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WEEK ONE				
Monday	Tuesday	Wednesday	Thursday	Friday
Lentil soup 		Fresh tomato soup 		Selection of melon
Steak mince & creamy mashed potato	Homemade cheese & tomato pizza 	Cheese panini & potato wedges 	Premium pork sausage in a soft finger roll	Fish goujons & chips
Roasted vegetable couscous 	Creamy chicken pasta 	Quorn lasagne & garlic bread 	Pasta in a fresh tomato sauce 	Vegetable fingers & savoury rice 
Fresh broccoli Grated carrot	Mixed vegetables Coleslaw	Fresh carrots Sliced mixed peppers	Mixed salad Spicy onions	Peas Beetroot
	Pineapple upside down cake with custard		Chocolate ice cream & fruit	

WEEK TWO				
Monday	Tuesday	Wednesday	Thursday	Friday
Fresh tomato soup 		Selection of melon 		Lentil soup 
Pork sausages & creamy mashed potato	Fish goujons & chips	Steak pie with creamy mashed potato	Chicken meatballs in tomato sauce with pasta	Macaroni in a creamy cheese sauce & garlic bread 
Stir fry vegetable rice 	Baked potato & baked beans 	French bread pizza 	Lentil & sweet potato korma with brown rice 	Chicken & pineapple with brown rice 
Cabbage Sweetcorn	Peas Mixed salad	Cauliflower Fresh grated carrot	Broccoli Beetroot	Fresh carrots Cucumber ribbons
	Chocolate & banana sponge with custard		Coconut sponge with custard	

WEEK THREE				
Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable soup 		Fresh tomato soup 		Selection of melon 
Salmon nibbles & savoury rice	Vegetarian sausage roll & beans 	Breaded chicken grill in a bun 	Fish goujons & chips	Breaded chicken with brown rice in a mild katsu sauce 
Beefburger & potato wedges	Chinese style chicken curry 	Baked potato with cheese & coleslaw 	Homemade cheese & tomato pizza 	Vegetable fingers with corn nachos & salsa 
Corn on the cob Sliced peppers	Spicy onions Mixed salad	Peas Beetroot	Mixed vegetables Coleslaw	Broccoli Grated carrots
	Chocolate pear sponge with custard		Mini scones & jam	

Fresh fruit and vegetables will be in accordance with seasonal availability.

All meals are served with 2 vegetable garnishes.

All meals are freshly cooked using local suppliers produce.

All soups are vegetarian and vegan and made fresh daily.

Menu choice can be adapted to suit dietary requirements, please contact/inform child's Early Childhood Centre.

Vegetarian 

Vegan 

Halal 

