



★ Early Years Home Learning ★

Confidence, Creativity and Curiosity Memory Mobile



This is best:



Materials

You may need:

- Branch/ stick/ wooden spoon
- Wool/ string/ ribbon
- pine cones, pictures of people or small drawings.
- Leaves, flowers

The basic idea:

Create a memory mobile with your child from items around the home, garden or from a walk in the woods or park. Use a branch, stick or wooden spoon. Decorate it with wool, string or ribbon. Dangle things that are special to your child, pine cones, pictures of people or small drawings, leaves, flowers you find together.

Tips to support your child:

- Tune into the world around you, use your senses touch, smell and look closely at items. Ask what makes them special to your child, is there a special memory attached to these items? Share memories you have of special friends or outings.
- Share what you know, or look up information about nature, look at the textures, count petals on flowers.
- Breathe on the mobile with your child and look at the movement of the mobile when the wind blows.
- It might be a good idea to re-visit these conversations during their bedtime routine, or once a week so they can add things to the mobile as time passes.

How this benefits your child:

- The activity will encourage conversation between you and your child about positive feelings. What makes them happy, people they love, friendships or thoughts about what they like about themselves? Positive reflection can benefit both parents and child.
- Being creative together with a range of materials expressing thoughts and feelings through art and design.

Make this simpler...

Go for a walk around the house, take time in each room to notice special things and talk about them - this could be a photo of them as a baby, a special holiday, or perhaps a toy they particularly love. Talk about their feelings when they look at the photos or hold the toy.

Make this more challenging...

Create a scrap book of special memories. You could include things like flowers or leaves collected on walks, tickets from a cinema trip or photos of a special event. Ask your child to have a go at drawing a picture of what they did or writing about their memory. Encourage your child to talk about what they have written, even when they are just beginning to mark make and any letters are not yet clear.

**"The fun is in the journey,
not the end result!"**



Top tip from our Speech and Language Therapy Partners:

Being face to face with your child helps them develop their interaction and communication skills.

Follow your child's lead. Watch carefully what your child is looking at and say the word for that object. "If you follow a child's lead they get the language that they need".

