

My name is Karen Connor,

I am the Community Practitioner for Hurlford.

These are my contact details:

Mobile - 07423749324

Email – [karen.connor@east-ayrshire.gov.uk](mailto:karen.connor@east-ayrshire.gov.uk)

I can be contacted on Monday and Tuesday from 10.00 am till 3.00 pm

**If I’m not available, please contact my Lead Community Practitioner, Liz Baird**

**(details below)**



What I can help with?

\*Bedtime routines \*Creating and maintaining boundaries

\*Challenging behaviours \*Behavioural expectations

\*Toilet training

\*Weaning \*Fussy eating \*Cooking \*Budgeting

\*Communication & Language — SPARK/4 Is to Socialise

\*Parent Groups — Bookbug/Families Connect/PEEP

\*One-to-one support \*Emotional support

\*Telephone Support





This is Liz Baird, my Lead Community Practitioner

To contact Liz

Telephone - 07920845405

Email -elizabeth.baird@east-ayrshire.gov.uk

Community Practitioners - North Team

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**Alison Amanda Elaine Michelle Hazel**

**McLeod Latif Rutherford Colquhoun Wills**

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**Karen Karen Lorraine Lynnette Gillian**

**Connor Love Skeoch Milligan Salmon**

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**Liz**

**Baird**

**Lead Practitioner**

**How we support the ECC**

We offer confidential support and guidance to parents, carers and families for a variety of reasons. It can be for parenting support, practical support or emotional support. We can also signpost you to various other services.

Our help can enhance your understanding of your child’s behaviour, their communication style and why they sometimes do the opposite of what you ask them to do. The Community Practitioner can meet with you in the ECC, meet at place more convenient to you or speak with you over the telephone.

We aim to run parent/carer groups on various subjects including social wellbeing, understanding children’s behaviour, communication and language as well as baby massage and fun, art/craft groups. These are for parents/carers to enjoy with their children both indoors and outdoors.

**For support, please contact us direct via telephone/email or speak to a member of the ECC. All of our individual support is in confidence.**