



Galston Early Childhood Centre



Newsletter: 5th November 2021



Halloween



The children in Galston ECC had a lovely time celebrating Halloween last week by having a party! We had loads of different spooky activities to participate in including, scary sensory boxes, dooking for apples, ghost bowling and plenty of fun party games and dances too. We would like to thank everyone who created a spooktastic pumpkin for our pumpkin trail, the children all enjoyed this and the rain did not dampen our Halloween spirit! ☺



Outdoor Clothing

Winter is just around the corner and we will continue to be spending time outdoors and we want to ensure all children have the appropriate clothing and changes within the centre to keep them comfortable. The children love to explore in the wet area and even with waterproof suits and wellington boots on they regularly get wet socks. We would be grateful if you could ensure your child has several changes of clothing in their bags especially if you are aware that they love outdoor play! (Please put your child's name on their belongings). **Any donations of spare clothing including shoes/wellies, suits and jackets would be greatly appreciated.** If your child goes home in ECC clothing, could we kindly ask that these are returned. Thank you for your ongoing support!



Food Bank Donations

We will be taking in donations of food for the East Ayrshire Food Bank to help those most vulnerable within our community. Donations will be being picked up week beginning 13.12.21. Suggestions for donations are: tinned meat, tinned potatoes, pasta, pasta sauce, tinned vegetables, long life milk, tea, coffee, sugar, tinned or packet soup, tinned beans and tinned fruit.

November Calendar

Monday 8th November 21- Children will begin to practise their song for the Christmas concert! Keep an eye on e-journals for these to practise at home ☺

Week beginning: 15th November 21:
Parent/Carer meetings for all Butterfly Room groups except Hazel's purples.

Children in Need - come as you please day.
No donations required.

From Monday 22nd - Parent/Carer meetings for Hazel's purple group.

Monday 29th 21 - St Andrews Day, we will be planning lots of fun Scottish activities! Feel free to wear your best Scottish outfit ☺

Parent/Carer Meetings

Parent/Carer meetings for the Butterfly Room will take place week beginning Monday 15th November. Your child's keyworker will inform you which date this will be and these will be done via phone call. Please don't worry if your given date doesn't suit, we will do our best to find a time that works well for you. During these meetings, staff will be giving you an update of your child's general wellbeing and development within the centre. Rainbow meetings will be held either when your child has their 6 week review or they are transitioning to the Butterfly Room or another centre.



Children in Need



This year we will be celebrating Children in Need on Friday 19th November! Your child can come to nursery in their own clothing rather than uniform.☺ The Centre will be raising awareness of the Charity however will not be asking for donations. If you wish to donate you do this by following the link below:
<https://www.bbcchildreninneed.co.uk/donate/>

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There will be a toddlers group held on Monday 8th November in a small camp in Lanfine estate hosted by Claire McAllister from Darvel ECC. If any parent's/carers would be interested in taking their child along to this please speak to our Depute Manager Marion McIntyre! ☺

ECC BLOG

Find out all the latest news and events through the ECC Blog page by following the link
below:
<https://blogs.glowscotland.org.uk/ea/q/alstoneccmain/>



Scottish Government
Riaghaltas na h-Alba
gov.scot



Online courses available for parents FREE (prepaid) for residents of Scotland

- 1. Understanding pregnancy, labour, birth and your baby**
Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.
- 2. Understanding your baby**
Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.
- 3a. Understanding your child (0-19 yrs) (main course) or
3b. Understanding your child with additional needs**
Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.
- 4. Understanding your teenager's brain (short course)**
Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.



Go to:

www.inourplace.co.uk
and enter the 'access code'
TARTAN

To return to the course(s) go to
inourplace.co.uk and sign in!

For technical support contact:
solihull.approach@heartofengland.nhs.uk
or 0121 296 4448 Mon-Fri 9am-5pm
www.inourplace.co.uk
www.solihullapproachparenting.com

Solihull Approach

Free on-line courses to support mental well-being in parents, children and schools. You can access the link by following: www.inourplace.co.uk and enter the access code of "TARTAN" to look at the modules.

Please keep an eye out on our app, blog and upcoming newsletters for a parent/carers survey! We would love to get your views on Galston ECC and find out how you can help us create the best play and learning environment for your children ☺

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