



Suggested 'Learning at Home' Activities 20/21 for Those Self-isolating Home Learning- (P1, P2)

*The following activities are **suggested** learning at home activities. They are to provide some depth and consolidation of learning while your child is not at school. Please adapt and adjust according to your individual child. There is a 2 week grid with activity ideas for home learning and a list of online resources and websites for literacy, numeracy and other curricular areas. At the bottom of this document is a grid of spelling activities that children could complete with the phonemes they have been learning in class.*

For the home learning 2 week grid: choose 1 literacy and 1 numeracy task and either 1 expressive arts/STEM challenge OR 1 from the separate P.E. challenge grid. If you choose an expressive arts/STEM challenge on day 1, you could choose a P.E. challenge on day 2 or vice versa. If you are looking for additional things to keep you busy- attempt the challenges added to several tasks and see the list of additional websites below.

All children can login to Glow to get free access to Microsoft Word, PowerPoint, Excel etc. Funded by the Scottish Government and managed by Education Scotland, Glow provides a safe, online environment for educators, learners and parents/carers to communicate and collaborate using services such as Glow Blogs, Microsoft Office 365 and the Glow RM Unify Launch Pad.




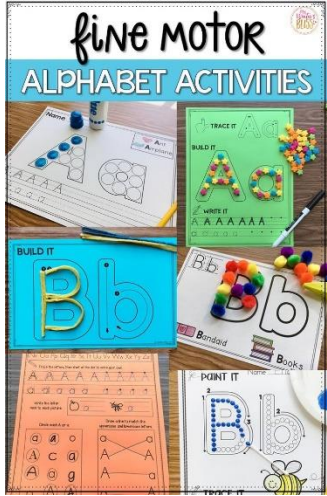

Class teachers will also upload weekly homework on their Teams page which children can access from home using their Glow login. You may find it easier to download the Teams app onto a laptop, iPad or smartphone.





Week 1

Literacy	Numeracy	Expressive Arts/STEM
<p><u>Spelling</u> Use the words your teacher has given you or have a family member give you some spelling words. Can you think up a sentence that has as many of your spelling words in as possible? Tell your sentence to someone or write it down. (Check your spelling words are correct).</p>	<p><u>Scavenger Hunt</u> Ask someone to make a scavenger hunt for you, for example... In the garden – Find 5 stones, 6 blades of grass; Indoors – Find 4 pens, 7 spoons. Challenge: Count how many items you found altogether.</p>	<p><u>STEM</u> Float or sink? Choose 10 objects from home (have an adult check these first!) and test whether they float or sink. Try your experiment again, but this time predict whether they will float/sink before you conduct your experiment.</p>
<p><u>Word building</u> How many words can you make with these letters? Use magnetic letters, foam letters or cards with these letters to create your words.</p> <p style="text-align: center; font-size: 1.2em; letter-spacing: 0.5em;">t a p r i s n e m o</p> <p>eg: map pan sip</p>	<p><u>Shape 2D and 3D</u> Play 'Guess the shape'. Describe a shape, remembering to say how many sides and corners. Can you spot any 2D and 3D shapes around you? What places, animals or objects can you draw using only 2D shapes?</p>	<p><u>Art</u> Draw the same object three ways:</p> <ol style="list-style-type: none"> 1. Without letting your pencil leave the page 2. Without looking at your paper- no peeking! 3. With your weaker hand
<p><u>Reading</u> Choose your favourite story and ask a grown up to read it to you or have a go at reading it by yourself. Can you find any tricky words you know? Draw a picture of your favourite character and talk about what you like about them.</p>	<p><u>Word Problems</u> Freddie the spaceman met 17 aliens. Suddenly, 9 aliens were zapped away! How many aliens were left for Freddie to play with? Becky the baker baked 13 cupcakes. 9 of them were chocolate and the rest were vanilla. How many were vanilla?</p>	<p><u>Den Making</u> Can you make an indoor den? Is it big enough to fit you inside or is it made for a toy? Can you measure how long, tall and wide it is? You could use measuring tape or even just your hands!</p> 
<p><u>Handwriting</u> Use the handwriting rules you have been learning in class. Practise writing your name, the letters of the</p>	<p><u>Counting</u> Practice counting forwards and backwards as far as you want stopping and starting at different points.</p>	<p><u>Technology</u> Use your toys to make your own movie by</p>

<p>alphabet and different words on the sheet provided within this document, until you are happy that it is your best work. <i>Check your work. Can you improve anything?</i></p>	<p>Practice the number before and the number after. https://www.topmarks.co.uk/ordering-and-sequencing/caterpillar-ordering</p>	<p>recording it on a tablet or phone.</p>
<p>Fine Motor Skills- Practise making patterns, letters and numbers in sand, rice, shaving foam or with buttons and playdough. Anything you have in the house!</p> 	<p>Shop Imaginary Play Activity- Find 5 toys, write 5 amounts on post its or pieces of paper, e.g. 5p, 8p, etc. 'Play shops'- use a calculator as a till register and loose change. Children can be the customer or the shop worker and they need to find the right amount to pay for the items or work out change.</p>  <p><i>*Challenge- try larger amounts and buy more than 1 item.</i></p>	<p>Health and Wellbeing Create a Happiness-Helper. Put a selection of your favourite things into a box to help you feel better when you are upset. Photos of loved ones, toys or games can all help us start to feel a little better.</p>
<p>For additional activities: Numeracy: All children have a log in for Sumsdog, sites which develops mental maths and problem-solving skills: https://pages.sumsdog.com/ (ask your child's teacher if they don't know their log in) Lots of free maths games: https://www.topmarks.co.uk/ Daily lessons in literacy, numeracy and health and wellbeing: https://www.bbc.co.uk/bitesize</p>		

Literacy:

Bug Club: <https://www.activelearnprimary.co.uk/login?c=0>

Oxford Owls have a library of free books: <https://www.oxfordowl.co.uk/>

Free audiobooks for children: <https://www.storynory.com/>

Other:

Outdoor learning ideas, free 14 day trial: <https://themuddypuddleteacher.co.uk/category/resources/>

Ideas for activities to do at home: <http://www.blessedbeyondadoubt.com/the-ultimate-list-of-activities-for-kids-at-home-during-school-closures/>

National Geographic for all curricular areas: <https://www.natgeokids.com/uk/category/discover/history/>

Music resources: <http://www.sfskids.org/> <https://www.classicsforkids.com/>

Learn, create and play through exploring Scotland's history and heritage: <https://www.historicenvironment.scot/learn/>

Cross-curricular content, different everyday under topic of the day: <https://resource-bank.scholastic.co.uk/homelearning>

HWB and mindfulness: <https://www.gonoodle.com/>

STEM (Science, Technology, Engineering & Maths) with Mr N: <https://www.youtube.com/channel/UCxziq4omrQP-EKSLiOIPhw>

BBC Website with lots of games and resources: <https://www.bbc.co.uk/newsround>



P.E Challenge Grid

Complete a Joe Wicks workout!
This will link you to his YouTube channel. Go to the 'classroom workout' section and let's keep fit!
<https://www.youtube.com/channel/UCAXW1XT0iEJoOTYlRfn6rYQ>
Challenge – can you create your own workout and get your family to join in? You could even create a workout and upload it to Teams so that we can all do it at home too! Take lots of pictures / videos!



Put your dancing skills to the test with Just Dance!
Go to their YouTube channel and choose a dance to follow.
<https://www.youtube.com/channel/UCOoefYX4YxrPA-abpa8Is2A>
Encourage anyone at home to join in too!
Why not create your own dance or teach us how to do a TikTok dance by creating your own dance tutorial!



Get moving with GoNoodle, Cosmic Kids Yoga or Yoga for Teens with Adriene!
<https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw>
<https://www.youtube.com/watch?v=7kgZnJqzNaU>



Create your own indoor or outdoor obstacle course using anything you can find! Take photos of it and edit using PicCollage or Markup to show what you have to do on each part of your course. Or you could take a video explaining how to set up your course and what you've to do!





Week 2

Literacy	Numeracy	Expressive Arts/ STEM
<p><u>Reading</u> Think about the last book you read. Write or tell someone about it? Make sure you are clear about what happened. If you had to rate it out of 10 what would you give it and why?</p>	<p><u>Fractions</u> Find thing which you can half, e.g: a slice of bread, a piece of Play Doh. Cut the item in half. Try to make both parts the same size. Challenge: Can you cut your item into 4 equal parts? What is your strategy?</p>	<p><u>Art</u> Fingerprint art. Get paint on your hands and create some original art. Think flowers, patterns or let your imagination loose!</p>
<p><u>Free writing</u> Write a story about anything you like. Give it a beginning, a middle and an end. Make sure you use some interesting words. You could use the Amazing Adjectives Grid to help you.</p>	<p><u>Bake Off!</u> Follow this recipe to make Chocolate Rice Krispie Cakes. Weigh out the ingredients and share the mixture equally to fill all the cases. https://www.bbcgoodfood.com/recipes/chocolate-rice-krispie-cakes</p>	<p><u>STEM</u> Make a box road. Find a box and flatten it, draw a road using a marker. Add blocks, trucks or any toys you have to build a city. How many boxes can you link together? Does your city have skyscrapers too?</p>
<p><u>Listening and Talking</u> Prepare to talk about a subject of your choosing. Plan what you want to say and any props you might use. Think about how you will use your voice and where you will look. Maybe you could film/record your talk.</p>	<p><u>Timetable</u> Make a timetable for your day. You can draw it or write it. Can you describe your day to someone else using the words "first", "before", "after", "then" etc.? Challenge: Can you make a timetable for someone in your family? Listen to them describe their day then make a timetable for them.</p>	<p><u>Musical Instrument</u> Can you follow the instructions in the link to make your own music shaker? Put a song on, can you follow the beat with your instrument? https://kidscraftroom.com/rainbow-sensory-play-bottles-and-homemade-musical-instruments/</p>
<p><u>Writing – Creating Texts</u> Write or draw instructions for brushing your teeth. Think of the order you would do things in. Use words like First, Next, Then, Finally</p>	<p><u>What time is it?</u> Practise reading an analogue clock (one that has hands) by checking the time at breakfast, lunch, dinner etc. Start by looking for the small hand to indicate the hour.</p>	<p><u>Art:</u> Use clean recycling as tools for painting. What shapes can you stamp from bottles, pots or cartons? What happens when you use a sponge to paint with? Have you tried bubble wrap or bits of old clothes that don't fit?</p>

<p><u>Reading</u> Read the text your teacher has given you or something you have chosen yourself and draw a picture to show what is happening in the text. Put in as much detail as you can. Use the book to help you.</p>	<p><u>Guess my Number</u> Use a ruler, tape measure or number line to play 'Guess my number'. Use vocabulary like less/fewer and more/greater than to describe your number. How many guesses does it take someone to guess your number?</p>	<p><u>Junk modelling!</u> Collect and recycle materials such as yogurt pots, cereal boxes and see what you can create with them.</p>
<p>For additional activities:</p> <p>Numeracy: All children have a log in for Sumdog, sites which develops mental maths and problem solving skills: https://pages.sumdog.com/ (ask your child's teacher if they don't know their log in) Lots of free maths games: https://www.topmarks.co.uk/ Daily lessons in literacy, numeracy and health and wellbeing: https://www.bbc.co.uk/bitesize</p> <p>Literacy: Bug Club: https://www.activelearnprimary.co.uk/login?c=0 Oxford Owls have a library of free books: https://www.oxfordowl.co.uk/ Free audiobooks for children: https://www.storynory.com/</p> <p>Other: Outdoor learning ideas, free 14 day trial: https://themuddypuddleteacher.co.uk/category/resources/ Ideas for activities to do at home: http://www.blessedbeyondadoubt.com/the-ultimate-list-of-activities-for-kids-at-home-during-school-closures/ National Geographic for all curricular areas: https://www.natgeokids.com/uk/category/discover/history/ Music resources: http://www.sfskids.org/ https://www.classicsforkids.com/ Learn, create and play through exploring Scotland's history and heritage: https://www.historicenvironment.scot/learn/ Cross-curricular content, different everyday under topic of the day: https://resource-bank.scholastic.co.uk/homelearning</p>		

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P.E Challenge Grid

<p>Visit BBC Let's Get Active! Click on one of the videos to work on a skill you have learned in P.E. https://www.bbc.co.uk/teach/class-clips-video/physical-education-ks1-ks2-lets-get-active/z72yjhv</p>  <p>Physical Education KS1 / KS2: Hybrid Sports - Attacking and Defending Take part in a fun combination of games and learn attacking and defending tactics.</p>	<p>Go outside and play on your bike / skateboard / roller skates / scooter. You could even play a game in the garden or outdoor area. Football, basketball, tig etc. As long as you're outside getting active!</p> 
<p>Make up your own game or sport. A personal favourite of mine is trying to see how many socks I can 'score' into the washing basket. You may also want to play 'tin can' bowling. Get creative. Take photos / videos of your game.</p> 	<p>Go for a walk with your family. Spend some time together outside. Take photos of some of the sights / wildlife you see. Be the outdoor photographer for the day. Your phones / fitbits / step trackers will count the number of steps you did. Share them on Teams!</p> 

SPELLING ACTIVITIES

<p>Easy as ABC...</p> <p>Write all your words in alphabetical (ABC) order.</p> 	<p>Come rain or shine...</p> <p>Write each letter of the word in a different colour to create a rainbow!</p> 	<p>On the other hand...</p> <p>Use the hand you don't usually write with to practise your spellings!</p> 	<p>In the spotlight...</p> <p>Write the consonants in one colour, vowels in the other. (Vowels: a, e, i, o, u)</p> 
<p>Like an Egyptian...</p> <p>Write your words in a pyramid</p> <p>py pyr pyra pyram pyrami pyramid</p>	<p>Your money or...</p> <p>"Write" words using a newspaper or magazine to cut them out, like a ransom note!</p> 	<p>That's backwards...</p> <p>Write your spelling words backwards!</p> 	<p>Let's be silly...</p> <p>Write a sentence which uses all of your words in it!</p> 

Tell me a story...

Draw a small picture showing your word, then write a sentence about it!



Blowing bubbles...

Write all your words in bubble writing!



Rhyme Time...

Write three words which rhyme with each spelling word.

