



Parenting

Smart

Amid the digital buzz, we're excited to present an invaluable **free** resource from children's mental health charity, Place2Be, that promises to make a positive impact for your pupils and families.

Introducing <u>Place2Be's Parenting Smart website</u> – a one-stop hub for empowering parents with expert insights, actionable advice, and illustrative videos. It's the compass they need to navigate the intricate world of parenting and compiled in an extremely accessible format.

Ever thought of Childminding as a Career?

East Ayrshire Council provides FREE pre-registration training and support to people living in East Ayrshire who are interested in becoming a childminder. The training provides assistance and support to meet the requirements set out by the Care Inspectorate. The training includes:

- Aims and Objectives, Complaints Procedure, Open Access and confidentiality
- Risk Assessment, Emergency Procedures, Fire Safety, Accidents and incidents
- Play Activities, Record Keeping, Equal Opportunities
- Personal Plans for Children
- Promoting Positive Behaviour
- · Basic Awareness of Child Protection
- The Business Side of Childminding

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Do you know?

Those who meet certain qualifying criteria can apply for

Free School Meals and a Clothing Grant!

Free School Meals

You may qualify even if you are working, if you have a low income and meet qualifying benefit levels. All pupils in Primary 1 to Primary 5 and specialist provision centres will receive free school meals. However, everyone should also apply when they meet low-income criteria, from Primary 1 to Secondary Year 6, as you may also receive holiday entitlements too. If your child qualifies for Free School Meals then they would be entitled to receive a two course meal worth £2.15 per day.

Clothing Grant

If you qualify for a School Clothing Grant you are entitled to an award of £120 per child attending Primary School and £150 per child attending Secondary School. This

is usually only paid once a year. If your child continues with their studies into 5/6th year, any qualifying award for Free School Meals and/or Clothing Grant will not be finalised until they return in August 2023.

Check if you qualify and to apply online at –

https://www.east-ayrshire.gov.uk/CouncilAndGovernment/Benefits/Benefits-EducationAndSchool/Clothing-grants-and-free-school-meals/Clothing-grants-and-free-school-meals.aspx

Child Benefit when your child reaches 16 years

Your Child Benefit stops on 31 August on or after your child's 16th birthday if they leave education or training. It continues if they stay in approved education or training, but you must tell the Child Benefit Office.

You need to confirm their plans to stay in approved education or training to continue to receive Child Benefit.

For more information visit -

https://www.gov.uk/child-benefit-16-19

Education Maintenance Allowance (EMA)

Education Maintenance Allowance (EMA) gives financial support to eligible 16 to 19 year olds who want to continue learning.

You may also be eligible for EMA if you are on an Activity Agreement placement.

EMA is a weekly payment of £30 for students who are planning to continue in post-compulsory education from August 2023.

Payments are made directly into your bank account.

Autumn intake

If your date of birth falls between 1 March 2004 and 30 September 2007, you may be eligible for an EMA from the start of the academic year 2023/24.

Visit -

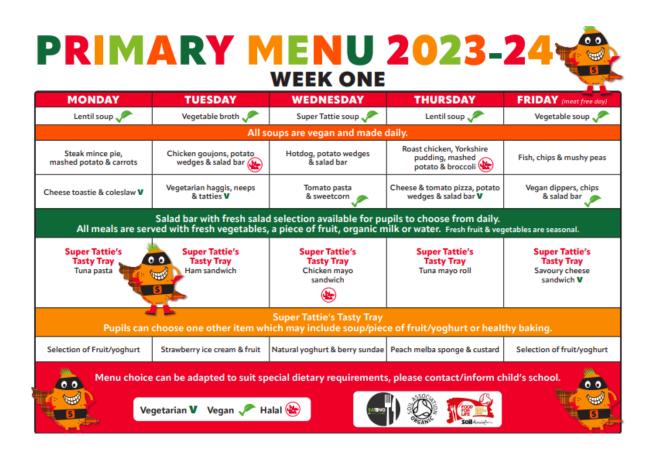
https://www.east-ayrshire.gov.uk/CouncilAndGovernment/Benefits/Benefits-EducationAndSchool/Schools-MaintenanceGrants/EducationMaintenanceAllowance.aspx



School Meal Crunch Deal – beating the crunch with a school lunch

The Council is reducing the cost of a school meal for P6 and P7 pupils, who pay for their school meal, to £1.08.

This special deal will run from August 2023 to June 2024. The same menu options will be available and our school meals will be freshly prepared each day, using quality ingredients from local suppliers.



PRIMARY MENU 2023-24 **WEEK TWO**



PRIMARY MENU 2023-24



WEEK THREE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY (meat free day)	
Vegetable soup 🥟	Lentil soup 🥟	Super Tattie soup 🛹	Vegetable soup 🛹	Lentil soup 🥟	
	All so	oups are vegan and made	daily.		
Spaghetti bolognese & peas	Chicken curry, rice & sweetcorn	Beefburger in a bun, potato wedges & salad bar	Homemade pepperoni pizza, potato wedges & salad bar	Fish, chips & mushy peas	
Vegetable fingers, savoury rice & salad bar	Vegetarian sausage rolls & beans	Macaroni cheese, garlic bread & salad bar V	Quorn chow mein & carrots V	Beans on toast	
Salad bar with fresh salad selection available for pupils to choose from daily. All meals are served with fresh vegetables, a piece of fruit, organic milk or water. Fresh fruit & vegetables are seasonal.					
Super Tattie's Tasty Tray Coronation chicken sandwich	Super Tattie's Tasty Tray Gammon & cheese roll	1111/ 1111/	Super Tattie's Tasty Tray Chicken mayo pasta pot	Super Tattie's Tasty Tray Savoury cheese sandwich V	
Pupils can	choose one other item wh	Super Tattie's Tasty Tray ich may include soup/piec	e of fruit/yoghurt or heal	thy baking.	
Selection of Fruit/yoghurt	Jam & coconut sponge & custard	Selection of fruit/yoghurt	Angel delight & fruit	Natural yoghurt & berry sundae	
	e can be adapted to suit spo getarian V Vegan <i>P</i> Ha	ecial dietary requirements	s, please contact/inform c	hild's school.	