# GRANGE ACADEMY WEEKLY BULLETIN

5<sup>th</sup> June 2023

#### WEEKLY PUZZLE

Let's get our brains warmed up with a quick riddle. Can you solve it?

What well-known phrase is represented by the graphic below?



#### NEW S5 AND S6 PUPILS

#### Welcome back senior pupils!

We hope your exams went well.

Congratulations on all your hard work over the last few weeks!

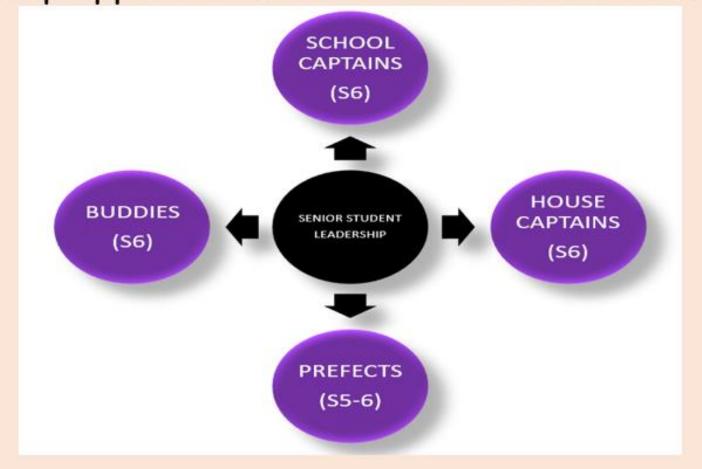


# S6 induction event

 Many thanks to our new S6 pupils who attended the leadership, team building and life skills event on Friday.

· The leadership opportunities for S6 were discussed, and

are:



#### **GRANGE ACADEMY**





#### The workshops were:

- Young driver safety
- SDS interviews and CV skills
- Staying safe and happy as a student
  - Laundry life skills
  - Meal planning and prep
    - Student budgeting

You all did great! Here's to an amazing S6!





#### Why should you apply for a leadership role?

#### **HEAD TEACHER VISION**

"A sixth year without purpose will disadvantage a pupil in today's competitive environment"

Colleges, universities and employers are interested in your qualifications and **YOU**."

- Role models for younger pupils set high standards and expectations.
- Ambassadors of the school.
- Enhance the reputation of Grange Academy within the local community.
- Put something back into the school after five years of support.
- Maximise your attainment to ensure you reach your preferred positive destination.
- Lead committees, initiatives and projects around the school and local community.

#### How do I apply?

Senior Pupil (S5-6) School Leadership Opportunities 2023-24



#### **ATTENTION**

Last week, we focused on **ROUTINES**. This week we will look at **ATTENTION**.

Which of these statements do you think suits you best? If you are yellow or red, what steps can you take to move towards green?



I pay attention to the teacher's instruction at the start of the lesson. This allows me to start work with confidence.

If I am unclear about something, I ask the teacher or I check with a classmate.



I don't always pay attention at the start of the lesson.
Therefore, I sometimes miss important information and have to ask questions after other pupils have started working.



I don't pay attention at the start of the lesson. Therefore, I miss important

Therefore, I miss important information and need to ask the teacher to repeat things.

If the teacher does not speak to me 1-to-1 and check in with me, I don't start the work.

#### **ATTENTION**

## Why is attention important?

- Human attention is limited. We can only hold 3 4 items in our working memory at once.
- FACT You can't tackle new learning when multi-tasking!
- When trying to do more than one thing at a time, our brain switches between tasks, losing power.
- To make the most of your brain's talents, we need you to put your phone and earphones away in class and focus your attention on learning.
  - Watch a short video clip from BBC which explains the myth of multi-tasking:

https://www.youtube.com/watch?v=tMiyzuO1qMs

- Still think it's okay to have your phone out in class? Read this article to find out why you're wrong!
   https://www.independent.co.uk/tech/smartphone-reduce-brainpower-switch-off-cognitive-capacity-brain-drain-report-mccombs-school-university-of-texas-a7810091.html
  - Here's a fun exercise to prove you can't multi-task. Try it!
    <a href="https://www.youtube.com/watch?v=UefvcOSuBE0">https://www.youtube.com/watch?v=UefvcOSuBE0</a>

#### EAST AYRSHIRE ATHLETICS CHAMPIONSHIPS

Congratulations to all the pupils who attended the East Ayrshire Athletics Championships.

Everyone put in amazing performances, which led Grange to an overall win on the day!





### **CRYSTAL**

Well done to Crystal McIlvanney (new S2) for her excellent progress in maths!

Great work, Crystal!



Have your say on how we can make things better for LGBT+ people living, working and learning in Ayrshire.

"Join the LGBT+ Conversation in Ayrshire" is a conversation café event organised by the Ayrshire Equality Partnership (AEP).

It will include conversations on the following key themes:

- Connections
  - Safety
  - Services
  - Support

The events are open to both LGBT+ people and those who have an interest in positively informing the LGBT+ experience in Ayrshire.



Scan the QR code for more info about the event taking place in Kilmarnock College on Thursday 15<sup>th</sup> June (4.15pm – 6.15pm)



## **AYRSHIRE CUP WINNERS**



Huge congratulations to our U18 Girls team, who beat Belmont Academy 10 – 2 to win the Ayrshire Cup!

### ETHAN AND SPENCER

Ethan McFadzean and Spencer McDowall (new S2) planned and took part in a sponsored walk last weekend.

They walked 4 miles dressed as Spiderman to raise money for a 4 year old boy who has recently been diagnosed with stage 4 neuroblastoma cancer.

They wanted to thank all the staff who kindly donated and helped towards raising £350.

Congratulations on raising a fantastic amount for a lovely cause!



**AMBITION** RESPECT RESPONSIBILITY **EXCELLENCE** RESILIENCE

#### FOODBANK COLLECTION



A huge thank you to everyone who donated to our last foodbank collection in the lead up to Easter.

It's that time again!

Now that we only have 4 weeks until the summer holidays, Miss Cooper will be taking donations in the library.

Anything you can spare – even just one item – makes a huge difference to families in need in our local area.

RESPECT RESILIENCE

RESPONSIBILITY

**EXCELLENCE** 

**AMBITION** 

### SCHOOL SHOW RAFFLE



We are looking for raffle prizes for our school show week.

We would appreciate if anyone can bring in a donation and drop it off at the Music Department by Monday 19<sup>th</sup> of June.

Thank you.



#### SCHOOL SHOW

This year's school show is **SCHOOL OF ROCK**, with performances taking place on June 21<sup>st</sup> – June 23<sup>rd</sup>!

Visit the ticketsource website, or scan the QR code to get your tickets now!

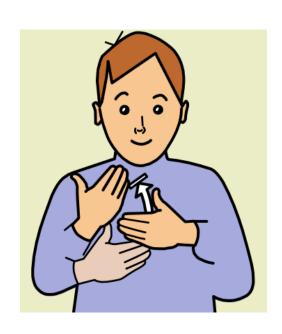


**AMBITION** 

RESPONSIBILITY EXCELLENCE

#### BSL SIGN OF THE WEEK

## "Fresh Start"





Fresh - hold one hand with your palm facing your body and move the other hand up in front of it.

Start - hold both hands in front of your body, with palms facing the ground and close them into fists.

#### WEEKLY PUZZLE

Did you get it right?



# **Big Bad Wolf**

## HAVE A GREAT WEEK, GRANGE.

WORK HARD.

BE KIND.

