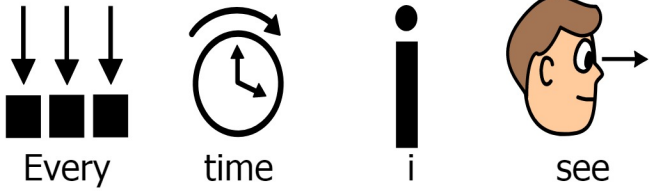


Fit Walk



Every

time

i

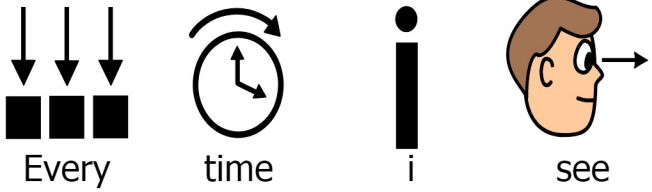
see



A Lamp Post



3x Star Jumps

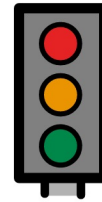


Every

time

i

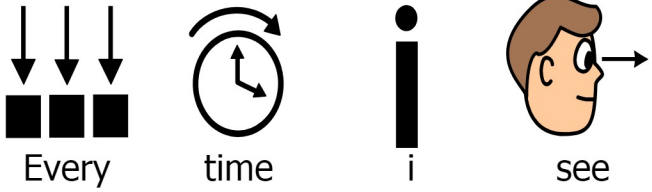
see



Traffic Lights



5 x Knee Raises

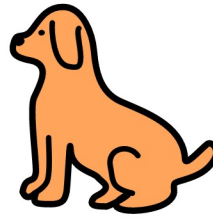


Every

time

i

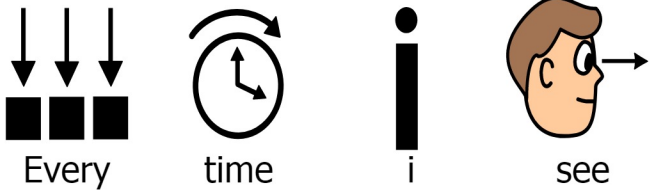
see



A Dog



4x Toe Touches

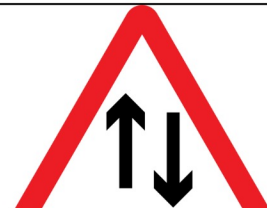


Every

time

i

see



A Road Sign



3 Second Tree Pose