



Suggested 'Learning at Home' Activities 20/21 for Those Self-isolating Home Learning- (P3, P4, P5)

*The following activities are **suggested** learning at home activities. They are to provide some depth and consolidation of learning while your child is not at school. Please adapt and adjust according to your individual child. There is a 2 week grid with activity ideas for home learning and a list of online resources and websites for literacy, numeracy and other curricular areas. At the bottom of this document is a grid of spelling activities that children could complete with the phonemes they have been learning in class and reading activities they could complete using a book of their choice or Bug Club book.*

For the home learning 2 week grid: choose 1 literacy and 1 numeracy task and either 1 expressive arts/STEM challenge OR 1 from the separate P.E. challenge grid. If you choose an expressive arts/STEM challenge on day 1, you could choose a P.E. challenge on day 2 or vice versa. If you are looking for additional things to keep you busy- attempt the challenges added to several tasks and see the list of additional websites below.

All children can login to Glow to get free access to Microsoft Word, PowerPoint, Excel etc. Funded by the Scottish Government and managed by Education Scotland, Glow provides a safe, online environment for educators, learners and parents/carers to communicate and collaborate using services such as Glow Blogs, Microsoft Office 365 and the Glow RM Unify Launch Pad.






Class teachers will also upload weekly homework on their Teams page which children can access from home using their Glow login. You may find it easier to download the Teams app onto a laptop, iPad or smartphone.






Week 1

Literacy	Numeracy	Expressive Arts/STEM
<p><u>Question Time-</u> Think about 5 things you would like to tell your friends or teacher. Write them down in sentences. Now think of 5 questions you would like to ask them. Write them down too. Do all your sentences have full stops and your questions have question marks?</p>	<p><u>3D Object hunt -</u> Go on a hunt for 3D objects in your home. What can you find? Can you name them? Challenge: Explore the properties of your object – Which ones roll?, Do any of them stack? Can you sort them e.g. into those which roll and don't roll.</p>	<p><u>Outdoor Art</u> Take a bag outside and collect as many leaves, twigs and other natural materials as you can find. Use your new art supplies to create a picture of your choice. Either use PVA to stick them down or create a picture outside!</p>
<p><u>Commas</u> Make a list of all the things you would like to do when all restrictions are lifted and life is back to normal. Remember to use commas between each until you get to the last one and then you use <i>and</i>.</p>	<p><u>Comparing Objects</u> Find two objects. Which is longer, which is heavier? Challenge: Can you compare 3 or more objects? Which is longest? Which do you think is heaviest? Can you order them from lightest to heaviest? If you have scales can you weigh them to check?</p>	<p><u>Family Tree</u> Draw your family tree. Ask as many people as you can in your family to help and see how far you can trace your family back in time!</p> 
Literacy	Numeracy	Expressive Arts/STEM
<p><u>Reading</u> Use the title, picture and blurb to select a book to read. Explain why you chose this story. What did you like/dislike about it? Use examples from the book to back up your answers. <i>Would you read something by this author</i></p>	<p><u>Puzzle</u> Marie is posting a letter and a parcel. It costs 29p to post the letter. It costs 15p more to post the parcel. Marie hands over £1. How much change does she get?</p>  	<p><u>Biscuit Tower Challenge:</u> 1. Follow this 3-ingredient biscuit recipe: https://thehappyfoodie.co.uk/recipes/fork-biscuits 2. Stack those biscuits- how high do they measure? Can you work out how many more you would need to touch the ceiling?</p>



<p><i>again?</i></p> <p><u>Talking and Listening</u></p> <p>Ask a family member for their opinion on something, e.g. Should homework be banned? Should we have school uniform? Should children have the vote? Show them you value their opinion by allowing them to share it fully and by asking relevant questions. Make eye contact as you listen and respond.</p> <p>For more of a challenge, write out their arguments as a persuasive piece of writing.</p>	<p><u>Tally Chart</u></p> <p>Use tally marks () to record how many times you do something this week e.g. brush your teeth.</p> <p>Challenge: Can you use tally marks to count two activities? Which one did you do more often? How many tally marks did you record altogether?</p>	<p><u>Cloud in a Jar</u></p> <p>Bring the wet weather indoors by creating a cloud in a jar:</p> <p>https://www.giftofcuriosity.com/weather-science-how-to-make-a-cloud-in-a-jar/</p> 
<p><u>Literacy</u></p> <p><u>Design a Menu</u></p> <p>Design a 3-course menu for a celebratory meal with your family. You could draw out your menu, list the ingredients needed or even help to cook a dish for your family!</p>	<p><u>Numeracy</u></p> <p><u>Puzzle - Code Name</u></p> <p>Write the number that represents each letter e.g. A=1, B=2, C=3 ... Then write your first name in code e.g. Ben would be 2/5/14. Can you write a coded message for a friend?</p>	<p><u>Expressive Arts/STEM</u></p> <p><u>Oil-Spill Experiment</u></p> <p>Ask an adult to help you collect the materials needed and investigate the problems that an oil spill can create in our fragile environment.</p> <p>http://scienceafterschool.blogspot.com/2012/07/oil-spill-connecting-stem-activities-to.html</p>
<p>Additional websites:</p> <p>Literacy:</p> <p>Oxford Owls have a library of free books: https://www.oxfordowl.co.uk/</p> <p>All children should have a Giglets account: https://giglets.com/</p> <p>Free audiobooks for children: https://www.storynory.com/</p>		



Daily lessons in literacy: <https://www.bbc.co.uk/bitesize>

Spelling rules and tasks: <https://spellingframe.co.uk/>

Downloadable worksheets: <https://www.worksheetworks.com/>

Phonics games, parents can get a free 7 day trial: <https://www.phonicshero.com/how-phonics-hero-works/>

Short extracts from known books with linked activities: <https://thereadingrealm.co.uk/2020/03/12/free-reading-realm-home-learning-pack-nature-and-animals>

Pobble 365 offers a picture a day which you could write about: <https://www.pobble365.com/>

Free literacy resources: <https://www.literacyshed.com/home.html>

Poetry resources: <https://childrens.poetryarchive.org/>

Free online books and games: <https://www.booktrust.org.uk/>

Literacy games: <https://www.topmarks.co.uk/>

Phonics resources: <https://www.galacticphonics.com/>

Literacy games: <https://www.abcya.com/>

Numeracy:

All children have a log in for Sumdog, which develops mental maths and problem solving skills: <https://pages.sumdog.com/>

Lots of free maths games: <https://www.topmarks.co.uk/>

Daily lessons in numeracy: <https://www.bbc.co.uk/bitesize>

Numeracy games: <https://mathsframe.co.uk/>

Numeracy activities and video tutorials for numeracy concepts, suitable for p4/5: <https://myminimaths.co.uk/>

Downloadable worksheets: <https://www.worksheetworks.com/>

Numeracy ideas: <http://www.mathematicshed.com/>

Numeracy games: <https://www.coolmathgames.com/>

Numeracy worksheets and games: <http://snappymaths.com/>

Numeracy games: <https://www.abcya.com/>



Numeracy worksheets: <https://www.math-aids.com/>

Times table practise: <https://www.timestables.com/>

Other:

Outdoor learning ideas, free 14 day trial: <https://themuddypuddleteacher.co.uk/category/resources/>

Ideas for activities to do at home: <http://www.blessedbeyondadoubt.com/the-ultimate-list-of-activities-for-kids-at-home-during-school-closures/>

National Geographic for all curricular areas: <https://www.natgeokids.com/uk/category/discover/history/>

Music resources: <http://www.sfskids.org/> <https://www.classicsforkids.com/>

Learn, create and play through exploring Scotland's history and heritage: <https://www.historicenvironment.scot/learn/>

Cross-curricular content, different everyday under topic of the day: <https://resource-bank.scholastic.co.uk/homelearning>

HWB and mindfulness: <https://www.gonoodle.com/>

STEM (Science, Technology, Engineering & Maths) with Mr N: <https://www.youtube.com/channel/UCxziq4omrQP-EKSLiOIPhw>

BBC Website with lots of games and resources: <https://www.bbc.co.uk/newsround>

Information for children on Coronavirus and 10 top tips for lockdown <https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/>

RE Resources <https://www.bbc.co.uk/bitesize/subjects/zhs3kqt>

Geography games: <https://world-geography-games.com/world.html>

PE Challenge Grid

Supermovers

Dance and learn at the same time with one of the BBC Supermovers videos!

<https://www.bbc.co.uk/teach/supermovers>



Dance

Try one of the kids dance videos with Oti Mabuse:

https://www.youtube.com/c/OtiMabuseOfficial/videos?view=0&sort=p&shelf_id=2



5 minute Fitness Challenge

Jogging on the spot - 1 minute

30 seconds rest

Star jumps – 1 minute

30 seconds rest

High knees – 1 minute

30 seconds rest

Lunges – 1 minute



30 seconds rest



Squats – 1 minute

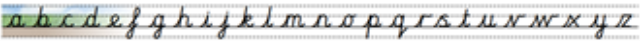

Jogging

Go for a light jog with a family member.

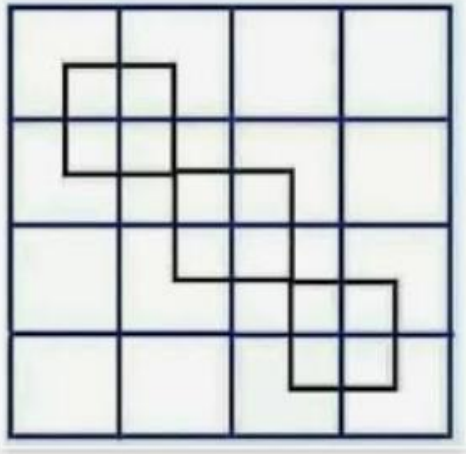
How far can you jog without stopping? Do it more than once during the week and try to beat your time. Don't go too fast or you might tire yourself out.





Literacy	Numeracy	Expressive Arts
<p><u>Writing Time</u></p> <p>Some ideas for writing:</p> <ul style="list-style-type: none">• Write a descriptive paragraph: choose a picture of a setting or character, create a mindmap of words to describe what you see and use this to help you write sentences about it. Eg a lake in a forest, a superhero• Write a story with a beginning, middle and end.• Retell a traditional story, remember to include characters, setting and events using a beginning, middle and end.• Write a letter to a friend or family member• Write a poem that rhymes or is acrostic using a word/topic you like e.g. dragons, insects	<p><u>Times Tables - Counting Out Loud</u></p> <p>Choose one of the following times tables – 2, 3, 4, 5, 10. Count forwards up the times table e.g. 2, 4, 6, 8, 10, ... and then backwards to get back to where you started.</p> <p>Challenge: Can you do the same for any of the other times tables? can you go beyond the 10th number?</p>	<p><u>Weather Art</u></p> <p>Fold a piece of paper in half and then in half again so that your paper is split into quarters. On each of the 4 sections draw or paint the weather outside. Repeat on different days so that you have 4 different weather cards that you can put on display in your house.</p>
<p><u>Handwriting Practice</u></p> <p>Choose words to practice and write them out 3 times using your neatest cursive writing. Then try putting them in a sentence</p> 	<p><u>Estimating</u></p> <p>Draw a line. Put 0 at the end on the left and 100 at the end on the right. Think of a number and estimate where it should go on the line. Do this for 5 more numbers. Are some numbers harder than others? Did it get harder as you added more numbers to the line?</p>	<p><u>Music Playlist</u></p> <p>Create a playlist of your top 10 favourite songs of all time. List the artist and the title. Write a reason why you like each song (the music, the voice, the lyrics, the instruments used...)</p> 



Literacy	Numeracy	Expressive Arts/STEM
<p><u>Bubble letters</u></p> <p>Choose 8 wow words from your favourite book. These are your spelling words. Now write your spelling words in bubble letters. After you write your words in bubble letters, colour your words with a crayon or colored pencil.</p>	<p><u>Card Game</u></p> <p>Use a set of playing cards, take out the face cards. Turn over 2 cards and add the numbers together. If you answer correctly, you keep the cards. How many cards can you collect in 2 minutes? You can also play the same game and multiply the two numbers instead of adding them. If you don't have playing cards, try making 2 sets of number cards with the numbers 1 to 10.</p>	<p><u>1-Week Tidy Bedroom Challenge!</u></p> <p>Challenge yourself to keep your room tidy and help your family out. See what a difference not having clutter feels like - can you encourage other family members to take up the challenge alongside you?</p> <p>What would have made the challenge easier? Design a bedroom-tidying invention and make sure you draw out your plans, taking care to label the important features.</p>
<p><u>Country Poster</u></p> <p>Create a poster or fact file about a country of your choice. Use the following website to help find information: https://sciencekids.co.nz/sciencefacts/countries.html</p> <p>Think about the things you want to find out:</p> <ul style="list-style-type: none">• <i>Flag</i>• <i>Where is it on a world map?</i>• <i>Population</i>• <i>Capital city</i>• <i>Language spoken</i>• <i>Any other interesting facts</i>	<p><u>Puzzle</u></p>  <p>How many squares can you see in this picture?</p>	<p><u>Be a Designer</u></p> <p>Design some clothes for your favourite toy or character in a book. What kind of protection or special features will your clothes need? Try sketching a few different designs before deciding on your final one. If you have the materials, you could even try sewing!</p>



<p>Literacy</p> <p><u>Amazing Adjectives</u></p> <p>Adjectives are describing words. We use them to add details in our writing. Write 8 or 10 sentences using interesting adjectives. See the example below. Remember to underline the adjectives you used.</p> <p>The <u>small, shiny</u> beetle scampered down the <u>green</u> leaf.</p>	<p>Numeracy</p> <p><u>Pyramid number blocks</u></p> <p>In the pyramids the two numbers below add to make the number above. Complete these two pyramids. Now create your own!</p> <div style="display: flex; justify-content: space-around; align-items: center;"><div style="text-align: center;"><p>100 44 <input type="text"/> <input type="text"/> <input type="text"/> 25</p></div><div style="text-align: center;"><p>99 44 <input type="text"/> <input type="text"/> <input type="text"/> 25</p></div></div>	<p>Expressive Arts/STEM</p> <p><u>Inspiring artists</u></p> <p>Wassily Kandinsky is a famous artist. He liked to paint circles one inside the other, into squares and then colour them. Draw/Paint/colour your own version of Kandinsky circles. Can you name some primary colours?</p> <div style="text-align: center;"></div>
<p>Additional websites:</p> <p>Literacy:</p> <p>Oxford Owls have a library of free books: https://www.oxfordowl.co.uk/</p> <p>All children should have a Giglets account: https://giglets.com/</p> <p>Free audiobooks for children: https://www.storynory.com/</p> <p>Daily lessons in literacy: https://www.bbc.co.uk/bitesize</p> <p>Spelling rules and tasks: https://spellingframe.co.uk/</p> <p>Downloadable worksheets: https://www.worksheetworks.com/</p> <p>Phonics games, parents can get a free 7 day trial: https://www.phonicshero.com/how-phonics-hero-works/</p> <p>Short extracts from known books with linked activities: https://thereadingrealm.co.uk/2020/03/12/free-reading-realm-home-learning-pack-</p>		



[nature-and-animals](#)

Pobble 365 offers a picture a day which you could write about: <https://www.pobble365.com/>

Free literacy resources: <https://www.literacyshed.com/home.html>

Poetry resources: <https://childrens.poetryarchive.org/>

Free online books and games: <https://www.booktrust.org.uk/>

Literacy games: <https://www.topmarks.co.uk/>

Phonics resources: <https://www.galacticphonics.com/>

Literacy games: <https://www.abcya.com/>

Numeracy:

All children have a log in for Sumdog sign in which develops mental maths and problem solving skills: <https://pages.sumdog.com/>

Lots of free maths games: <https://www.topmarks.co.uk/>

Daily lessons in numeracy: <https://www.bbc.co.uk/bitesize>

Numeracy games: <https://mathsframe.co.uk/>

Numeracy activities and video tutorials for numeracy concepts, suitable for p4/5: <https://myminimaths.co.uk/>

Downloadable worksheets: <https://www.worksheetworks.com/>

Numeracy ideas: <http://www.mathematicshed.com/>

Numeracy games: <https://www.coolmathgames.com/>

Numeracy worksheets and games: <http://snappymaths.com/>

Numeracy games: <https://www.abcya.com/>

Numeracy worksheets: <https://www.math-aids.com/>

Times table practise: <https://www.timestables.com/>

Other:

Outdoor learning ideas, free 14 day trial: <https://themuddypuddleteacher.co.uk/category/resources/>



Ideas for activities to do at home: <http://www.blessedbeyondadoubt.com/the-ultimate-list-of-activities-for-kids-at-home-during-school-closures/>

National Geographic for all curricular areas: <https://www.natgeokids.com/uk/category/discover/history/>

Music resources: <http://www.sfskids.org/> <https://www.classicsforkids.com/>

Learn, create and play through exploring Scotland's history and heritage: <https://www.historicenvironment.scot/learn/>

Cross-curricular content, different everyday under topic of the day: <https://resource-bank.scholastic.co.uk/homelearning>

HWB and mindfulness: <https://www.gonoodle.com/>

STEM (Science, Technology, Engineering & Maths) with Mr N: <https://www.youtube.com/channel/UCxziq4omrQP-EKSLiOIPhw>

BBC Website with lots of games and resources: <https://www.bbc.co.uk/newsround>

Information for children on Coronavirus and 10 top tips for lockdown <https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/>

RE Resources <https://www.bbc.co.uk/bitesize/subjects/zhs3kqt>

Geography games: <https://world-geography-games.com/world.html>

PE Challenge Grid

60 second challenges

Visit the Youth Sport Trust website and try some of their 60 second challenges:

<https://www.youthsporttrust.org/60-second-physical-activity-challenges>



Primary PE Planning

Try out one of the videos on the following website or on the Primary PE Planning Youtube channel.

<https://primarypeplanning.com/home-pe/>



BBC Teach

Why not try one of the BBC 'Let's Get Active' clips?

<https://www.bbc.co.uk/teach/class-clips-video/physical-education-ks1-ks2-lets-get-active/z72yjhv>
















Animal Moves

- Choose some music that reminds you of animal.
- Become an animal character. Can someone watching guess which animal you are?
- How would your animal move? What things would be in their natural habitat? Are they big and scary or small and sweet?
- Can you create movements where you pretend you are moving over things or under things in your animal's habitat?



SPELLING ACTIVITIES

<p>Easy as ABC...</p> <p>Write all your words in alphabetical (ABC) order.</p> 	<p>Part of a whole...</p> <p>Write your words into different syllables using different colours!</p> <p>Running Festival Brown</p>	<p>On the other hand...</p> <p>Use the hand you don't usually write with to practise your spellings!</p> 	<p>In the spotlight...</p> <p>Write the consonants in one colour, vowels in the other. (Vowels: a, e, i, o, u)</p> 
<p>Like an Egyptian...</p> <p>Write your words in a pyramid</p> <p>py pyr pyra pyram pyrami pyramid</p>	<p>Your money or...</p> <p>"Write" words using a newspaper or magazine to cut them out, like a ransom note!</p> 	<p>Come rain or shine...</p> <p>Write each letter of the word in a different colour to create a rainbow!</p> 	<p>Let's be silly...</p> <p>Write a sentence which uses all of your words in it!</p> 

<p>Tell me a story...</p> <p>Draw a small picture showing your word, then write a sentence about it!</p> 	<p>Blowing bubbles...</p> <p>Write all your words in bubble writing!</p> 	<p>20 Questions...</p> <p>Use half your spellings to write a question...then use the other half to answer them!</p> 	<p>Rhyme Time...</p> <p>Write three words which rhyme with each spelling word.</p> 
<p>Bond, James Bond...</p> <p>Create a code. Write your words in the code. Can someone else crack them?</p> <p>e.g. a = □ b = ◆ c = ▲</p>	<p>Synonym/Antonym</p> <p>Synonym - means the same Antonym - the opposite</p> <p>Write one of each for each of your words!</p> 	<p>That's backwards...</p> <p>Write your spelling words backwards!</p> 	<p>You're a joker...</p> <p>Write each word into a joke! Test them out on someone nearby...</p> 



READING ACTIVITIES

<p><u>COMIC STRIP</u> Choose the five most important events that happened in your book and turn them into a comic strip.</p>	<p><u>MISSING POSTER</u> Create a wanted poster for a character from your book. Include a description, what they did and a reward.</p>	<p><u>BEGINNING, MIDDLE, END</u> Write about what happens in the beginning, middle and end of your story.</p>
<p><u>MY FAVOURITE PART</u> Write about your favourite part of your book and explain why you like it.</p>	<p><u>TITLE PAGE</u> Create a title page for your book. Include a picture, the title, author and illustrator.</p>	<p><u>NEW PICTURE</u> Find a part of your story that doesn't already have a picture. Draw a new picture to show what happens.</p>
<p><u>PUPPETS</u> Make puppets (paddle pop stick or paper bag) for characters in your story.</p>	<p><u>QUIZ</u> Make up at least five questions about your book. Make sure you know the answers! Test your friend.</p>	<p><u>ACROSTIC POEM</u> Choose a character in your book and write an acrostic poem about them. Read it to the class or a friend.</p>



<p><u>PLAY</u> Write a play about part of the story. Act it out for the class. (Check with your teacher first!)</p>	<p><u>NEW COVER</u> Design a new cover for the book. Include a picture, title, author and illustrator.</p>	<p><u>SONG OR RAP</u> Make up a song or rap about your book.</p>
<p><u>DRAW</u> Draw a picture of your favourite character. Add a description and the character's name.</p>	<p><u>KEYWORDS</u> Write down ten keywords that are important to your book. They may include characters, setting, what happens.</p>	<p><u>BOOK REVIEW</u> Did you like or dislike your book? Explain why. Who do you think would like it?</p>
<p><u>WRITE A LETTER</u> Write a letter to one of the characters in your book. Include at least one question you want to ask them.</p>	<p><u>THE GOOD AND THE BAD</u> Write down three good things and three bad things about each of the main characters in your book.</p>	<p><u>STORY MAP</u> Make a story map for your book. Label it.</p>