



Amid the digital buzz, we're excited to present an invaluable **free** resource from children's mental health charity, Place2Be, that promises to make a positive impact for your pupils and families.

Introducing [Place2Be's Parenting Smart website](#) – a one-stop hub for empowering parents with expert insights, actionable advice, and illustrative videos. It's the compass they need to navigate the intricate world of parenting and compiled in an extremely accessible format.



#### ***Ever thought of Childminding as a Career?***

East Ayrshire Council provides FREE pre-registration training and support to people living in East Ayrshire who are interested in becoming a childminder. The training provides assistance and support to meet the requirements set out by the Care Inspectorate. The training includes:

- Aims and Objectives, Complaints Procedure, Open Access and confidentiality
- Risk Assessment, Emergency Procedures, Fire Safety, Accidents and incidents
- Play Activities, Record Keeping, Equal Opportunities
- Personal Plans for Children
- Promoting Positive Behaviour
- Basic Awareness of Child Protection
- The Business Side of Childminding

Contact - [lauraine.sinclair@east-ayrshire.gov.uk](mailto:lauraine.sinclair@east-ayrshire.gov.uk)



### **Do you know?**

**Those who meet certain qualifying criteria  
can apply for**

**Free School Meals and a Clothing Grant!**

### **Free School Meals**

You may qualify even if you are working, if you have a low income and meet qualifying benefit levels. All pupils in Primary 1 to Primary 5 and specialist provision centres will receive free school meals. However, everyone should also apply when they meet low-income criteria, from Primary 1 to Secondary Year 6, as you may also receive holiday entitlements too. If your child qualifies for Free School Meals then they would be entitled to receive a two course meal worth £2.15 per day.

### **Clothing Grant**

If you qualify for a School Clothing Grant you are entitled to an award of £120 per child attending Primary School and £150 per child attending Secondary School. This

is usually only paid once a year. **If your child continues with their studies into 5/6th year, any qualifying award for Free School Meals and/or Clothing Grant will not be finalised until they return in August 2023.**

Check if you qualify and to apply online at –

<https://www.east-ayrshire.gov.uk/CouncilAndGovernment/Benefits/Benefits-EducationAndSchool/Clothing-grants-and-free-school-meals/Clothing-grants-and-free-school-meals.aspx>

### **Child Benefit when your child reaches 16 years**

Your Child Benefit stops on 31 August on or after your child's 16th birthday if they leave education or training. **It continues if they stay in approved education or training, but you must tell the Child Benefit Office.**

You need to confirm their plans to stay in approved education or training to continue to receive Child Benefit.

For more information visit -

<https://www.gov.uk/child-benefit-16-19>

### **Education Maintenance Allowance (EMA)**

Education Maintenance Allowance (EMA) gives financial support to eligible 16 to 19 year olds who want to continue learning.

You may also be eligible for EMA if you are on an Activity Agreement placement.

**EMA is a weekly payment of £30 for students who are planning to continue in post-compulsory education from August 2023.**

Payments are made directly into your bank account.

#### **Autumn intake**

If your date of birth falls between **1 March 2004** and **30 September 2007**, you may be eligible for an EMA from the start of the academic year 2023/24.

Visit -

<https://www.east-ayrshire.gov.uk/CouncilAndGovernment/Benefits/Benefits-EducationAndSchool/Schools-MaintenanceGrants/EducationMaintenanceAllowance.aspx>



## School Meal Crunch Deal – beating the crunch with a school lunch









The Council is reducing the cost of a school meal for P6 and P7 pupils, who pay for their school meal, to £1.08.

This special deal will run from August 2023 to June 2024. The same menu options will be available and our school meals will be freshly prepared each day, using quality ingredients from local suppliers.

# PRIMARY MENU 2023-24

## WEEK ONE














MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY <i>(meat free day)</i>
Lentil soup ✓	Vegetable broth ✓	Super Tattie soup ✓	Lentil soup ✓	Vegetable soup ✓
All soups are vegan and made daily.				
Steak mince pie, mashed potato & carrots	Chicken goujons, potato wedges & salad bar 🚫	Hotdog, potato wedges & salad bar	Roast chicken, Yorkshire pudding, mashed potato & broccoli 🚫	Fish, chips & mushy peas
Cheese toastie & coleslaw ✓	Vegetarian haggis, neeps & tatties ✓	Tomato pasta & sweetcorn ✓	Cheese & tomato pizza, potato wedges & salad bar ✓	Vegan dippers, chips & salad bar ✓
Salad bar with fresh salad selection available for pupils to choose from daily. All meals are served with fresh vegetables, a piece of fruit, organic milk or water. Fresh fruit & vegetables are seasonal.				
<b>Super Tattie's Tasty Tray</b> Tuna pasta 	<b>Super Tattie's Tasty Tray</b> Ham sandwich	<b>Super Tattie's Tasty Tray</b> Chicken mayo sandwich 	<b>Super Tattie's Tasty Tray</b> Tuna mayo roll	<b>Super Tattie's Tasty Tray</b> Savoury cheese sandwich ✓
<b>Super Tattie's Tasty Tray</b> Pupils can choose one other item which may include soup/piece of fruit/yoghurt or healthy baking.				
Selection of Fruit/yoghurt	Strawberry ice cream & fruit	Natural yoghurt & berry sundae	Peach melba sponge & custard	Selection of fruit/yoghurt
Menu choice can be adapted to suit special dietary requirements, please contact/inform child's school.				
 Vegetarian ✓  Vegan ✓  Halal 🚫   				



# PRIMARY MENU 2023-24

## WEEK TWO










MONDAY	TUESDAY	WEDNESDAY	THURSDAY <i>(meat free day)</i>	FRIDAY
Super Tattie soup ✓	Lentil soup ✓	Vegetable soup ✓	Vegetable broth ✓	Lentil soup ✓
All soups are vegan and made daily.				
Macaroni, garlic bread & peas ✓	Pork sausages, mashed potato & turnip	Chicken meatballs in tomato sauce, spaghetti & salad bar	Fish, chips & mushy peas	Steak pie, mashed potato & broccoli/cauliflower
Vegan sausage roll & beans ✓	Stir fry vegetable noodles & salad bar ✓	Vegetable curry, rice & salad bar ✓	Baked potato & beans ✓	Vegan nuggets, potato wedges & salad bar ✓
Salad bar with fresh salad selection available for pupils to choose from daily. All meals are served with fresh vegetables, a piece of fruit, organic milk or water. Fresh fruit & vegetables are seasonal.				
<b>Super Tattie's Tasty Tray</b> Chicken mayo baguette 	<b>Super Tattie's Tasty Tray</b> Tuna mayo roll 	<b>Super Tattie's Tasty Tray</b> Salmon sandwich	<b>Super Tattie's Tasty Tray</b> Tomato pasta 	<b>Super Tattie's Tasty Tray</b> Gammon sandwich 
<b>Super Tattie's Tasty Tray</b> Pupils can choose one other item which may include soup/piece of fruit/yoghurt or healthy baking.				
Natural yoghurt & berry sundae	Crackers & cheese	Selection of fruit/yoghurt	Chocolate & pear sponge & custard	Selection of fruit/yoghurt
Menu choice can be adapted to suit special dietary requirements, please contact/inform child's school.				
 Vegetarian ✓  Vegan ✓  Halal 				
  				

# PRIMARY MENU 2023-24

## WEEK THREE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY <i>(meat free day)</i>
Vegetable soup ✓	Lentil soup ✓	Super Tattie soup ✓	Vegetable soup ✓	Lentil soup ✓
All soups are vegan and made daily.				
Spaghetti bolognese & peas	Chicken curry, rice & sweetcorn 	Beefburger in a bun, potato wedges & salad bar	Homemade pepperoni pizza, potato wedges & salad bar	Fish, chips & mushy peas
Vegetable fingers, savoury rice & salad bar ✓	Vegetarian sausage rolls & beans ✓	Macaroni cheese, garlic bread & salad bar ✓	Quorn chow mein & carrots ✓	Beans on toast ✓
Salad bar with fresh salad selection available for pupils to choose from daily. All meals are served with fresh vegetables, a piece of fruit, organic milk or water. Fresh fruit & vegetables are seasonal.				
<b>Super Tattie's Tasty Tray</b> Coronation chicken sandwich 	<b>Super Tattie's Tasty Tray</b> Gammon & cheese roll	<b>Super Tattie's Tasty Tray</b> Tuna mayo sandwich 	<b>Super Tattie's Tasty Tray</b> Chicken mayo pasta pot 	<b>Super Tattie's Tasty Tray</b> Savoury cheese sandwich ✓
<b>Super Tattie's Tasty Tray</b> Pupils can choose one other item which may include soup/piece of fruit/yoghurt or healthy baking.				
Selection of Fruit/yoghurt	Jam & coconut sponge & custard	Selection of fruit/yoghurt	Angel delight & fruit	Natural yoghurt & berry sundae
Menu choice can be adapted to suit special dietary requirements, please contact/inform child's school.				
 Vegetarian ✓  Vegan ✓  Halal 