



Grange Academy Weekly Bulletin

4th March 2024

Weekly Puzzle

Let's get our brains warmed up with a quick riddle. Can you solve it?

What well-known phrase is represented by the graphic below?



VAD ERS

RESPECT

RESILIENCE

RESPONSIBILITY

EXCELLENCE

AMBITION

NEXT HOUSE CAPTAIN MEETINGS

IN THE LIBRARY AT THE START OF LUNCH



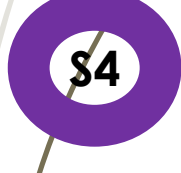
Tuesday 20th February 2024



Tuesday 27th February 2024



Tuesday 5th March 2024



Tuesday 12th March 2024

Please bring your lunch along

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EXCELLENCE

AMBITION

Celebrating Wider Achievement

At Grange Academy, a young person's achievements are recognised in a variety of ways. For example: certificates, awards, praise postcards, contact with home, congratulations in the weekly bulletin, on Twitter, on the Parent Council Facebook page or in the Head Teacher's weekly update.

However, we are keen to also recognise and celebrate the wider achievements of our young people **outside of school**.

Please follow the link to read more on our school blog.

There you will also find a form which allows any member of the community to tell us about the talent, achievement, skill or success of a Grange Academy pupil.



Inter-House Table Tennis



Inter-house sport is back this week with Table Tennis.

ANYONE from S1-6 can come down to the dance studio on Monday, Tuesday and Wednesday to play.

You must play someone from a different house group and the house group with the most wins at the end of the 3 days will be the overall winners.

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Inter-House Points

The current league table looks like this:

House	Points
Graham	95
Hamilton	75
Bruce	70
Douglas	60

We still have Table Tennis, Netball, Badminton and Athletics to go, so come along and get involved.

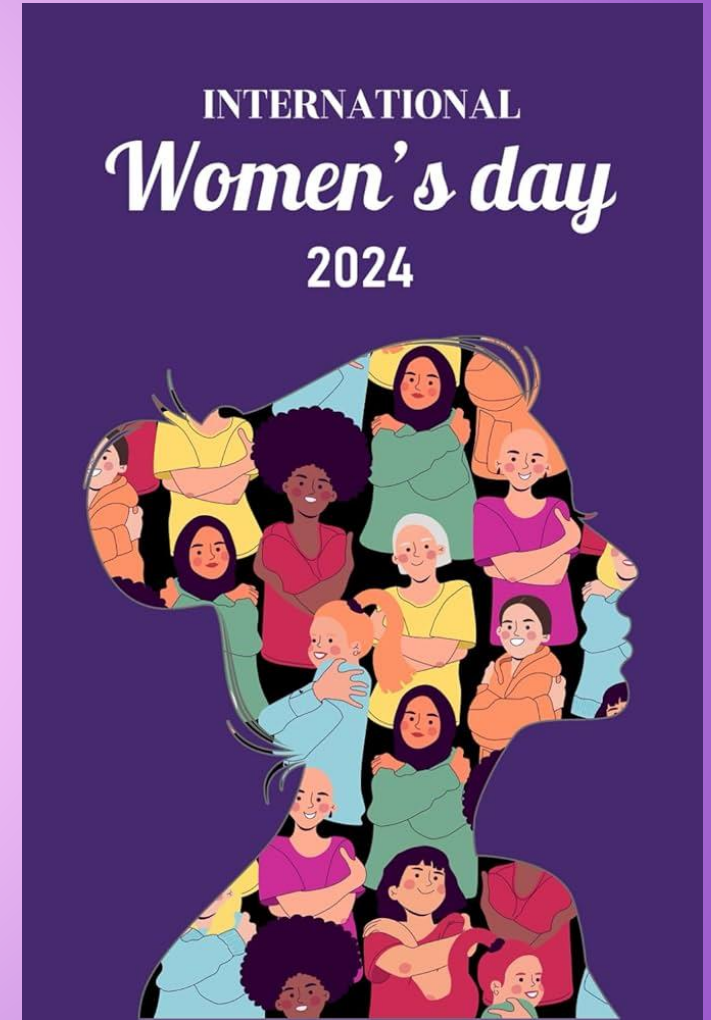
International Women's Day

International Women's Day is this Friday 8th March.

The theme this year is inspirational women that have been successful in areas like Sport, Literature, Art, Science and Politics.

There will be lots of fun activities on Friday. If you would like to get involved, please sign up! Seniors will come round the classes today and get a list of names!

There will be lessons in PSE and fun activities in the library!



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S3 Bronze Duke of Edinburgh

There will be a meeting in PE at lunch on Tuesday (1.30pm) for the Bronze DofE award.

Before attending, please make sure that you have paid on parent pay so you can be registered for the award.

If you were on the waiting list, please also attend as some spaces have now opened up.

R2L Cupboard

The R2L cupboard is situated in the Street.

All Guidance Teachers and Depute Head Teachers now have a key to this cupboard. This cupboard has uniform, stationary, school bags, sanitary products, bottles of water, snacks, deodorant and so much more.

The best time to get anything you require is during period 1 at R2L. However, you will always see a Depute Head Teacher in the Street most periods in order to get access to the cupboard.



R2L Cupboard

Well done to the following pupils whose posters were selected to decorate our R2L cupboard:



Lexi Paton 1D2
Alfie Sinclair 2D1
Eoin Harrison 1B1
Jessica McClymont 1H2
Harris Gibson 1B1
Cara Lindsay 2D1
Lewis Tait 1H2
Alisha Ahmad 2D1
Jessica McClymont 1H2
Miley Linton 1H2

Macie Campbell 1H2
Lucie Stevenson 1B1
Lexie McKinlay 1D2
Hollie Easton 1B2
Eva-May Wilmot 1B2
Evie Rollinson 1B1
Lucie Stevenson 1B1
Ava Mathewson 1B2
Charlotte Speirs 1B2
Amelie McCullagh 1B2

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Scottish Power Online Information Session

On **Wednesday 6th March at 9.30am** there will be an online information session with Scottish Power as part of Scottish Apprenticeship Week.

This session will last for around 30 minutes to give pupils information about the company, the apprenticeship opportunities available in Ayrshire, entry requirements, advice when applying and allow time for Q&A.

This session will take place with Mr. Johnston in S010. Any pupils interested should contact Mr Johnston ASAP to attend.



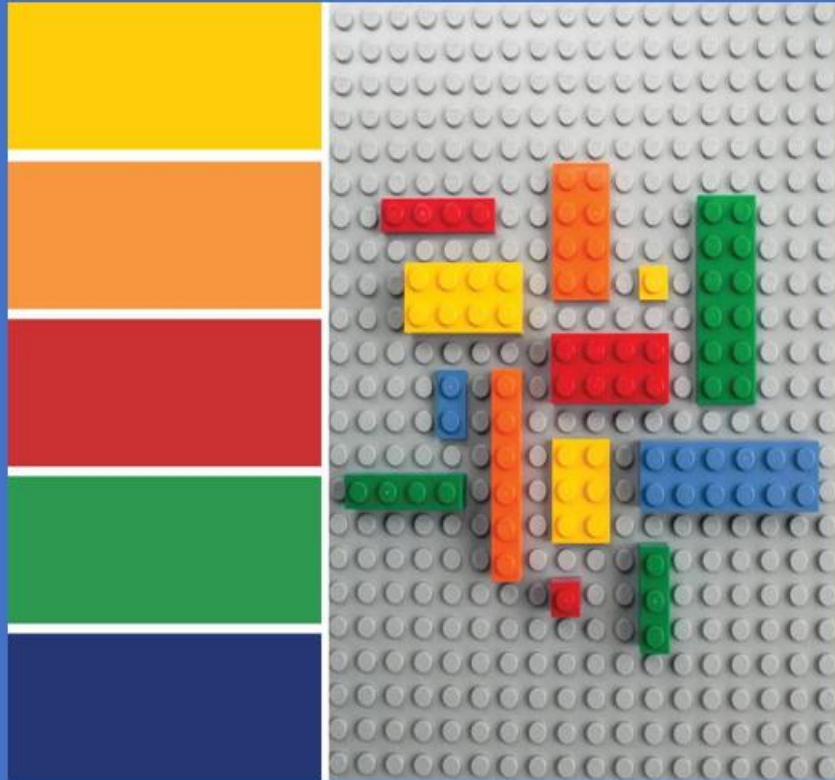


Grange Academy's Mental Health and Wellbeing Ambassadors have been working on a range of resources which will give you strategies and tips for helping to deal with stress, anxiety and negative thoughts.



We will be sharing these with you over the next few weeks in the bulletin. This can also be found on notice boards around the school – keep a look out!

BREAK IT DOWN



Problems, issues and challenges can seem more overwhelming when we feel stressed. Breaking them down into smaller parts can let you see the situation clearer and make it more manageable

- For example, if you are worried about failing in a subject, break the subject down into component parts. So, for English you have RUAE/Folio 1/Folio 2/Critical Essay/Set Text
- Rate your understanding or results in each one, with 1 being terrible and 10 being really good.
- This helps you clarify areas to work on and reassure you that you are actually ok at some bits



YOUR MIND MATTERS

JOURNALING



Emptying all the thoughts in your head onto paper can be really useful and can help you to avoid the 'mind chatter' that's something that appears when we are feeling stressed or worried.

- You can use it to track how you feel, noting which strategies work/don't work each day.
- Keep a gratitude list and add to it each day with something you're grateful for in your life
- List things you enjoy, things you're ok at, things you like about yourself or a time you have helped someone else - you can use your journal in lots of positive ways



YOUR MIND MATTERS

Lanzarote Parents/Carers Meeting

There will be a parents/carers and pupil information evening held on **Tuesday 19th March** in the school library from 7-8pm.

This will give parents/carers an opportunity to meet the staff taking the trip and ask any questions. Pupils are welcome to attend with their parents/carers.

THE FUTURE OF RAIL



DYNAMIC CAREER OPPORTUNITIES

WEDNESDAY 22ND MAY 2024

The rail industry provides a thriving and exciting opportunity for young people looking for a dynamic way to kick start their career.

Learn more about the prospects available and how you can help to transform the industry by attending a special event on Wednesday 22nd May 2024, hosted by the QTS Group at its Drumclog HQ, in partnership with AmcoGiffen and Clarke Telecom.

Throughout the day, there will be demonstrations of innovative machinery, fun STEM activities and the opportunity to meet with some of the key supply chain partners to the rail industry.

There will also be talks from young people from Network Rail, QTS and AmcoGiffen in both operational and office based support roles, about their career pathways through rail and the boundless opportunities that are available.

In order to prevent any barriers to inclusion, if your school requires funding to pay for transport to allow attendance for the young people, please let us know.

Please RSVP to janemcfadzean@qtsgroup.com, stating your intention to attend, if you require transport, and how many young people you would like to bring along.



Future of Rail Event

Mr Johnston will be running a trip to QTS HQ in Drumclog.

This trip is ideal for anyone who is interested in STEM and finding out more about careers in the railway industry.

This opportunity is open to pupils S3/S4/S5/S6. If you are interested, please give your name to Mr Johnston **by Friday 9th March at the latest.**

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After School Indoor Football



After School Indoor Football will be taking place on Thursdays in the Main Hall from 3.40pm until 4.30pm.

All year groups are welcome. The sessions will be run by 4 senior pupils, alongside Kirsty Millar from Active Schools.



**Come along to find out
about Apprenticeships in
your area :**

**Speak to Employers about
vacancies**

**Speak to Careers Advisers
about your next steps**

#scotappweek24

Scottish Apprenticeship Week 2024

4 - 8th March



**Monday 4th March
10am - 11am**

**SL33 33 Titchfield St,
Kilmarnock KA1 1QW**



East Ayrshire Council
Comhairle Siorrachd Air an Ear

SL33



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Space School 2024

S5 Pupils Only



University of
Strathclyde
Glasgow

About the Scottish Space School

- The Scottish Space School is an exciting initiative supported by the international space community to inspire and motivate young people to study science and engineering and consider careers in these areas.
- It is hosted by the University of Strathclyde, Department of Electronic and Electrical Engineering along with NASA in the United States.

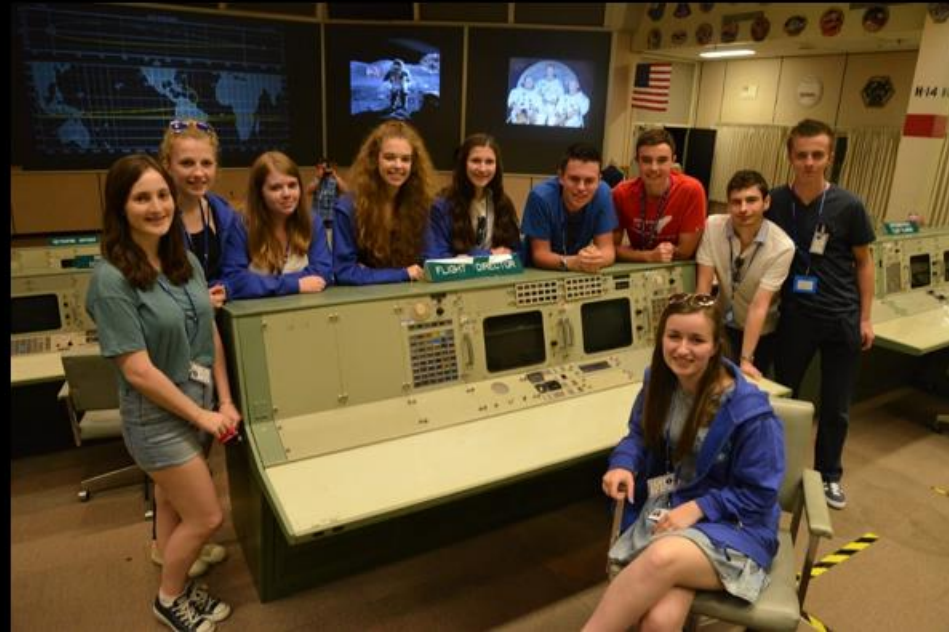
What Is Space School?

- This years Space School programme will take place at Strathclyde University from Monday 10 - Friday 14 June 2024.
- Pupils should be able to make their own way there each day, to Strathclyde University Campus and take part in a series of workshops from 9am-5pm.
- There will also be an evening session - a Public Lecture with NASA Astronauts - 5.30pm-7pm on Wednesday 12th June which successful applicants will be expected to attend.
- The programme will provide attendees with an opportunity to learn from some of the world's leading figures in space travel, including NASA astronauts and engineers.
- There are only 80 spaces available.

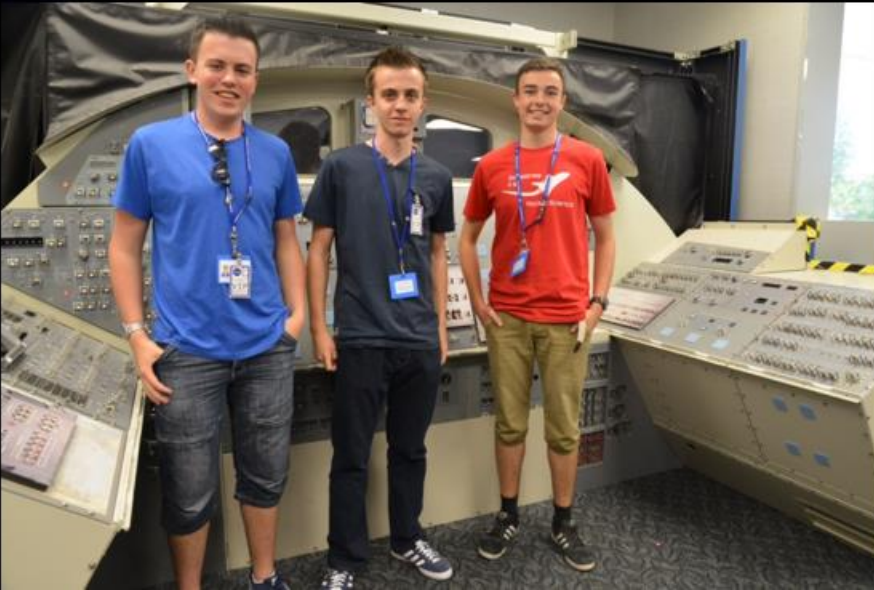


NASA – Johnson Space Centre Houston, Texas.

- For the best performing students at summer school there will be the added incentive of a 7-day study visit to NASA's Johnson Space Center in Houston, Texas in October 2024.
- 8 pupils will be selected for this fantastic opportunity.



Former Pupils who went to Houston



Zoe Parker excelled at the Summer School and was successful at securing a place to go to Houston in October 2012.

In 2010, Rachael McAughtrie also went to Houston, Texas.

In 2014, Andrew Chapman was one of the lucky ones to go to Houston.

To Apply

- You must be in S5 in the current school session studying Maths and Science subjects at Higher level.
- You must also have an interest in potentially studying engineering after leaving school.
- If you are interested in applying for Space School 2024, please see Ms Bell (Biology, S023) for more information.
- **The closing date for entries is Monday 18th March 2024.**



Apprenticeships and BSc Opportunities

Network Rail Apprenticeships

Network Rail's 2024 engineering apprenticeship applications are now open.

Find out more and apply via the link below:

<https://www.earlycareers.networkrail.co.uk/scheme/level-6-apprenticeship-rail-engineering/>



Scottish Power Renewables Apprenticeships

Scottish Power have apprenticeship opportunities in Ayrshire live until March 10th.

Please use the link for more information or to apply:

<https://www.scottishpower.com/pages/operation-and-maintenance-apprentice.aspx>



Apprenticeships and BSc Opportunities

Digital Dairy Chain

The Digital Dairy Chain's aim is to attract and retain talent for the Dairy sector and the supply chain.

They currently have four vacancies for roles at Arla per the below links:

<https://www.digitaldairychain.co.uk/jobs/arla-foods-engineering-apprenticeship-two-roles/>

<https://www.digitaldairychain.co.uk/jobs/eden-dairy-technologist-apprenticeship-two-roles/>



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Rangers Soccer Academy

Rangers Soccer Academy are promoting their BSc programme in East Ayrshire only.

Below is a link to their presentation:

<https://drive.google.com/file/d/19zOICJ-DW8TDw6l4KewQsC5FKOQwWcPd/view>



Apprenticeships and BSc Opportunities

TUI Retail Apprentice Travel Advisor

The Kilmarnock branch of TUI have availability for a full-time apprentice in their store.

See the details and apply below:

https://careers.tuigroup.com/uk/job/125634_en/



Supported Study: February – April 2024

Tuesday

SUBJECT	TEACHER	LEVEL	TIME	LOCATION
Maths	A Strange	Higher	15.35 – 16:35	F061
Biology	C Bell	Higher	08:00 - 08:45	S023
Environmental Science/Chemistry	H Mitchell	National 5	Lunchtime	S021
Modern Studies	R Miller	All Levels	15.35 – 16:35	G164
French	A Jackson	All Levels	15.35 – 16:35	G157
Spanish	G Armstrong	National 5	15.35 – 16:35	G159
Mathematics and Applications of Maths	D Taylor	All Levels	Lunchtime	F051
Spanish	J Scott	Higher	15.35 – 16:35	G148

Supported Study: February – April 2024

Wednesday

SUBJECT	TEACHER	LEVEL	TIME	LOCATION
Mandarin	C Jiang	All Levels	15.35 – 16:35	G158
Drama	J McConachie	National 5	15.35 – 16:35	Drama studio
Geography	J Barlow	All levels	15.35 – 16:35	G170
Art <i>See Art staff for which teacher is on which week</i>	N Tattersfield/K Gray/H Wright	All levels	15.35 – 16:35	S036
Business Management <i>Every alternate week – see Ms Milne for dates</i>	L Milne	National 5	15.35 – 16:35	S032
Chemistry	AL Bremner	National 5	15.35 – 16:35	S008
Mathematics and Applications of Maths	D Taylor	All Levels: Maths and Applications of Maths	Lunchtime	Maths ICT room
French	A Jackson	All Levels	15.35 – 16:35	G157
Design and Manufacture	C. Cuthbert	National 5	Lunchtime	G175

Supported Study: February – April 2024

Thursday

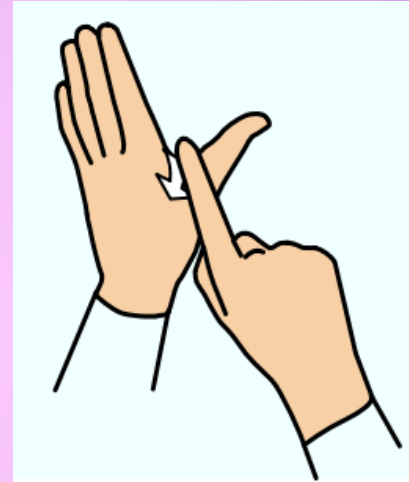
SUBJECT	TEACHER	LEVEL	TIME	LOCATION
English <i>(see Art staff for which teacher is on which week)</i>	P Brennan, G Crosbie, A Simms	All levels	15.35 – 16:35	English ICT
Study Café: All Science Subjects	E Johnston	All Levels	15.35 – 16:35	Library
Computing	K Graham	All Levels	15.35 – 16:35	S016
Business Management	L Milne	Higher	15.35 – 16:35	S032
Mathematics	L Grieve	National 5	Lunchtime	F063
Mathematics and Applications of Maths	D Taylor	All Levels	Lunchtime	Maths ICT room
Graphic Communication	C Cuthbert	National 5	Lunchtime	G175
Design and Manufacture (theory)	C Cuthbert	National 5	15.35 – 16:35	G175

Friday

SUBJECT	TEACHER	LEVEL	TIME	LOCATION
Art	H Wright	All Levels	Lunchtime	S042
Mathematics	D Taylor	All Levels	Lunchtime	F051

BSL Recap

Can you remember the sign from the last bulletin?



Leap Year

Use your pointer and middle fingers to make “legs” that jump on the palm of your other hand

Hold one hand out, facing away from your body.
Put your pointer finger of your other hand at the angle where the thumb and fingers meet. (This the letter 'y')

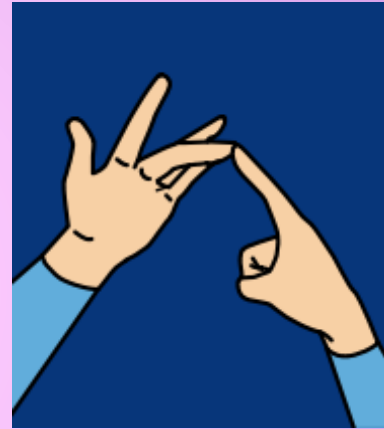
BSL Sign of the Week

H.I. (Hearing Impaired Department)



H

Hold one hand flat with your palm up, and slide the other hand along the palm.



I

Point to the middle finger of your other hand.

Weekly puzzle

Did you get it right?

VAD ERS

Space Invaders

Have a great week, Grange.

Work hard.

Be kind.