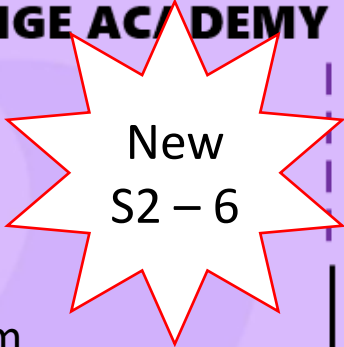




Grange Academy Weekly Bulletin

25th May 2026

East Ayrshire Athletics – Tues 26th May



New
S2 – 6

Congratulations to the 45 pupils on the next slide who have qualified for the Grange athletics team at the East Ayrshire championships. The event will take place at the Ayrshire Athletics Arena, Kilmarnock. Here are all the details you need to know:

- All pupils must have a completed consent form to attend
- You can wear sports clothes to school on this day
- Meet in the Street at the start of period 1
- Bus leaves Grange at 9.30am
- First event starts at the Ayrshire Athletics arena at 10.30am
- We will return to Grange during period 7
- Bring a packed lunch, snacks and plenty of water
- If the weather is good, put on sun cream before school
- You will be given a Grange athletics vest to wear at the arena
- If any pupil can't make it for any reason, it's important that you let your PE teacher know so that we can organise a replacement

And finally...! Last shout out for any senior athletes who want to compete in the All Ayrshire finals.
Give your names to Mr Allan by tomorrow please.

East Ayrshire Athletics – Tues 26th May

New
S2 – 6

Event	S1 Girls	S2 Girls	S3 Girls
Hurdles	Libby McK	Michelle Mc	Hollie E
100m	Eilidh A	Tess Mc	Hollie E
200m	Eilidh A	Tess Mc	Megan H
300m	Eleah N	Millie N	Ellie A
800m	Zoe B	Freya J	Megan H
1500m	Alice R	Bea T	Lila S
3000m			
High Jump	Olivia D	Abigail N	Eilidh M
Long Jump	Libby McK	Bea T	Anna R
Triple Jump		Cora C	Anna R
Shot Putt	Emily C	Freya J	Freya A
Javelin	Emily C	Cora C	Ellie A
Discus	Alice R	Abigail N	Eilidh M
Relay	Eilidh A Zoe B Libby McK Olivia D	Tess Mc Bea T Millie N Michelle Mc	Hollie E Ellie A Megan H Anna R

Event	S1 Boys	S2 Boys	S3 Boys
Hurdles	Daniel T	Maximus M	Tyler S
100m	Harris McP	Jayden F	Sam L
200m	David K	Zac D	Jai D
300m	Daniel T	Zac D	Tyler S
400m			
800m	Dan P	Jayden F	Zach D
1500m	Harris McP	Callum C	Nathan J
3000m			
High Jump	Dan P	Taylor C	Sam L
Long Jump	David K	Neil P	Freddie S
Triple Jump	Alexander O	Neil P	Freddie S
Shot Putt	Lee Mc	Kaima C	Louix J
Javelin	Lee Mc	Cody S	Ross B
Discus	Alexander O	Kaima C	Louix J
Relay	Daniel T Harris McP David K Dan P	Jayden F Zac D Taylor C Neil P	Tyler S Sam L Jai D Jordie G

Kilmarnock Academy won the trophy last year... let's see if we can get as many 1st, 2nd and 3rd places as possible, to bring the trophy back to Grange!

Best of luck!

World Cup Score Prediction

New
S2 – 6

THINK YOU KNOW THE SCORES?

WORLD CUP SCORE PREDICTION

PREDICT TODAY, BRAG TOMORROW!

EVERY GOAL COUNTS.
EVERY PREDICTION WINS!

PREDICT THE SCORES.
BE A CHAMPION!

EXAMPLE

 TEAM A
 2 - 1
 TEAM B

HOW TO TAKE PART

- 

GO TO THE OFFICE AND COLLECT YOUR PREDICTION SHEET
- 

FILL IN THE GAMES PREDICTIONS.
- 

HAND IN YOUR COMPLETED SHEET TO THE OFFICE
- 

GOOD LUCK AND MAY THE BEST PREDICTOR WIN!

Don't forget to collect and complete your world cup score predictions!

Forms are available from the school office.

All forms should be handed back ASAP.

Lots of prizes to be won!

Health & Wellbeing Ambassadors

New
S2 – 6



Would you like to be a Health and Wellbeing Ambassador this year?

We are looking to recruit new pupils for this role, to join the team.

Mrs McCaffrey would love to speak to you this week – please pop to the **Street at Interval** to let her know if you're interested.

Prize Giving



A list of all prize winners will be displayed on the noticeboards in the street later today. Please check the board carefully to see if you have been awarded a subject, specialist or Pride of Grange award.

The prize giving award ceremonies will take place on Tuesday the 9th of June. All award winners will be invited to attend. More details of the ceremonies will be shared in due course.

Speak to Mr Alldridge if you have any questions.

Careers in Medicine or Dentistry

New
S4 – 6

Come along to S008 (Mrs Bremner's room) on
Friday 12th June P4 & P5

- Expert advice from local GP Dr Jamie Monaghan on everyday life as a General Practitioner
- Current Dundee University medical student, Olivia Bremner
- Preparing for the UCAT and application process from a current applicant

The logo for UCAS (Universities and Colleges Admissions Service) is displayed in a red-bordered box. The letters 'UCAS' are in a bold, black, sans-serif font, with the 'A' being a stylized red shape.

They will cover everything you need to know about how to kick-start your dream career:

- University entry requirements
 - UCAT test
 - Personal statement
 - Application process
 - Interview

Careers in Medicine or Dentistry

New
S4 – 6



Grange Academy offers a mentoring programme for those S4-6 interested in a career in Medicine or Dentistry.

To attend, or to enquire about the mentoring programme, register your interest with Mrs. Bremner (S008) or Mrs Monaghan (S010) by **Friday 5th June.**

Dress Down Day

New
S2 – 6

DRESS DOWN DAY!

WEAR SCOTLAND THEMED CLOTHES!

WEAR YOUR SCOTLAND THEMED CLOTHES AND SHOW YOUR SCOTTISH SPIRIT!

FRIDAY THE 12TH OF JUNE

COST: **£1**

LET'S CELEBRATE SCOTLAND TOGETHER! ♥

There will be a dress down day on **Friday 12th June** to get us all in the spirit for Scotland playing their first World Cup match the following morning.

Wear something Scottish!

STAR Centre – Rape Crisis Ayrshire



The **STAR Centre - Rape Crisis Ayrshire** has launched a new helpline for women and girls aged 13 years and over, who have experienced any form of sexual violence, abuse, or sexual exploitation, no matter when this has happened in the life of the survivor.

The STAR Centre provides services to survivors across Ayrshire, providing support and advocacy services that are free and confidential. The service aims to ensure that no woman or girl must face the impact of sexual violence alone.

The helpline is open at the times below, and can be contacted by phone, text, email, or instant chat during the opening hours.

Helpline Opening Hours

Mondays: 2:00 pm – 5:00 pm

Thursdays: 11:00 am – 2:00 pm

How to Get Support

Call: 07850 214805

Text: 07850 214803

Instant messaging: www.starcentreatyrshire.org

Email: support.mail@starcentreatyrshire.org



Outward Bound Trip

New
S4 – 6



The final payment for The Outward Bound adventure trip is due on **Friday 29th May.**

Please speak to Ms Baird or Dr Ogilvie if there are any issues.

SU Group



Come along for fun, games, chat,
and to hear about the amazing
things in the Bible

Where: Room F099 (next to PSB)

When: Wednesday lunchtimes

Starting Weds 27th May

Bring a lunch!!



BSL Recap

New
S2 – 6

Can you remember the sign from the previous bulletin?



Tap your ear with two fingers

BSL Sign of the Week



hearing

Point to your ear, then point to your mouth



Have a great week, Grange.

Work hard.

Be kind.