



Galston Early Childhood Centre



August/September 26

We would like to take this opportunity to welcome everyone to Galston Early Childhood Centre, whether you are returning following the summer break or just starting your journey with us. We are looking forward to a fantastic year ahead!

Meet the Team

Rainbow Room (2-3 years)



Blue



Lyndsay

Green



Alice

Red



Lauren and Rachael
(Mon-Wed) (Wed-Fri)

Yellow



Emma



Sunshine Room (3-5 years)

Blueberry



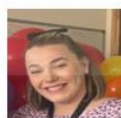
Irene C

Pineapple



Irene S

Cherry



Kelly

Raspberry



June

Plum



Alyson

Apple



Joanne

Grape



Rebecca

Orange



Hazel

Kiwi

Vacancies

Banana

Strawberry



Jacqueline & Cheryl

We would also like to welcome Gillian Robertson (Support assistant) to the team

Our Values – Meet our Star of the Week Mascots

To support the children's understanding of the Centre's values, we have developed value mascots with associated stories to support learning and understanding of the values we feel are important within the Centre. When children demonstrate, these values they will receive a Star Ticket which will go towards achieving a Star of the Week Certificate. Parents/Carers will be able to read the reason their child achieved the individual star tickets on their certificate and can celebrate their achievements with them.

Meet our Value Mascots



Cooper the **Confident** Cow



Rolo the **Resilient** Rhino



Konnie the **Kind** Kangaroo



Rex the **Respectful** Raptor

Routines

We know that children thrive on having routine and predictability within their day to support them to feel safe and secure. We aim to support consistency of routine within the Centre by using visual information within the playroom which children can refer to during their session.

Wash Hands	Fruit	Play	Focused Task	Play	Lunch	Story and Songs	Home Time

Morning Routine

Wash Hands	Snack	Play	Focused Task	Dinner	Play	Home Time

Afternoon Routine

Gate opening Times

We encourage all parents/carers to arrive promptly for their child's session so that your child becomes familiar with the routines associated with drop off time. We would like to remind parents/carers of gate opening times to support smooth transitions.

Long Moring Sessions; Soft entry to the service from 8am, please ring the buzzer for entry. At 8.50am the gate will open until 9am for drop off if this time suits with school drop off. At the end of the session, the gate will open at 12:35pm and close promptly at 12:45pm

Term Time Sessions: 8:50am – 2:50pm

Children attending the term time session, should arrive at the Centre for 8:50am where the gates will be open until 9am. We encourage all parents/carers to arrive on time to enable children to become familiar with routines associated with the start of their session. The end of session is at 2:50pm therefore the gates will be open from 2:45pm and closed promptly at 3pm. Parents/Carers with siblings who attend the school must collect their child from the ECC before collecting their child from school.

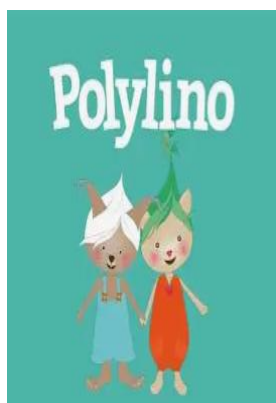
Long afternoon Sessions:

The gate will open at 1:15pm for parents/carers to drop off children. For collection, parents/carers should press the buzzer at the main entrance to the school. The Centre closes for children at 6pm. Children attending full day sessions should be collected from the Centre at 5:30pm.

If you wish for your child to be collected at different times to the usual session times, for an appointment or other reason, we kindly request that you discuss this with a member of the management team, to enable us to cater for lunch and dinner numbers.

Let's Get Reading Together!

Polylino



We know that reading stories to children is crucial for their cognitive, emotional, and social development, whilst also strengthening parent-child bonds and fostering lifelong learning habits.

East Ayrshire has invested in supporting all children to have the opportunity to listen to stories through Polylino. Polylino is a free multilingual book service which provides instant access to books which can be listened to in over 68 languages.

We would encourage parents/carers to download the Polylino App on digital devices in preparation of receiving a group code and personal log in details and access information.

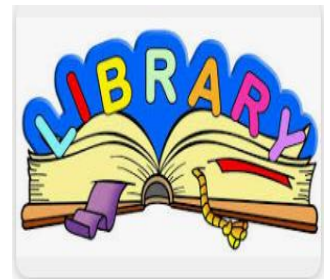
We would love to hear where and when you enjoy a story with your child and ask if you could spend 5 minutes to complete the survey by clicking the link: [What's your story! – Fill in form](#)

More information regarding setting up and accessing Polylino will follow shortly.

Lending Library

After the September break, we look forward to continuing with our lending library. It is planned that each group will have an identified time to visit the lending library with their keyworker. During this time, children will have the opportunity to listen to a story and choose a book to take home with them in their library bag.

Books should be returned into the drawers in the cloakroom for the following weeks lending library. Group library days will be shared soon and a list available in the cloakroom to remind you when to return books.



Eco-Schools

We have arranged the next collection for RAG bag for **Monday 15th September**. All items are weighed and money is received which the Centre can use to purchase resources or support outings. All bags, containing clothing, paired shoes, handbags, ties and belts can be brought into the Centre on Thursday 10th and Friday 11th September.



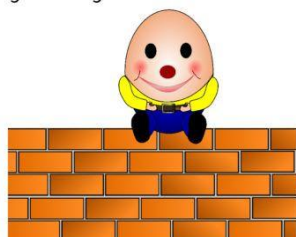
Rhyme of the Month

August: **Humpty Dumpty**

Humpty Dumpty

Humpty Dumpty sat on a wall.
Humpty Dumpty had a great fall.

All the King's horses
And all the King's men
Couldn't put Humpty
Together again.



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Our Centre will be following the national rhyme of the month initiative, where all children will have the opportunity to learn and experience a different nursery rhyme throughout each month. The rhyme of the month for August is Humpty Dumpty which is supported through Makaton signing by clicking the link below:

www.facebook.com/fvspeechandlanguage/videos/humpty-dumpty-makaton-rhyme-time/793988414529173/

September: **Twinkle, Twinkle Little Star**

Twinkle, Twinkle Little Star

Twinkle, twinkle little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle little star,
How I wonder what you are.



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August and September Tops Tips for developing speech and language

August top tip

Wait: Use pauses to give your wee people more time to talk to you.



**North Ayrshire
Speech and Language Therapy**
Download our App NHS Ayrshire and Arran by using the QR codes

Our helpline is open every Wednesday from 1-4pm
To speak with an experienced Speech and Language Therapist, please call on: 07833 333 362

We offer a virtual drop in service every Wednesday.
Please text your NAME and EMAIL to 07833 333 362 if you would like to attend a drop in session.

#weepeoplechat @weepeoplechat NHS Ayrshire & Arran

September top tip

Be face to face with your wee people when playing and talking.



This will help your wee one know that you are interested in them and what they have to say.

Facebook: Speech and Language Therapy in East Ayrshire
Twitter: @weepeoplechat
Helpline: 079100910654 - phone or text (Thursdays from 2pm - 4pm)

NHS Ayrshire & Arran

Speech and Language Support

If you have any concerns for your child's speech and language development, please contact the Speech and Language Helpline or contact the virtual drop in service held every Tuesday afternoon (3-6pm) and Friday morning between 9:30am and 12:30pm

Do you live or work in Ayrshire and have concerns about a child's speech, language or communication.

NHS Ayrshire & Arran



We are offering an expanded Helpline Service until further notice

For advice and guidance from an experienced Speech and Language Therapist, please call the Helpline for your area.

East Ayrshire	07980919654
Monday	9.30am - 11.30am
Thursday	2pm - 4pm
North Ayrshire	07833233942
Wednesday	2pm - 4pm
Thursday	2pm - 4pm
South Ayrshire	07833095374
Tuesday	2pm - 4pm
Thursday	10am - 12pm



Working together to achieve the healthiest life possible for everyone in Ayrshire and Arran

NHS Ayrshire & Arran

EAST AYRSHIRE SPEECH & LANGUAGE THERAPY ONLINE DROP INS



#Getting wee people chatting

Do you have concerns about your child's speech and language development? In addition to our helpline we will now be offering times for virtual drop ins. This will be a chance for you to speak face to face with a Speech and Language Therapist who can provide advice and guidance. You can attend with or without your child.

If you would like to attend a drop in session please text the number below and you will be given a time slot. You will then be provided with an information leaflet on how the drop in is run. This is for children who are not currently on the Speech and Language Caseload. If you already have a named Speech and Language Therapist please contact them for advice.

Please text on: 07812519298

Virtual drop ins will be available every:

**Tuesday Afternoon 3pm-6pm
Friday Morning 9:30am-12:30pm**

Dates for the Diary

September	
Friday 18 th	ECC closed for local holiday
Monday 21 st	ECC closed for local holiday
Tuesday 22 nd – Friday 25 th	Maths week Scotland
October	
Monday 12 th – Friday 16 th (inclusive)	Term time holiday ECC open to children attending full year provision
Monday 19 th	ECC closed – In-Service Day



Maths Week Scotland!

We will be celebrating all things Maths/Numeracy throughout the week of 21st - 25th September! Here are some simple ways to involve your child in exploring early numeracy concepts:

- Helping to count out fruit at the supermarket
- Exploring volume and capacity at bath time by exploring how many cups it takes to fill up different sized bowls or pans.
- Number hunt when out and about. Numbers are everywhere! Try to spot as many as you can
- Shape hunt - identify 2-dimensional shapes such as a triangle, circle, square and rectangle then head out and spot these shapes when you are out and about!
- Use money to pay at the shop, can you help your little one to spot 2p, 5p, 10p, 50p and a £1. Early concept to use money in exchange for items.
- Matching and sorting! Your little one can help you with household chores - can they sort the washing into whites and colours? Perhaps they can help you with a matching task by matching socks which are the same together!

Watch this Space! Galston ECC Glow Blogs!



Over the next year we will gradually updating our Blog page, to enable you to access further information relating to Galston Early Childhood Centre. You can see the staff list, lunch and dinner menus and monthly newsletters. More to come over the next few months!



Nappies and Wipes

We kindly ask all parents/carers whose children are wearing nappies to ensure that several nappies and a packet of wipes are put into your child's bag. For children who are wearing pants, we kindly request that plenty of spare pants and trousers are put into your child's bag to get changed into in the event of a toileting accident or messy play.

Sun Cream

It may be heading into Autumn but in Scotland, we can often experience 4 seasons in one day! We request that all children have a bottle of sun cream brought into the Centre, for their personal use. Each bottle will be labelled with your child's name and stored in their group's box. On days where the weather is known to be warm and sunny, we ask that parents/carers apply the first layer of sun cream and staff will top this up your child's sun cream during their session



Community Practitioners



My name is Alison McLeod,
I am the Community Practitioner for
Galston ECC .

These are my contact details:

Mobile - 07387 544495

Email - alison.mcleod@east-ayrshire.gov.uk

Times I am available are
Every 2nd Wed, Thur - Fri 10am-3pm

If I'm not available, please contact my Lead
Community Practitioner Liz Baird
(see below).

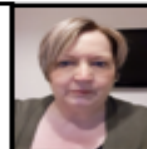
Here I some things I can help with.



- *Bedtime routines
- *Creating and maintaining boundaries
- *Challenging behaviours
- *Behavioural expectations
- *Weaning
- *Fussy eating
- *Cooking
- *Toilet training
- *Budgeting
- *Parent Groups — Bookbug/Families Connect/Peep
- *Communication & Language — SPARK/4 Is to Socialise
- *One-to-one support
- *Emotional support



This is Liz Baird, Lead Community Practitioner
To contact Liz
Telephone - 07920845405
Email elizabeth.baird@east-ayrshire.gov.uk



Learning Journals

All parents/carers should have access to their child's learning journal. Information on the journal will document your child's learning within the Centre through observations which support next step targets. General information, in the form of stories will also be

included on the journals to share events, reminders and the newsletter. If you require any support in accessing your child's learning journal, please let your child's keyworker know. All observations will be published weekly on Friday at 6pm.

Contact us!



Phone: You can contact the office on: 01563 820360

Email: Head of Centre: dawn.waide@eastayrshire.org.uk

Depute Manager: elaine.bowden@eastayrshire.org.uk

Senior Early Learning and Childcare Practitioners:

carrie.kenney@eastayrshire.org.uk or

rebecca.robertson@eastayrshire.org.uk

You can also contact your child's keyworker directly through the Learning Journals.