**Primary Menu 2022/23 – Week 2**

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| **Monday** | **Tuesday**  *Meat Free Day* | **Wednesday** | **Thursday** | **Friday** |
| Fresh Tomato Soup  **V** | Lentil Soup  **V** | Chunky Vegetable Soup  **V** | Fresh Tomato Soup  **V** | Lentil Soup  **V** |
| Pork Sausages with  Creamy Mashed Potato | Fish Goujons & Chips | Steak Pie  with Creamy Mashed Potato | Chicken Meatballs in Tomato Sauce with Organic Pasta | Chicken & Pineapple with Brown Rice |
| Stir Fry Vegetable Rice  **V** | Baked Potato & Baked Beans    **V** | Vegetable Pakora & Dip with Potato Wedges  **V** | Lentil & Sweet Potato Korma with Brown Rice    **V** | Organic Macaroni in a Creamy Cheese Sauce  **V** |
| *Waiting on mascot comp*  Cheese Pizzini  **V** | Egg Mayo Soft Roll  **V** | French Bread Pizza  **V** | Gammon Sandwich | Tuna Mayo Soft Roll |
| Cabbage  Sweetcorn | Peas  Mixed Salad | Cauliflower  Fresh Grated Carrot | Broccoli  Beetroot | Fresh Carrots  Cucumber Sticks |
| Selection of Fruit/Yoghurt | Chocolate & Banana Sponge  with Custard  *OR*  Selection of Fruit | Selection of Fruit/Yoghurt | Crackers & Cheese  *OR*  Selection of Fruit | Selection of Fruit/Yoghurt |

Fresh fruit and vegetables will be in accordance with seasonal availability.

In accordance with new Government guidelines all meals are served with 2 vegetable garnishes and a piece of fruit.

All soups are vegetarian / vegan and made fresh daily.

Menu choice can be adapted to suit dietary requirements, please contact/inform child’s school.

Susie Super Spuds Tray includes

Vegetarian **V** Vegan Halal 