

Guide to Identifying Outbreaks

Education Settings and Early Years

If you are concerned about a communicable disease outbreak or if you would like to report a notifiable disease, please complete the Route of Contact Document and return to HPTeam@aapct.scot.nhs.uk. Please state the Education setting name and the suspected or confirmed disease within the title of the email.

For urgent queries please contact 01292 885858.

Scan the QR codes with your mobile device to access the guidance documents online



NHS Inform
Clinical information on all illnesses and disease



The Green Book
Information on immunisation for communicable disease



NHS Ayrshire & Arran
The most up to date electronic version of this poster and supporting leaflet

Rashes & Skin Infections

Infection	Recommended time to be kept away from School or Childcare setting	Who to contact, or advise contact with for Parent's/Guardians?
Athletes Foot	None	Pharmacist/GP
Chickenpox	Five days from onset of rash	For individual cases please advise help from GP/Pharmacist. For clusters of cases, please contact the Health Protection Team. *Please refer to route of contact document
Cold Sores (Herpes Simplex)	None	Pharmacist/GP
German Measles (Rubella)	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Hand, foot and mouth	None	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Impetigo	Until lesions are crusted and healed or 48 hours after starting antibiotic treatment	Pharmacist/GP
Measles	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Molluscum contagiosum	None	Pharmacist/GP
Ringworm	Exclusion not usually required	Pharmacist/GP
Roseola (infatum)	None	Pharmacist/GP
Scabies	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Scarlet fever	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Slapped cheek/fifth disease/ Parvovirus B19	None (once rash has developed)	Pharmacist/GP
Shingles	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Warts and Verrucas	None	Pharmacist/GP

Diarrhoea & Vomiting Illness

Infection	Recommended time to be kept away from School or Childcare setting	Who to contact, or advise contact with for Parent's/Guardians?
Gastro symptoms, Diarrhoea and/or vomiting	48 hours from last episode of diarrhoea or vomiting	For individual cases please advise help from GP/Pharmacist. For clusters of cases, please contact the Health Protection Team. *Please refer to route of contact document
E.coli 0157 STEC, Typhoid * [and paratyphoid*] (enteric fever), Shigella (bacillary dysentery)	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases. *Please refer to route of contact document
Cryptosporidiosis and Giardiasis	48 hours from last episode of diarrhoea. Exclude from swimming for 2 weeks after last episode of diarrhoea	Please contact the Health Protection Team for all cases *Please refer to route of contact document

Other Infections

Infection	Recommended time to be kept away from School or Childcare setting	Who to contact, or advise contact with for Parent's/Guardians?
Conjunctivitis	None	For individual cases please advise help from GP/Pharmacist. For clusters of cases, please contact the Health Protection Team *Please refer to route of contact document
Diphtheria	None	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Glandular fever	None	Pharmacist/GP
Head lice	None	Pharmacist/GP
Hepatitis A	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Hepatitis B	None	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Hepatitis C	None	Please contact the Health Protection Team for all cases *Please refer to route of contact document
HIV/AIDS	None	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Meningococcal Meningitis/Septicaemia	Until recovered	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Meningitis, due to other bacteria	Until recovered	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Meningitis viral	None	Please contact the Health Protection Team for all cases *Please refer to route of contact document
MRSA	None	For individual cases please advise help from GP/Pharmacist. For clusters of cases, please contact the Health Protection Team *Please refer to route of contact document
Mumps	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Worm infestations (including hookworm, roundworm, tapeworm, threadworm and whipworm)	None	Pharmacist/GP
Tonsillitis	None	Pharmacist/GP

Respiratory Infections

Infection	Recommended time to be kept away from School or Childcare setting	Who to contact, or advise contact with for Parent's/Guardians?
COVID-19/Suspected COVID-19	For details regarding exclusion from school and/or isolation, please refer to the most up to date Scottish Government COVID-19 Guidance	Please contact the Health Protection team if: <ul style="list-style-type: none"> 1 or more Pupils or Staff are admitted to hospital. If the rate of absence due to confirmed COVID-19 or suspected COVID-19 is 30% or higher of school role (inc staff) in mainstream Education. If there are 5 or more suspected or confirmed cases within an ASN setting of Pupils/Students who have severe and complex needs and/or are clinically vulnerable. *Please refer to route of contact document
Flu (Influenza)	Until Recovered	For individual cases please advise help from GP/Pharmacist. For clusters of cases, please contact the Health Protection Team *Please refer to route of contact document
Tuberculosis	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document
Whooping Cough (Pertussis)	Contact Health Protection prior to giving out advice	Please contact the Health Protection Team for all cases *Please refer to route of contact document