheat/gluten											✓	
Yoghurt							✓							
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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 3 Monday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Vegetable broth soup	✓	✓barley/gluten												
Beefburger in a bun with potato wedges & salad bar		✓ wheat/gluten burger and bun										✓ bun		✓ burger
Macaroni cheese, & peas		✓ wheat/gluten					✓		✓				*	
Crusty bread		✓ wheat/barley										*		
Super Tattie's Tasty Tray with Chicken mayo roll		✓ wheat/gluten		✓			*						*	
50/50 bread		✓ wheat/gluten											✓	
Yoghurt							✓							

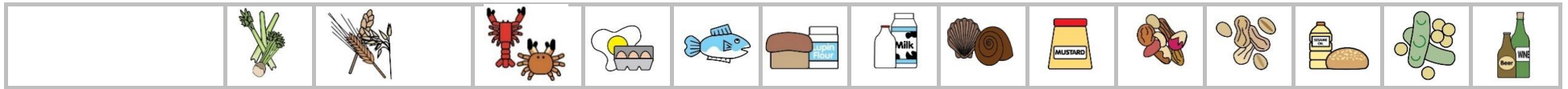
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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 3 Tuesday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Lentil soup (V)	✓													
Sweet & sour chicken & rice with salad bar	✓	✓ wheat/barley											✓	
Vegan sausage roll & beans (V)		✓ wheat/gluten												
Tasty Tray with tuna mayo sandwich		✓ wheat/gluten		✓	✓								✓	
50/50 bread		✓ wheat/gluten											✓	
Lemon drizzle sponge		✓ wheat/gluten		✓										✓
Custard							✓							
Yoghurt							✓							
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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 3 Wednesday 2024-2025

















DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 3 Wednesday 2024-2025

DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Super Tattie soup	✓													
Fish, chips & peas		✓ wheat/gluten			✓									
Pizzini & salad bar		✓ wheat/gluten					✓							
Super Tattie's Tasty Tray with egg mayo sandwich		✓ wheat/gluten		✓									✓	
50/50 bread		✓ wheat/gluten											✓	
Yoghurt							✓							















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








DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 3 Thursday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tomato soup (V)	✓													
Homemade spicy chicken pizza, potato wedges & salad bar		✓ wheat/gluten		* pizza base			✓							
Quorn shepherds pie & carrots	✓	✓wheat/barley		✓										
Super Tattie's Tasty Tray with cheese sandwich		✓ wheat/gluten					✓						✓	
50/50 bread		✓ wheat/gluten											✓	
Jelly & fruit														
Yoghurt							✓							
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DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 3 Friday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Lentil soup (V)	✓													
Lasagne & salad bar	✓	✓							*				*	
Crusty Bread		✓ wheat/barley										*		
Salmon fingers, herby diced potatoes & cucumber sticks					✓									
Super Tattie's Tasty Tray with turkey sandwich		✓ wheat/barley											✓	
50/50 bread		✓ wheat/barley											✓	
Sorbet & Fruit														
Yoghurt							✓							
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

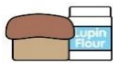
DISHES AND THEIR ALLERGEN CONTENT - East Ayrshire Primary School - Week 3 Friday 2024-2025

														
DISHES	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Shortbread		✓ wheat/gluten												
Oat Biscuit		✓ Wheat Barley Oat												
Chocolate Cookie-Middleton		✓ wheat/gluten		✓			*						*	
Plain Cookie-Middleton		✓ wheat/gluten		✓			✓						*	
Empire Biscuit		✓ wheat/gluten												✓
Chocolate Muffin		✓ wheat/gluten		✓			✓						*	

Special Diets / Allergies (bespoke to individual child who MUST have gone through the [Special Diet Request Process](#). We try to keep our recipes allergen friendly.









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DISHES AND THEIR ALLERGEN CONTENT

						
DISHES	Celery	Cereals containin g Gluten	Crustacea ns	Eggs	Fish	Lupin
Dairy Free Cheese						
Gluten Free Pasta						
Gluten Free Panini				*		
Gluten Free Burger Bun Roll						✓
Gluten Free Pizza Base						
HALAL Sausages		✓ wheat/gluten				
HALAL Beefburger		✓ wheat/gluten				
Gluten Free Burger Roll						✓

Special Diets / Allergies (bespoke to individual child who MUST have gone through the

*** May contain traces of this allergen**

							
Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
		*				✓	
		*				*	
							✓
							✓
		*				*	

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