



Grange Academy Weekly Bulletin

15th September 2025



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It can be hard to know what to do when you have something on your mind. That's why Kooth is here. We are totally free and anonymous — and we're here whenever you need us. Go to kooth.com whenever you're worried, feeling low — or just need someone to listen.



Feeling worried?

Text chat with our team. They're here to support you with whatever you're going through. We won't ask for your name or address and you don't need a referral from your doctor.



Feeling alone?

Use our forums and discussion boards to get advice, find people who feel the same — and to help others. You can also share your experiences anytime by submitting a poem or article.



Feeling unsure?

It may help you to write your feelings down, or to set a personal goal. At Kooth, you can set goals and use an online journal whenever you choose.



Feeling lost?

We have a tonne of helpful podcasts, videos and articles on all kinds of topics, from self harm, anxiety and depression to coming out, relationships and self care.



Free
to use



No doctor's
referral
needed



We're a
BACP* accredited
service

Live text chats with
our team from midday
to 10pm on weekdays
and from 6pm to 10pm
at weekends.

Start here
kooth.com: free access to support today.

bacp | Accredited
Service

*BACP stands for British Association for Counselling and Psychotherapy. We're an accredited service, and our practitioners are either BACP accredited or working towards it. You're in safe hands.



Free and anonymous mental health
support whenever you need it.

S1 – 6



bacp | Accredited
Service



Madrid Football Trip – Sept. 2026

S1

When?

13th - 16th September 2026 (dates to be confirmed)

Who?

Open to all S1 pupils - 40 places available

Cost?

£875


If interested, get a letter from the PE department.

Deadline to apply: Return your slip to the PE department by **Tuesday 23rd September**

What's included?

- Transfers from school to Edinburgh Airport and back
 - Flights to Madrid
 - 15kgs hold luggage
 - Transfers in Madrid
- 3 nights accommodation in Madrid
- Entrance and Tour of Bernabeu – Real Madrid
- Stadium tour of Wanda Metropolitano – Atletico Madrid
 - Visit to Retiro Park
 - Cycle Tour of Madrid
 - Visit to market and shopping
 - Red bus tour of Madrid
- Full day at Warner Bros Theme Park
 - Travel Insurance
- Possible friendly match against Spanish opposition (tbc)
 - Evening Entertainment

UCAS Information Evening



S5 – 6

An online UCAS Parents' Information Evening will take place this week, on Tuesday 16th September at 6.30pm.

Anyone interested should sign up using the information shared via the school app.

Grange Boys Rugby Festival



S1 + 2 boys put your name on the signup sheet in PE. A fun session not to be missed!

Any questions see Mrs Ferguson.



Monday 15th September
Period 4-5

GRANGE ACADEMY

Rugby Festival

S1 – 2

All boys that have signed up to our Grange Rugby Festival, please come to PE at the start of P4 on Monday (today) where you will be assigned changing rooms to get changed in.

If you haven't signed up yet you have until 10:30am today to get your name down.

Open Mic Night Fundraiser

S1 – 6



Date: Wednesday 8th October

Time: 7pm

Venue: Grange Academy Assembly Hall

Tickets Cost: Adults £5 / Pupils £3

Are you a singer or an instrumentalist?
Would you like the opportunity to perform at the
event?

Speak to Mr Ramsay in Music, or Evie Wilson S6
leadership team.

Deadline to sign up: Wednesday 1st October

Calling all Modern Languages Ambassadors

There will be a short meeting for Modern Languages Ambassadors at 1.45 this Monday lunchtime (TODAY) in G157.

- Pupil will be presented with ML badges and will have the opportunity to sign up to lead different activities and events.
- If you would like to be involved but haven't already spoken to Mrs McCormack or Mrs Jackson, it's not too late so please come along too.

#ModernLanguagesDepartment #LanguageAmbassadors



Do You Want to Be in the Room Where it Happens?

S3 – 6

S3 - S6 History/Musical Theatre trip to see Hamilton on stage in Glasgow



Date – Thursday 18th December 2025

Time – Bus leaves Grange Academy at approx. 12pm

Cost - £35 per pupil. This includes transport and theatre ticket.

Deposit of £15 due by 26th September on parent pay.

Final balance due by 17th October.



would like to attend, please add your name to the sign up sheet outside the Guidance office by this Wednesday (17th September).

Places are limited!

Any questions please speak to Mrs Causer in Guidance.

Christmas Fayre

S1 – 6



This year's Grange Academy Parent Council Christmas Fayre will take place on Saturday the 22nd of November, 10am - 1pm.

If you are interested, or know of someone that might be interested in taking a stall, please email grangepc5@gmail.com

Thank you
- Parent Council



For ambitious 16 to 19-year-olds, this course is your gateway to the screen industries. Learn the fundamentals of filmmaking - screenwriting, cinematography, sound, directing, production, and editing - while creating short films and attending masterclasses with industry experts.

APPLICATIONS OPEN NOW



BFI Film Academy

S5 - 6

A reminder that the closing date for applications to this programme is **5:00pm on Monday 22nd September.**

Participants will:

- Cover fundamentals, from screenwriting and cinematography to directing and editing.
- Collaborate to create their own short films.
- Learn directly from industry professionals through exclusive masterclasses.
- Earn an NCFE Level 5-equivalent qualification, "Preparing to Work in the Film Industry"

Start date: **Monday 13th October 2025**

Participation is **free**, and bursaries are available to help with travel costs. We welcome all applicants with a passion for film—**no prior experience necessary.**

Apply at the Ayrshire Film Co website or scan the QR code on the left.

Extra-Curricular Clubs

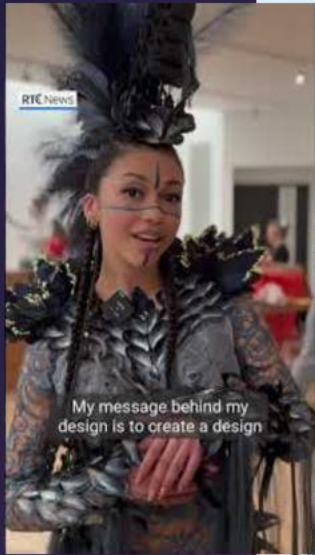
S1 – 6



There are now several clubs taking place around the school - so many, in fact, that there isn't enough space to list them all in the bulletin!

Scan the QR code to download a copy of the full list of clubs. These will also be on display in the Street.





What?:
Junk Kouture Club – create a design made from recycled materials.

Where?:
Mrs Lennox's room - Art Department

When?:
Thursday lunchtime





We are still collecting empty cans of Monster!

Please hand them in to the Art Department and they will be recycled into the most fabulous Monster dress you have ever seen.

Thank you so much for those who have already handed some in... keep them coming!

MINECRAFT

Club

S1 – 6

Do you *yearn* for the mines?

Minecraft club runs in the Computing department on Thursdays after school!

Survival worlds, competitions, and challenges for the whole club will take place throughout the year.

Speak to Mr Reid or Mr Graham for more info!



JUNIOR CHOIR S1-S3 TUESDAY AT 1.30PM MUSIC ROOM F042

S1 – 3

You are welcome to bring your lunch to eat beforehand. We will be learning a wide variety of songs and start preparing for school concerts.



Long Weekend

S1 – 6



School will close at the normal time this
Thursday (18th September).

Pupils and staff return on Tuesday 23rd
September.

Have a nice long weekend!

BSL Recap

Can you remember the sign from the previous bulletin?



Touch your forehead with both hands, then bring them down in front of your body with palms facing upwards

BSL Sign of the Week

S1 – 6



Please

Make your hand flat and put your fingertips on your chin.

Then move your hand downwards towards your chest.



Have a great week, Grange.

Work hard.

Be kind.