**HALAL Primary Menu 2022/23 – Week 1**

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| **Monday** | **Tuesday** |  **Wednesday** | **Thursday** | **Friday***Meat Free Day* |
| Lentil Soup **V**  | Chunky Vegetable Soup **V** | Fresh Tomato Soup **V** | Lentil Soup**V** | Chunky Vegetable Soup **V** |
| Baked Potato with Tuna/Cheese | Creamy Chicken Pasta | Quorn Lasagne & Garlic Bread **V** | Indian Style Chicken Biryani |  Fish Goujons & Chips |
| Roasted Vegetable Couscous**V** | Homemade Cheese & Tomato Pizza **V** | Fresh Chicken Fillet in a Bun with Potato Wedges | Organic Pasta in a Fresh Tomato Sauce **V** | Vegetable Fingers & Savoury Rice **V** |
| Super Tattie’s Healthy TrayCheese Toastie **V** | Super Tattie’s Healthy TrayTuna Mayo Soft Roll | Super Tattie’s Healthy TrayCheese & Tomato Panini **V** | Super Tattie’s Healthy TrayVegetable Sausage in aSoft Finger Roll | Super Tattie’s Healthy TrayEgg Mayo Sandwich **V** |
| Fresh BroccoliGrated Carrot | Mixed VegetablesColeslaw | Fresh CarrotsMixed Peppers | Spicy OnionsMixed Salad | PeasBeetroot |
| Selection of Fruit/Yoghurt   | Upside Down Pineapple Sponge & Custard*OR*Selection of Fruit | Selection of Fruit/Yoghurt  | Chocolate Ice Cream & Fruit*OR*Selection of Fruit | Selection of Fruit/Yoghurt  |

Fresh fruit and vegetables will be in accordance with seasonal availability.

In accordance with new Government guidelines all meals are served with 2 vegetable garnishes and a piece of fruit.

All soups are vegetarian / vegan and made fresh daily.

Menu choice can be adapted to suit dietary requirements, please contact/inform child’s school.

Super Tattie’s Healthy Tray – pupils can choose one other item which may include soup/yoghurt/another piece of fruit or healthy baking (available 2 days per week)

Vegetarian **V** Vegan Halal 